

## MARC ACSM Newsletter



**AMERICAN COLLEGE**  
**of SPORTS MEDICINE**®  
**Mid-Atlantic Chapter**



**[2023 Annual Meeting November 3-4, 2023](#)**

[Lancaster County Convention Center, Lancaster, PA](#)

### In this newsletter:

- **Preregistration still available until October 31st** - Register before you arrive and save.
- Social at Silverball Retro Arcade on Friday evening
- Inaugural MARC ACSM Fun Run 5k on Saturday at 7am.
- Plan your **parking** now



## Online Pre-Registration until October 31st

[Click here to pre-register before October 31st.](#)

**PRE-REGISTRATION is available online only.** After October 31, 2023, only onsite registration will be available.

### **Professional Rates- Only until October 31, 2023**

Professional Member: \$125

Professional New Member (includes chapter membership): \$160

Non-Member Professional: \$160

### **Student Rates- Only until October 31, 2023**

MARC Student Member: \$70

MARC Student New Member (includes chapter membership): \$85

Non-Member Student: \$90

### **ON-SITE REGISTRATION RATES**

Professional Member: \$160

Professional New Member (includes chapter membership): \$195

Non-Member Professional: \$210

MARC Student Member: \$80

MARC Student New Member (includes chapter membership): \$95

Non-Member Student: \$110

### **Group registration is no longer available**

Use the following link to register as a individual (Professional and Student)

- [https://members.acsm.org/ACSM/Events/Event\\_Display.aspx?EventKey=MA2023F](https://members.acsm.org/ACSM/Events/Event_Display.aspx?EventKey=MA2023F)

---

## Student and Faculty Social Friday Night

After the College Bowl head over to [Lancaster Silverball](#) for **free games\***, **first come, first serve apps, and cash bar.**

Space is limited so **request your ticket just outside of the registration** (Federal Boardroom).

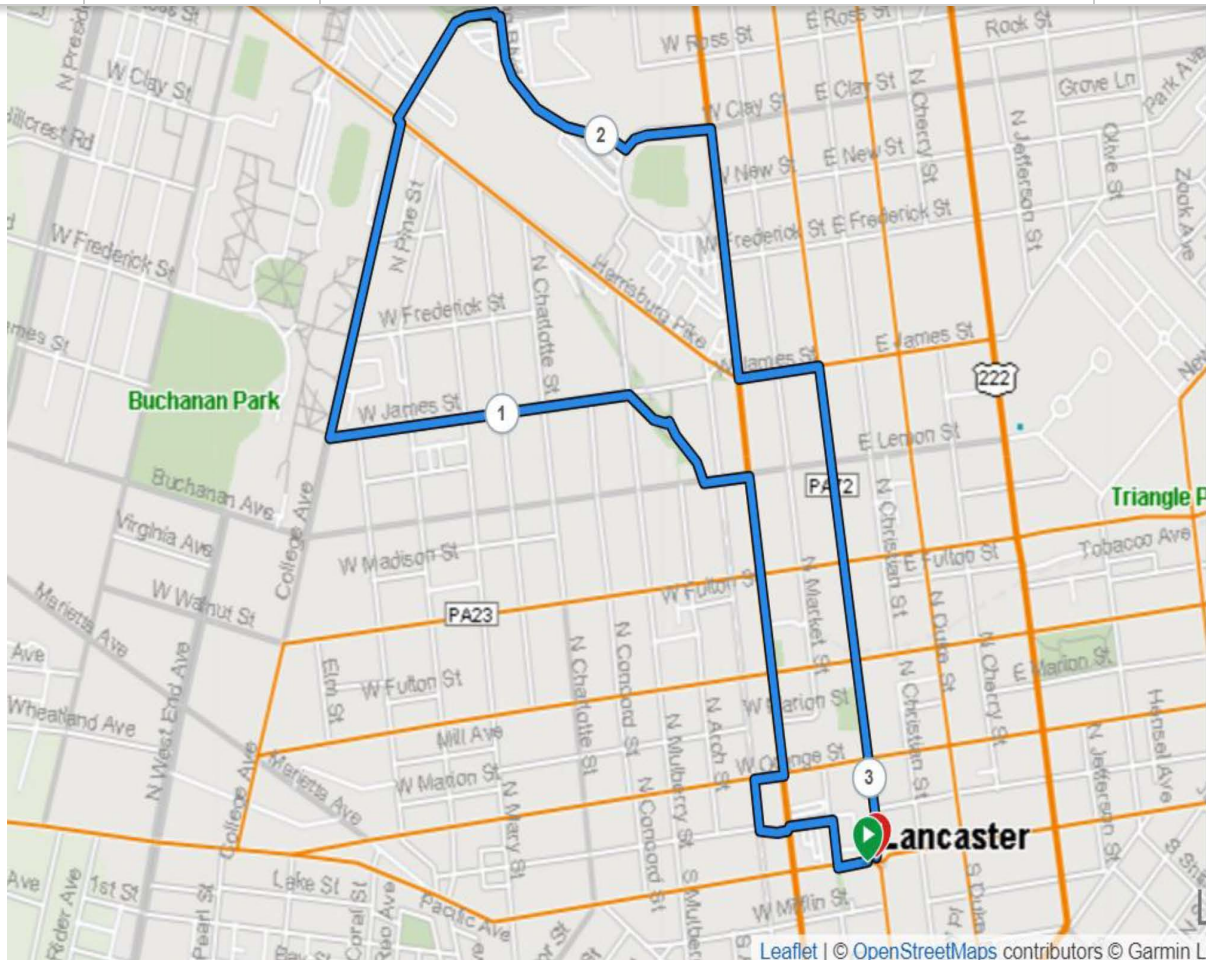


\*free games include pinball, skeeball, basketball, and a variety of classic video games.

---

## Participate in the Inaugural MARC ACSM Fun Run & 5K

- This is FUN run only, no registration, just show up and run.
- Distance: 5k
- Start time: 7 am sharp!
- Start/meeting location: Outside the host hotel lobby - Lancaster Marriot at Penn Square
- Leader: Staff Sgt Jordan Jester, USMC
- Garmin map - <https://connect.garmin.com/modern/course/233174601>
- Contact: **Chris Harnish** - [crharnish@gmail.com](mailto:crharnish@gmail.com)
- **NOTE:** This is a self paced untimed fun run. You need to obey all traffic laws as route is NOT blocked off for this event.



## Parking in Downtown Lancaster

Lancaster Parking Authority has several parking lots available throughout downtown Lancaster. The **Penn Square Garage** has direct access to the Marriot Hotel and Convention Center. If you booked a room at the Marriot Hotel (our host hotel), your parking is included, but this lot will likely fill. Please plan for other alternatives at the [Lancaster Parking Authority website](#).

**If you are bringing a bus** please check the [Lancaster Parking Authority website](#) for more information

## MARC-ACSM Membership

Have a friend or colleague who is not receiving these emails? They likely aren't a MARC member! Please direct them to <https://www.acsm.org/membership/join>



---

Copyright © 2023

Mid-Atlantic Regional Chapter of the American College of Sports Medicine (MARC-ACSM)

All rights reserved.

You are subscribed to this list because you are a current member of MARC-ACSM..

**Questions or concerns email** [executive@marcacsm.org](mailto:executive@marcacsm.org)

Want to change how you receive these emails?

You can update your preferences or unsubscribe from this list.

---

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Mid-Atlantic Regional Chapter of the American College of Sports Medicine · Home Office · 170 S. Terrace Drive · Dillsburg, PA 17019 · USA

