



Membership Information Guide



Become a member of the organization that discovers and puts into action the latest research and education in the sports medicine field in a way that no single-focused organization can.

Whether you're a student, a world-renowned expert or someone who is interested in exercise science and sports medicine, the American College of Sports Medicine (ACSM) has a membership category for you.

For more than 50 years, the American College of Sports Medicine (ACSM) has been leading the way in the scientific and public health aspects of physical activity, exercise science and sports medicine. Today, ACSM provides services to over 30,000 members and certified professionals in more than 70 countries.

Through its unified membership, **ACSM brings together experts in multiple disciplines, including education, medicine, science, research and health and fitness, to deliver real-world programs that are making a difference in people's lives.**

In addition to connecting you with thousands of experts, membership in ACSM offers exclusive access to cutting-edge research, broadens your academic and professional perspective and provides you with new ideas across multiple disciplines that can put into action within your field.

Enhance your career potential by joining a valuable network of professionals who are committed to and passionate about promoting and ensuring lifelong health and fitness, sports performance, and preventing illness and injury.

Apply for ACSM membership today!



ACSM Membership: An Investment in Your Future

ACSM is committed to providing benefits and opportunities that are most relevant to our members' educational or professional development. Here are just a few of the benefits you will receive with membership in ACSM:

Networking Opportunities

ACSM puts you in touch with thousands of leading experts in the field of sports medicine and exercise science.

From attending one of ACSM's annual conferences or searching ACSM's online Membership Directory, you'll have access and connections to a global network of professional colleagues in more than 40 related fields. You can also increase your professional visibility with your own free listing in the directory.

Career and Educational Services

Search the latest job listings online, post a resume or place a job ad with ACSM's Online Job Center. Let ACSM help advance your career or your company.

Available at your fingertips, ACSM's Degree Guide is a free, online resource highlighting graduate and undergraduate programs at leading institutions. This tool is available to help you with your educational goals, whether you're a student looking for a great program or an institution looking for great students.

Regional Chapters

Enjoy the opportunity to attend local educational meetings and opportunities to develop professional relationships with colleagues close to home through one of ACSM's Regional Chapters. You can interact more directly and frequently with fellow sports medicine and exercise science professionals in one of twelve Regional Chapters. While specific benefits vary by Chapter, common benefits available for you to take advantage of in your Chapter include:

- Networking opportunities
- Discounts on yearly chapter educational programs
- Chapter Member newsletters
- Student awards and scholarships
- Leadership and professional growth opportunities
- Chapter Member forums

For more information on chapters, visit www.acsm.org/regional_chapters.

In addition to ACSM's 12 Regional Chapters, ACSM has 24 Interest Groups that provide you with valuable information and contacts in your specialty that can lead to professional collaborations. For more information, visit www.acsm.org/interest_groups.

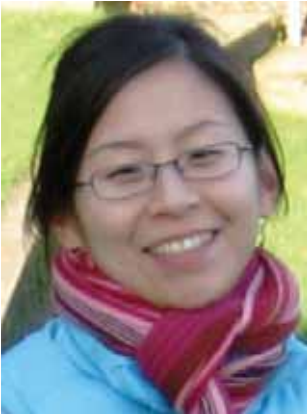
Continuing Education Credits

Gain access to educational materials and Continuing Education Credits (CECs) you need to keep your professional credentials current. Also, stay current with industry news through ACSM's free e-newsletter, *Sports Medicine Bulletin*. For more information, visit (www.acsm.org/coe).

Students

Did you know that several of ACSM's top leaders joined when they were undergraduate and graduate students? Membership in ACSM is a great resume-builder and your connection to the top experts in exercise science and sports medicine. Student discounts available!





“My name is Linda Chung. I’m a doctoral student in the Department of Kinesiology at the University of Massachusetts, Amherst. ACSM has provided a professional forum for me to present my research as well as given me an opportunity to interact with other colleagues and peers.”

—Linda Chung, MS

Cutting-Edge Research

Member Journals and Publications

ACSM members receive a wide array of publications both print and electronic so you receive the cutting-edge information you need to stay current in your field and advance your career. Publications vary among member type selected. For more information, visit www.acsm.org/journals.

- ***Medicine & Science in Sports & Exercise***® (print and electronic): monthly subscription that features original investigations, clinical studies, and comprehensive reviews on current topics in exercise science and sports medicine, so you always have access to the latest research and information in your field (\$422 value).
- ***Exercise and Sport Sciences Reviews*** (print and electronic): Quarterly subscription that provides you with premier quarterly reviews of the most contemporary scientific, medical, and research-based topics emerging in the field of sports medicine and exercise science. Keep up-to-date on new findings so you can better serve your clients and patients (\$125 value).
- ***ACSM’s Health & Fitness Journal***® (print and electronic for Alliance members): bimonthly journal that responds to the information needs of fitness instructors, personal trainers, and exercise leaders. Be the first to hear about trends and hot topics from the best minds in the business (\$59 value).
- ***Current Sports Medicine Reports*** (electronic for physician members): bimonthly official review journal dedicated to the physician’s unique information needs. Helps you better meet the needs of your patients (\$226 value).



Advocacy and Involvement

Join us in advocating for a healthier society. ACSM's more than 30,000 members and certified professionals have a powerful voice in the policy dialogue and make a difference on a variety of health and wellness issues. Support a healthier America by joining with us in our mission to increase physical activity in local schools and communities. For more information, visit www.acsm.org/advocacy.

As a member of ACSM, you have the opportunity to play a vital role in the expansion of ACSM. Participate in ACSM Committees, get involved on a regional and national level to make your impact on the exercise and science and sports medicine community.

Exclusive Discounts

As a member of ACSM, you will receive the following exclusive discounts:

- **Conferences:** Obtain substantial discounts on ACSM conferences—where you can meet, share knowledge and exchange the latest research in sports medicine and exercise science with scientists, physicians, educators and students. For more information, visit www.acsm.org/register (\$140 value).
- **Certification:** ACSM Certified Professionals become uniquely qualified to work with a variety of people, including those with health risks, and lead the way in the health/fitness community. ACSM members save money with special discounted pricing on all ACSM certification exams. For more information, visit www.acsm.org/certification (\$60 value).
- **Professional Discounts:** Save money with valuable discounts on insurance (liability, health, etc.), rental cars, ACSM's online educational portal, consumer products, and other products and services you need for your profession and your life.



"I'm NiCole Keith, a professor at Indiana University in Indianapolis. I've dedicated my career to research, teaching, service and learning. ACSM provides an environment for me to learn cutting edge information that I can share with my students, present my research for feedback and the generation of new ideas, and serve my profession to help maintain and improve these activities."

—NiCole Keith, PhD, FACSM



Which Membership Is Right for Me?



“I’m Alan, and I have been a member of ACSM since 1991 when I joined as a student. In any profession it is important to be actively involved with your professional association. ACSM provides many opportunities for you to grow, learn, and mature as a health and fitness specialist. To ‘make a difference’ you have to be involved.”

—Alan C. Utter PhD, MPH,
FACSM

ACSM provides two options of membership to best suit your career goals. We are committed to providing you with the most beneficial member experience to help you gain a valuable edge among sports medicine or exercise science professionals.

For detailed benefit information for each membership category, visit www.acsm.org.

Option 1: ACSM Standard Membership

For professionals and students wanting cutting-edge information in basic and applied exercise science and clinical sports medicine.

- **Professional Member:** If you have earned a bachelor’s, master’s, or doctoral degree at an accredited institution in a field related to health, physical education, or exercise science; or, have earned at least a bachelor’s degree in another area, but work in a field related to sports medicine or the exercise sciences, then join ACSM as a Professional member.
- **Professional-in-Training Member:** If you have earned a terminal degree at an accredited institution in a field related to the exercise sciences or sports medicine and presently be completing a program of residency or post-doctoral fellowship, then join ACSM as a Professional-in-Training member.
- **Graduate Student Member:** If you have earned a bachelor’s degree in a field related to exercise science or sports medicine and are carrying at least one-half of a full academic load, as defined by the attending institution, during at least one semester of a regular academic year, then join ACSM as a Graduate Student member.
- **Undergraduate Student Member:** If you are a full-time undergraduate student in a field related to exercise science or sports medicine, then join ACSM as an Undergraduate Student member.

Option 2: ACSM’s Alliance of Health and Fitness Professionals Membership

For health and fitness professionals and students wanting practical applications of exercise science and sports medicine research.

Membership Duration

ACSM’s memberships are based on an anniversary year (*e.g.*, join in July, renew the following July). Application processing time is four to six weeks. Accepted membership applications are nonrefundable.

American College of Sports Medicine Membership Application

PLEASE PRINT INFORMATION LEGIBLY. FOR IMMEDIATE ACSM MEMBERSHIP, GO TO WWW.ACSM.ORG/JOIN



FOR BEST SERVICE, complete this form
online at www.acsm.org, or
1. Mail it with payment to
ACSM, Department 6022
Carol Stream, IL 60132-6022, or
2. Fax it to (617) 634-7817

Select One: Dr Mr Mrs Miss Ms _____ ACSM ID# _____

First Name: _____ Middle Name: _____

Last Name: _____ Nickname: _____

Male Female Ethnic Background (optional): _____
Company or Institute _____

Address 1 _____

Address 2 _____

City: _____ State: _____ Zip: _____

Country: _____ Is this a business address? Yes No

Business Phone: _____ Home Phone: _____

Fax: _____ E-mail: _____

Birthdate: _____ Highest Degree Earned: _____

Area of Interest (select code from back of form): _____

Occupation Code (select code from back of form): _____

(If occupation is not listed on back of form, Please provide): _____

ACSM Sponsor's ID#: _____

ACSM Sponsor's Name _____

MEMBERSHIP CATEGORIES (see membership category definitions on back of form)

Option 1: ACSM Standard Membership

- Professional (\$220) \$ _____
- Professional-In-Training (\$155) \$ _____
- Graduate Student (\$80) \$ _____
- Undergraduate Student (\$80) \$ _____
- Add subscription to *ACSM's Health & Fitness Journal*® (\$30) with my paid membership \$ _____
- Add expedited international delivery of ACSM's member benefit journal, *Medicine & Science in Sports & Exercise*® (\$60), with my paid membership \$ _____

Option 2: ACSM's Alliance of Health and Fitness Membership

- Professional (\$90) \$ _____
- Student (\$50) \$ _____

REGIONAL CHAPTER MEMBERSHIP (available only with Option 1 or 2 paid membership)

(select chapter code from back): _____

- Student (\$15) \$ _____
- Non-Student (\$35) \$ _____

DONATION TO ACSM FOUNDATION* \$ _____

TOTAL \$ _____

PAYMENT INSTRUCTIONS

All payments must be made in U.S. dollars. Method of Payment: Personal check or money order payable to American College of Sports Medicine (\$25 fee for returned checks) Visa® MasterCard® Discover®

Card Number: _____

Expiration Date: _____ Signature: _____

I affirm the statements made by me on this application are correct and that I meet the requirements for the membership category I have requested. I understand that ACSM membership dues are not prorated. If choosing Professional, Professional-In-Training, Graduate Student, or Undergraduate Student Categories, I understand that \$28 of my membership dues is allocated to a year's subscription to *Medicine & Science in Sports & Exercise*. ACSM membership is based on the anniversary year (e.g., join in July, renew the following July). By signing here I agree to review the ACSM Code of Ethics located at www.acsm.org/ethics. ACSM membership is individually based, thus you retain your membership even if you change employers. Accepted applications are non-refundable.

Signature: _____ Date: _____

*Contribution to ACSM Foundation: This denotes an unrestricted contribution. ACSM did not provide goods or services (in whole or in part) in consideration for the above gift.

Join a Chapter (OPTIONAL)

- \$35 Professional, Fellow, Professional-in-Training
- \$15 Undergraduate/Graduate Student



Add a Regional Chapter to your membership. It's the best way to connect to ACSM locally. Regional Chapters offer unique opportunities to interact more directly and frequently with fellow sports medicine and exercise science professionals and students. **While specific benefits vary by chapter, common benefits include:** Networking opportunities; Discounts on yearly chapter educational programs; Chapter Member newsletters; Student awards and scholarships; Leadership and professional growth opportunities; and Chapter Member forums.

To join one or more Regional Chapters, indicate the Chapter Code on the front of this form. Include the additional dues in your total payment. All Regional Chapter memberships are on a calendar year basis and are not transferable.

Chapter Code

1	Alaska		
2	Central States	AR, KS, MO, OK	
3	Greater New York	NY, NJ, Nassau, Rockland, Suffolk & Westchester Counties, Bergen, Essex, Hudson DE, MD, PA, WV, Washington D.C. and those areas of NY and NJ not covered by GNY Chapter	
4	Mid-Atlantic		
5	Midwest	IA, IL, IN, MI, OH, WI	
6	New England	CT, MA, ME, NH, RI, VT	
7	Northland	MN, ND, NE, SD	
8	Northwest	ID, MT, OR, WA	
9	Rocky Mountain	CO, WY	
10	Southeast	AL, FL, GA, KY, LA, MS, NC, SC, TN, VA	
11	Southwest	AZ, CA, HI, NM, NV, UT	
12	Texas	Texas	

Regions Include:

Secondary Address (if needed)

► Please indicate whether this is a residence or business address

Name: _____
Address 1: _____
Address 2: _____
City: _____ State: _____ Zip: _____
Country: _____

Areas of Interest

When completing your application for membership, please select your area of interest from three categories below:

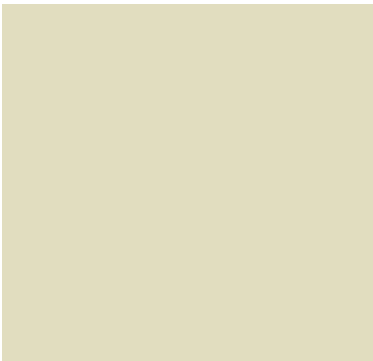
- **Basic and Applied Science:** If your career involves fundamental and/or practical applications in teaching, research, or clinical settings, which encompasses the disciplines of exercise physiology, biochemistry, motor control, psychology, athletic medicine, sociology of sports, rehabilitation, or growth and development, then select Basic and Applied Science as your area of interest on your membership application.
- **Education and Allied Health:** If your primary career is in the teaching of others, whether in a formal educational setting or in a more informal setting, such as individual or group health-related functions under physician guidance or prescription then select Education and Allied Health as your area of interest on your membership application.
- **Medicine:** If you are licensed to practice medicine and/or surgery or possess an equivalent licensure and your main occupation is the actual practice of the licensed profession then select Medicine as your area of interest on your membership application.

If you are joining as an Alliance member you do not need to select an area of interest or an occupation code when filling out your membership application.

Occupation Codes

Choose the career from the following occupation codes that best describes you:

- 101 Anatomist
- 102 Applied Physiologist
- 103 Biochemist
- 104 Biomechanist
- 105 Coach
- 106 Ergonomist
- 107 Exercise Biochemist
- 108 Exercise Physiologist
- 115 Kinesiologist
- 116 Sports Psychologist/ Sociologist
- 117 Veterinarian
- 118 Other Basic & Applied Science
- 201 Cardiologist
- 202 Chiropractor
- 203 Dentist
- 204 Emergency Medicine
- 205 Family/General Practice
- 206 General Surgery
- 207 Internal Medicine
- 208 Neurologist
- 209 Neurosurgeon
- 210 OB/GYN
- 211 Ophthalmologist
- 212 Orthopedic Surgery
- 213 Pediatric
- 214 Psychiatrist
- 215 Podiatrist
- 216 Psychatrist
- 217 Radiologist
- 218 Other Medicine (M.D., D.O. or equivalent)
- 301 Athletic Trainer
- 302 Kinesiotherapist
- 303 Health Educator
- 304 Licensed Practical Nurse
- 305 Nutritionist
- 306 Occupational Therapist
- 307 Optometrist
- 308 Physical Educator
- 309 Physical Therapist
- 310 Physician Assistant
- 311 Registered Nurse
- 312 Respiratory Therapist
- 313 Other Health Care Specialist
- 401 Student
- 501 Alliance of Health & Fitness Professionals



Contact the ACSM National Center

Mailing address:

P.O. Box 1440
Indianapolis, Indiana
46206-1440 USA

Street address:

401 West Michigan Street
Indianapolis, Indiana
46202-3233 USA

ACSM Phone: 317-637-9200 **Fax:** 317-634-7817

Monday - Friday, 8 a.m. - 4:30 p.m. (ET)

Ext. 108, ACSM Educational Meeting Program Endorsement
and CEC/CME Verification

Ext. 115, ACSM Re-certification (Process and Requirements including creditable
non-ACSM CECs — e.g., ACE, NSCA, NASM, etc.)

Ext. 116, Annual Meeting Abstracts & Proposals

Ext. 143, Corporate Partnerships, Scholarships, Grants,
and ACSM Foundation

Ext. 133, 127, or 143, Media Relations

Ext. 136 or 139, Membership

Ext. 105, Publications

Ext. 138, Regional Chapters

Ext. 141, Registration for Annual Meeting, Summit, TPC

Ext. 108, Summit Proposals & Programming

Ext. 135, Expositions, General Meeting Information

ACSM Web site: www.acsm.org

ACSM Certification Center: 1-800-486-5643

Monday - Friday, 8:30 a.m. - 5:00 p.m. (ET)

Certification Workshops | Exam Information

Health/Fitness Certifications

- ACSM Certified Personal TrainerSM
- ACSM Certified Health/Fitness Specialist[®]

Clinical Certifications

- ACSM Certified Clinical Exercise Specialist[®]
- ACSM Registered Clinical Exercise Physiologist[®]



AMERICAN COLLEGE
of SPORTS MEDICINE[®]
LEADING THE WAY