

# MARC-ACSM Schedule-at-a-Glance: Fri. Nov. 1st

Please refer to the Program Booklet for specific times.

Time	Ballroom A	Ballroom B	Ballroom C,D,E	Pennsylvania	Chestnut/Dogwood	Ash/Birch	Elm/Fir
8:30 AM				<b>MEDICAL / PHYSICIAN TRACK</b>			
				COMPARE AND CONTRAST E-SPORTS PARTICIPATION WITH TRADITIONAL ATHLETES Dr. Seth Jenny			
9:00 AM	<b>EXERCISE, CVD AND WOMEN'S HEALTH</b>	<b>CAFFEINE AND EXERCISE</b>	<b>BLOOD FLOW AND EXERCISE</b>		<b>EXERCISE AND THE PELVIC FLOOR</b>		
	PREGNANCY: A STRESS TEST AND A WINDOW OF OPPORTUNITY FOR IMPROVING CARDIOVASCULAR HEALTH IN WOMEN Dr. Stella Gouloupoulou	OPENING REMARKS Dr. Eric Rawson	BLOOD FLOW RESTRICTION TRAINING: A COMING OF AGE Dr. Jeremy Loenneke		HOW DOES EXERCISE IMPACT THE PELVIC FLOOR? Dr. Tamara Rial-Rbullido & Dr. Cathy Ingram		
9:30 AM	CARDIOVASCULAR FUNCTION IN FEMALE MARATHON RUNNERS Dr. Jacqueline Augustine	CAFFEINE, GENETICS AND ATHLETIC PERFORMANCE Dr. Nancy Guest	BLOOD FLOW RESTRICTED RESISTANCE TRAINING PROTOCOLS FOR OLDER ADULTS Dr. Summer Cook	VIDEO GAIT ANALYSIS Dr. Matt Sylvis			Pre-Paid Registration Pick-up
	SEX DIFFERENCES OF BIOMARKERS FOR CVD AND RESPONSES TO EXERCISE Dr. Rian Landers-Ramas	CAFFEINE'S EFFECT ON NEUROMUSCULAR FUNCTION Dr. Nate Jenkins	THE APPLICATION OF BLOOD FLOW RESTRICTION IN CLINICAL POPULATIONS. Dr. Scott Dankel	COLLABORATION IN SPORTS MEDICINE - WHAT IS THE ROLE OF SPORTS MEDICINE IN THE EVOLVING HEALTH SYSTEM? Dr. Gene Hong	<b>PROFESSIONAL TUTORIAL</b>		
10:00 AM	MENOPAUSE AND AEROBIC FITNESS: IS IT REALLY AS SIMPLE AS WE THINK? Dr. Cory Serviente	CAFFEINE AND AEROBIC EXERCISE Dr. Chris Womack	Questions / Responses	DANCE VOCABULARY AND CORRELATION TO INJURY Dr. Marc Harwood	FACULTY / PROFESSIONAL DEVELOPMENT Dr. Nancy Williams National Kinesiology Association		
10:30 AM	Questions / Responses	Questions / Responses	Questions / Responses				
11:00 AM	<b>PAST PRESIDENT LECTURE</b>	<b>ENDOTHELIAL FUNCTION</b>	<b>MUSCLE METABOLISM</b>		<b>CHILDHOOD OBESITY</b>		
	I AM WOMAN! PERSPECTIVES ON WOMAN'S FITNESS, HEALTH AND SPORTS PARTICIPATION ACROSS THE LIFESPAN Dr. Carol Ewing Garber	ASSESS ENDOTHELIAL FUNCTION: YOU CONDU IT, NO MOVEMENT NECESSARY Dr. Ninette Shenouda	SUSTAINING POWER: BUILDING ENERGY NETWORKS IN STRIATED MUSCLE CELLS Dr. Brian Glancy	PEDIATRIC SPECIALIZATION IN SPORTS MEDICINE Dr. John DiFiori	LIFESTYLE INTERVENTION ON BIOMARKERS OF TYPE 2 DIABETES IN YOUTH Dr. Hoon Young Kim		
11:30 AM		WAVE YOUR LEGS IN THE AIR.....PASSIVE LEG MOVEMENT TO ASSES VASCULAR FUNCTION Dr. Melissa Witman	MUSCLES INJECTING MITOCHONDRIAL ENERGETICS IN THE HEALTHY AND FAILING HEARTS Sara Kuzniak-Glancy				
<b>LUNCH 12-1 pm</b>							
1:00 PM	<b>STATINS AND EXERCISE</b>	<b>NIH LECTURE</b>	<b>POSTER SESSION</b>	<b>CLINICAL CASE STUDIES FREE COMMUNICATIONS</b>	<b>RESEARCH FREE COMMUNICATIONS</b>	<b>RESEARCH FREE COMMUNICATIONS</b>	<b>RESEARCH FREE COMMUNICATIONS</b>
	STATIN THERAPY: CARDIOVASCULAR CURE OR MUSCLE MALADY? Dr. Beth Taylor	MOVING MORE AND SITTING LESS: WHAT YOU NEED TO KNOW ABOUT THE NEW PHYSICAL ACTIVITY GUIDELINES FOR AMERICANS Dr. Katrina Piercy	<b>POSTER SESSION</b> Posters presentations will occur every 10 minutes. Please check your program or specific titles.	<b>CLINICAL CASES</b> Case Presentations will occur every 15 minutes. Please check your program or specific topics.		MASTER'S RESEARCH AWARD NOMINEES Research presentations will occur every 15 minutes. Please check your program or specific titles.	
1:30 PM							
2:00 PM	<b>NUTRITION - KETO DIET</b>	<b>PHYSICAL ACTIVITY</b>			<b>PODIUM PRESENTATIONS</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.		<b>UNDERGRADUATE RESEARCH PRESENTATIONS</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.
	THE PALEOKETO VEGAN MACROFASTING DIET: STOP THE MADNESS Dr. Shaun Arent	PRESCHOOL CENTER-BASED PHYSICAL ACTIVITY INTERVENTIONS Dr. Sofiya Hassan					
2:30 PM		NOVEL AND EFFECTIVE APPROACHES TO PROMOTING PHYSICAL ACTIVITY IN LATINO CHILDREN/FAMILIES Dr. Sharon Ross				<b>RESEARCH FREE COMMUNICATIONS</b>	
3:00 PM	SPORT NUTRITION AND THE COLLEGE ATHLETE: HOW TO BLOCK OUT THE NOISE Michelle Arent, MPH	MEASUREMENT OF ACTIVITY BEHAVIORS Dr. Tiago Barreira				DOCTORAL RESEARCH AWARD NOMINEES Research presentations will occur every 15 minutes. Please check your program or specific titles.	
3:30 PM	<b>CONCUSSION UPDATE</b>	<b>INTERVENTIONS TO SIT LESS</b> Dr. Bethany Barone Gibbs	<b>POSTER SESSION II</b> Posters presentations will occur every 10 minutes. Please check your program or specific titles.	<b>Case Presentations will occur every 15 minutes. Please check your program or specific topics.</b>			
4:00 PM	SPIT SIGNALS: CONCUSSION INSIGHTS FROM SALIVA MOLECULES Dr. Steve Hicks	<b>AGING</b>				<b>MEET THE EXPERTS STUDENT SESSION:</b> Assesation that students can meet and greet our invited speakers	
4:30 PM	MOVEMENT AND COGNITIVE TESTING IN CONCUSSION INJURY Dr. Christopher Neville	AGING ASSOCIATED DECLINES IN CAPILLARIZATION: EFFECTS ON METABOLISM, FITNESS AND FUNCTION Dr. Steve Prior				4 - 5 speakers from the conference	
<b>DINNER 5:00 - 7:15 PM</b>							
7:15 PM	<b>KEYNOTE ADDRESS</b>						
	<b>THE 2-HOUR MARATHON</b> Dr. Michael Joyner Mayo Clinic						
8:30 PM	EXPO, COLLEGE BOWL, FITNESS CHALLENGE			FACULTY & PROFESSIONAL MEMBER SOCIAL			

# MARC-ACSM Schedule-at-a-Glance: Saturday, Nov. 2nd

Please refer to the Program Booklet for specific times.

Time	Ballroom A	Ballroom B	Ballroom C,D,E	Pennsylvania	Chestnut/Dogwood	Ash/Birch	Elm/Fir
8:00 AM	<b>POSTER SESSION</b>	<b>BIOMECHANICS</b>	<b>FIREFIGHTER HEALTH AND SAFETY</b>	<b>POSTER SESSION</b>	<b>POSTER SESSION</b>	<b>RESEARCH FREE COMMUNICATIONS</b>	<b>RESEARCH FREE COMMUNICATIONS</b>
8:30 AM	<b>POSTER SESSION</b> Posters presentations will occur every 10 minutes. Please check Your program or specific titles.	<b>MY BODY WANTS TO STOP RUNNING - SHOULD I LISTEN? THE BIOMECHANICS OF FATIGUED RUNNING</b> Dr. Ajit Chaudhari	<b>THE BIG 8 OF FIREFIGHTER FUNCTIONAL FITNESS</b> Dr. Dan Kerrigan	<b>POSTER SESSION</b> Posters presentations will occur every 10 minutes. Please check Your program or specific titles.	<b>POSTER SESSION</b> Posters presentations will occur every 10 minutes. Please check Your program or specific titles.	<b>PODIUM PRESENTATIONS</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.	<b>PODIUM PRESENTATIONS</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.
9:00 AM		<b>BIOMECHANIC FREE COMMUNICATION</b>	<b>CARDIOVASCULAR &amp; CHEMICAL EXPOSURE RISKS ON TODAY'S FIREGROUND</b> Dr. Gavin Horn			<b>RESEARCH FREE COMMUNICATIONS</b>	
9:30 AM		<b>PODIUM PRESENTATIONS</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.	<b>THE COMBINED INFLUENCE OF VIRTUAL TRAINING AND SLOW-PACED VENTILATION ON DECISION-MAKING IN PROFESSIONAL FIREFIGHTERS</b> Calvin Lu, PhD Candidate	<b>POSTER SESSION</b> Posters presentations will occur every 10 minutes. Please check Your program or specific titles.	<b>POSTER SESSION</b> Posters presentations will occur every 10 minutes. Please check Your program or specific titles.	Break	<b>PODIUM PRESENTATIONS</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.
10:00 AM		<b>UNERGRADUATE RESEARCH AWARD NOMINEES</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.					
10:30 AM			<b>FIRE FIGHTER COMBAT CHALLENGE</b> Paul Davis	<b>POSTER SESSION</b> Posters presentations will occur every 10 minutes. Please check Your program or specific titles.	<b>POSTER SESSION</b> Posters presentations will occur every 10 minutes. Please check Your program or specific titles.	<b>RESEARCH FREE COMMUNICATIONS</b>	<b>PODIUM PRESENTATIONS</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.
11:00 AM						<b>RESEARCH FREE COMMUNICATIONS</b>	
11:30 AM						<b>PODIUM PRESENTATIONS</b> Research presentations will occur every 15 minutes. Please check your program or specific titles.	
12:00 PM	<b>Lunch/Banquet Awards and Raffle Drawing 12:30 - 2:00p</b>						