

2019 SWACSM Annual Conference Schedule

Newport Beach, CA

Friday: October 25th

Event	Time	Speaker and Topic	Location
Registration	7:30am-4:00pm		
General session DB Dill Lecture	9:00am-10:30am	<i>The Science Behind the Physical Activity Guidelines: Past, Present and Future</i> William Kraus, M.D.	Bay Laurel CS
Undergraduate Student Research Session	10:45am-12:15pm	Moderator: Sarah L. Dunn, Ph.D.	Bay Laurel North
Symposium 1	10:45am-12:15pm	<i>Physics and Physiology of Endurance Sports: Swim, Bike, and Run</i> Cordero Roche, MS, Boram Lim, MS, & John Mercer, Ph.D.	Sequoia 1-2
Symposium 2	10:45am-12:15pm	<i>Physical Activity and Osteoarthritis Theory & Practice</i> Virginia Byers Kraus, M.D., Ph.D. & Vaneet Sandhu, M.D.	Sequoia 3-4
LUNCH	12:30pm-1:45pm	See Guidebook App for nearby restaurants	
Graduate Student Research Session	1:45pm-3:15pm	Moderator: Sarah L. Dunn, Ph.D.	Bay Laurel North
Symposium 1	1:45pm-3:15pm	<i>Biomechanics: Sport Performance and Clinical Perspectives</i> Travis Peterson, Ph.D., Jo Armour Smith, Ph.D., & Tyler Standifird, Ph.D.	Sequoia 1-2
Symposium 2	1:45pm-3:15pm	<i>Understanding Autism Spectrum Disorder and the effect of exercise</i> Areum K. Jensen, Ph.D. & Tracey Chew-Bullock, M.S.	Sequoia 3-4
Symposium 1	3:30pm-5:00pm	<i>Multifactorial contributors to knee articular cartilage health in normal and injured knees</i> Michael N. Vakula, M.S., Matthew K. Seeley, Ph.D., ATC, & Derek N. Pamukoff, Ph.D.	Sequoia 1-2
Symposium 2	3:30pm-5:00pm	<i>Skeletal Muscle Blood Flow During Exercise and Blood Flow Restriction</i> Jayson Gifford, Ph.D. & Pat Vehrs, Ph.D.	Sequoia 3-4
POSTERS SESSION #1	5:00pm-7:30pm	Bay Laurel Ballroom	
JEOPARDY	7:00pm-8:30pm	Dr. Matt Lee moderating	Sequoia Ballroom

**2019 SWACSM Annual Conference Schedule
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Saturday: October 26th

Event	Time	Speaker and Topic	Location
Registration	7:30am-9:30am		
Gatorade Sport Science Institute	8:00am-9:00am	<i>Bridging the Gap: How to Apply Sports Science as a Tool in Youth Athlete Development</i> Khalil Lee, Ph.D.	Sequoia 1-2
Symposium 2	8:00am-9:00am	<i>Absolute rest may not be best- how specific physical and cognitive activity recommendations can foster concussion recovery</i> Chris Koutures, M.D.	Sequoia 3-4
General session/ Founder's Lecture	9:15am-10:45am	<i>The Effect of Food-based Supplements and Intermittent Fasting on Athletic Performance</i> Stella Volpe, Ph.D.	Sequoia Ballroom
POSTERS SESSION #2	11:00am-1:00pm	Bay Laurel Ballroom	