

**NUTRITION INTEREST GROUP OF THE AMERICAN COLLEGE OF SPORTS MEDICINE
2020 NUTRITION INTEREST GROUP STUDENT RESEARCH AWARD**

The Nutrition Interest Group of the American College of Sports Medicine (ACSM) announces the 17th Annual Nutrition Interest Group Student Research Award. Undergraduate, Master, and Doctoral students may be recognized for their work. *Thanks to another generous gift from Pearson Education/Benjamin Cummings Publishing (San Francisco, CA) up to three cash awards will be given at the Nutrition Interest Group meeting in San Francisco, CA.*

Students eligible for this award must meet the following requirements:

1. The applicant must have completed the research as an undergraduate or graduate student in the areas of clinical, applied or basic exercise science, kinesiology, nutrition, or related field at an accredited university. **NOTE:** Students who have recently graduated, but are presenting work completed from their undergraduate/graduate institution, are eligible to apply.
2. At the time of application, the applicant must be a member in good standing of the American College of Sports Medicine. Students or their mentors do not have to be members of the Nutrition Interest Group.
3. The applicant must be the first author of an abstract submitted and accepted for presentation at the upcoming national ACSM meeting. The abstract must be original research that has both nutrition and exercise/physical activity components.

Application Material Must Include:

1. Completed Nutrition Interest Group Student Award application form (page 2)
2. Copy of the abstract accepted for presentation at the ACSM National Meeting (page 3)
3. Student Biographical Sketch in modified National Institutes of Health (NIH) format (page 4)
4. Completed evaluation form by the student's mentor/advisor for the project (page 5)
5. Expanded abstract (**2 pages maximum**) that summarizes the results (with a figure and/or table if desired), and puts the work into the context of the research area (e.g., **How do the results fit with prior work in the area? How do they change the way we think about the area? What is the next study?**). It can be single-spaced using Arial 11-point or Palatino Linotype/Palatino 11-point font, with 1" margins (pages 6 to 7)

Submit the entire application as a single MS Word (.doc or .docx) or Adobe Acrobat (.pdf) file to Dr. Steven K. Malin (skm6n@virginia.edu) (see last page of application). **Applications not meeting this format will not be reviewed.**

DEADLINE FOR COMPLETED APPLICATION IS: **MONDAY APRIL 13, 2020 by 5 pm EDT.**

Examples of research include, but are not limited to, nutrition and metabolism (includes nutritional requirements), nutrition and disease (includes obesity), nutrition and performance, or dietary supplements. The study must have a fundamental component grounded in nutrition (e.g. manipulation or control of dietary energy, composition, timing or specific nutrients; this can include dietary supplements). Less compelling are studies of exercise or physical activity in which dietary information was collected solely to monitor adherence or characterize the study population.

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STUDENT APPLICATION

Name:

E-Mail Address:

Mailing Address:

City/State/Zip code:

Daytime phone number:

Fax number:

Are you a National Member of ACSM? If so, date joined?

Are you a member of the Nutrition Interest Group? If so, date joined?

Abstract Title:

Name of Advisor:

Advisor's Academic Title:

Advisor's E-Mail Address:

University:

Address:

City/State/Zip code:

Daytime phone number:

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ABSTRACT TO BE PRESENTED AT THE ANNUAL MEETING

(Type directly below or copy & paste from word processor. *Must be identical to the original abstract submitted for consideration to ACSM*)

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BIOGRAPHICAL SKETCH

NAME:

EDUCATION/TRAINING (*Begin with baccalaureate or other initial professional education*)

INSTITUTION AND LOCATION	DEGREE (<i>if applicable</i>)	Completion Date MM/YYYY	FIELD OF STUDY

A. Honors (List any honors in only the space provided)

B. Contribution to Science (Briefly describe up to five of your most significant contributions to science – cite related published articles or abstracts).

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EVALUATION OF STUDENT BY PROJECT DIRECTOR OR FACULTY MENTOR

Advisor's Name:

Are you an ACSM Member?

Are you an ACSM Fellow?

Is applicant currently a student in your laboratory?

Estimated Date they will complete degree or date completed degree:

Please be candid and evaluate the student's involvement with the research project in the following areas (underline your response):

1) Development of the overall research question:

- a. the student was solely responsible
- b. the student was primarily responsible with minimal input from me
- c. the student and I shared responsibility
- d. the student provided assistance but I was primarily responsible

2) Development of the design for this particular study:

- a. the student was solely responsible
- b. the student was primarily responsible with minimal input from me
- c. the student and I shared responsibility
- d. the student provided assistance but I was primarily responsible

3) Performing the experimental procedures:

- a. the student was solely responsible
- b. the student was primarily responsible with minimal input from me
- c. the student and I shared responsibility
- d. the student provided assistance but I was primarily responsible

4) Data analysis and interpretation

- a. the student was solely responsible
- b. the student was primarily responsible with minimal input from me
- c. the student and I shared responsibility
- d. the student provided assistance but I was primarily responsible

5) Writing the abstract and expanded abstract:

- a. the student was solely responsible
- b. the student was primarily responsible with minimal input from me
- c. the student and I shared responsibility
- d. the student provided assistance but I was primarily responsible

Overall recommendation:

Advisor's Signature: _____

Date: _____

Typing your name affirms that you are the stated individual and information disclosed here was provided by you.

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Submit application as ONE file electronically on or before **Monday, April 13, 2020 by 5:00 PM** Eastern Daylight Time (EDT) to:

Steven K. Malin, PhD, FACSM
Assistant Professor
Department of Kinesiology
Curry School of Education and Human Development
University of Virginia
skm6n@virigina.edu
434-243-6624

For questions regarding this application, please contact Dr. Malin at the above email address or phone number.

Send the following electronically as **one attached file in MS Word (.doc or .docx) or .pdf format**:

- 1) Completed Application (page 2)
- 2) Copy of abstract submitted to Annual Meeting (page 3)
- 3) Biographical Sketch (page 4)
- 4) Recommendation letter filled out by Project Director/Faculty Mentor (page 5)
- 5) Expanded abstract (**2 pages maximum**) in the form of a short report (pages 6-7)

All guidelines on Page 1 must be strictly followed!! Do not forget to include the 2-page expanded abstract with your application.

Recipients of the awards will be notified electronically in May. Recipients must attend the ACSM national meeting and will be recognized at the Nutrition Interest Group Meeting on Wednesday evening May 27, 2020.
