



Texas ACSM Student Video Contest

Videos will need to explain physiological functions (e.g., muscle fiber type), concepts (e.g., specificity of training), and/or clinical phenomena (e.g., muscle cramps) that are relevant to exercise science and/or sport medicine. These videos will help students and the general public get excited about exercise physiology and sport medicine by having fellow students creating a fun and educational video.

Undergraduate and graduate students can enter the competition as a team of 3-9 and set up videos in a variety of ways, including a short play, talk show, music video, cartoon, and documentary. These videos will be posted on YouTube and must be 5 minutes or less in duration on YouTube time count. Each institution is allowed to submit up to three video projects. Each team must be formed from the same institution within the state of Texas. All videos must be submitted by **January 24, 2020**.

Rules

Participants:

- One of the undergraduate students must be members of Texas ACSM.
- All the graduate/professional students must be members of Texas ACSM.
- All entrants must be students currently enrolled at a university (graduate and undergraduate) as of Spring semester 2020
- Complete the entry form and submit it to the Texas ACSM.

Videos:

- Copyrighted materials are prohibited unless it is owned or licensed by the contestant or in the public domain. Contact your university/college media center for help obtaining non-copyrighted music and sound effects.
- Trademarks of any third-party voiceovers (e.g., voice of Morgan Freeman), third-party stock photos, artwork, video, or sound are prohibited unless it is licensed by the contestant or in the public domain
- Nudity, lewd or vulgar behavior, offensive language and/or gestures are prohibited.
- Anyone under the age of 18 who appears in a video must have parental consent.
- Exploitation or mistreatment of humans or animals are prohibited.
- Any use of animals as experimental subjects requires a written justification (to be included as part of the online submission). No laboratory animals can be used without written permission of the institution and IACUC approval.
- Incidental use of animals (e.g., video of you walking your dog) requires no additional documentation.
- Vocals and titles must be made in English or subtitled in English

- Submissions must be original and unique. Submissions that appear to be duplicates will be disqualified.
- Entries that, after examination, appear to infringe the rights of any third party will be disqualified without notice to the contestant(s). These may include modified versions of professionally produced works.
- The videos cannot contain content that violates the submission standards of YouTube.
- The Texas ACSM retains the right to exclude videos deemed inappropriate by the reviewers from competition and promotion on the Society website.
- No videos may be posted with public access anywhere prior to the contest. If judges find that your video was produced before the contest, you will be ineligible for the competition. After the judging, video makers are free to post their video anywhere they desire.

Review Criteria

We will seek judges of professors and students from the schools/institutions not participating in the contests. Winners will be announced at the 2020 Texas ACSM annual meeting and presented with the cash prizes and plaques. We will also create the Viewer's Choice award based on the greatest number of hits on YouTube to help spread the video contest throughout social media. The applicant will be disqualified automatically if there is any evidence that the hits have been affected by use of automatic video hits, spiders, bots, or any other technology. The links to the finalist's videos will be promoted through the Texas ACSM website and Facebook sites. The applications will be evaluated based on the following five criteria:

Usefulness of the message for the public
Creativity, originality, and uniqueness
Accuracy of scientific content
Overall artistic value
Adherence to contest requirements

Awards

The following awards will be provided for the winning teams. In addition to the cash awards, each winning team will also receive the Texas ACSM plaques.

\$350 for the first-place winning team
\$225 for the second-place winning team
\$175 for the viewers' choice award winning team

Questions

If you have any questions, please contact Dr. Joni Mettler jam388@txstate.edu, who is organizing the Texas ACSM student video contest.

Texas ACSM Student Video Contest Entry Form

Please complete the entry form and email it to txacsm@gmail.com

Name of the Video: _____

Team name: _____

YouTube video address: _____

Affiliation/Institution: _____

Faculty sponsor: _____

Please certify by signing below that the submitted video will fulfill all the requirements described in the Texas ACSM student video contest rule.

Lead contestant full name: _____

E-mail: _____

Signature: _____

Date: _____

2nd contestant full name: _____

E-mail: _____

Signature: _____

Date: _____

3rd Contestant full name: _____

E-mail: _____

Signature: _____

Date: _____

4th Contestant full name: _____

E-mail: _____

Signature: _____

Date: _____

(for other contestants, please add a separate sheet with the above information)

