



June 1-5, 2021 • Washington, D.C. USA

2021 Annual Meeting Proposal Information

All Proposals Are Submitted Electronically

Deadline: Monday, June 22, 2020

Please read the enclosed information prior to visiting the submission site.



**AMERICAN COLLEGE
of SPORTS MEDICINE®**
LEADING THE WAY

2021 Annual Meeting Proposal Information

The ACSM Program Committee would like to invite you to submit a proposal for the 2021 ACSM Annual Meeting and World Congress on Exercise is Medicine® scheduled for June 1-5, 2021 in Washington, DC. The Program Committee can not emphasize enough the importance of being an active participant in creating the scientific, clinical, and educational program. Please read all of the information included here before submitting.

Deadline: Proposals are due **Monday, June 22, 2020 (11:59 p.m. PST)** and are only being accepted electronically. The submission site can be found by visiting the Annual Meeting website at www.acsmannualmeeting.org.

Pre-Planned Programming: The ACSM Program Committee Topical Representatives have developed Highlighted Symposia for each category, which have been approved for the 2021 Annual Meeting. These sessions are intended to enhance the quality of science and medicine at the meeting, presenting cutting edge state-of-the-art information by renowned speakers in the respective fields. A listing of these sessions is included on the next page.

Session Types and Topical Categories: A listing of session types and topical categories are attached for your review prior to submission.

Speaker Remuneration: Because the ACSM Annual Meeting continues to grow in size, complexity, and quality, the Program Committee has adopted several strategies to alleviate the additional pressures placed on finances, staff resources and meeting logistics. See attached ACSM Policy on Reimbursement for Annual Meeting Participants.

Cost Containment - We recognize the desire and value of non-member experts participating in the program; however, we must be prudent by following the guidelines below: 1) only use a non-member speaker when a comparable ACSM member expert is unavailable, 2) when possible, use non-member speakers from the city where the meeting is held, 3) use non-member speakers from North America unless there is compelling need to go elsewhere. Proposal requests for funding for more than one non-member speaker are infrequently approved; therefore, you may need to negotiate honorarium, travel, lodging, etc. with proposed non-member participants. Rarely are non-member speakers approved for tutorial lectures, colloquia, and clinical workshops.

Proposals submitted by non-ACSM members will be treated as members regarding financial remuneration; therefore, all will be responsible for paying their own expenses in connection with the meeting, which includes paying the registration fee for the meeting.

Members with lapsed dues are not considered non-members and will need to bring their dues to current status.

Please Also Consider: ACSM is committed to diversity, and values and seeks diverse, equitable, and inclusive participation within the fields of exercise science and sports medicine. We are striving for diversity, equity, and inclusion among the Annual Meeting. Please be mindful of this when creating your sessions.

Speaker Notification: The Program Committee reserves the right to approve or disapprove recommendations for programming. We would appreciate it if you would not make a commitment to those people you recommend for participation until after you receive notification. We do ask that you have contact with all of the speakers you have proposed, assuring their availability to serve on your panel should your session be approved for placement on the program.

Proposal notifications regarding acceptance are sent electronically in early September 2020 to the Chair and/or submitter (not individual speakers). For those accepted proposals, all speakers will receive electronic notification in December 2020 with presentation date/time and other meeting details. Please be sure all e-mail addresses are accurate.

Special Note: Prior to submitting your proposal on-line, please take the time to have all submission information available, as only complete proposals will be accepted. You will be required to submit the names and contact information (full name, institution, city, state, e-mail address, and ACSM membership status) for ALL speakers. For Symposia proposals, individual titles and allotted speaking time will be required.

Should you have questions, feel free to contact the ACSM Education Department at 317-637-9200 ext. 108 or 106.

Definitions of Annual Meeting Sessions

The following are definitions of the various Annual Meeting session types. Please check the appropriate lecture when listing your suggested topic and speaker(s) on the submission site.

Session with a 2-hour format:

Symposia- These sessions are in-depth, scientific, and state-of-the-art lectures in important areas of research and clinical practice. Symposia include 3-4 speakers with time allotted for an introduction and overview and overall discussion.

Sessions with a 50-minute format:

Clinical Workshop - Hands-on Demonstration- These sessions are hands-on small group demonstrations of current examinations and treatment modalities of sports medicine problems. Space in the meeting room is available on first arrival.

Colloquia- Colloquia are interactive discussions on topics or issues in sports medicine, exercise science or clinical practice.

Tutorial Lecture- These lectures are critical reviews and analyses of the current state of knowledge in a field in sports medicine, exercise science or clinical practice. The lecture should familiarize attendees with the basics of a subject and progress to current issues, questions, problems, and the frontier of knowledge.

Unopposed Sessions - 1 hour:

Joseph B. Wolfe Memorial Lecture - The keynote address at the Annual Meeting in memory of one of ACSM's founders, and first president, Joseph B. Wolfe, M.D.

D.B. Dill Historical Lecture - Concept of this type of lecture deals with the history of sports medicine and exercise science. This lecture is in memory of one of ACSM's past-president's and prominent figure in the development of sports medicine and exercise science in America, D. Bruce Dill, Ph.D.

Topical Categories

Fitness Assessment, Exercise Training, and Performance of Athletes and Healthy People

- 101 fitness assessment of healthy people
- 102 exercise training interventions in healthy people
- 103 sport science
- 104 disability
- 105 pregnancy/prenatal/post-partum
- 106 other

Cardiovascular, Renal and Respiratory Physiology

- 201 cellular/molecular
- 202 cardiac
- 203 vascular function
- 204 acute exercise
- 205 disease
- 206 blood flow
- 207 rehabilitation
- 208 renal
- 209 respiratory
- 210 disability
- 211 oxygen uptake kinetics
- 212 other

Skeletal Muscle, Bone and Connective Tissue

- 301 skeletal muscle physiology
- 302 physiology and mechanics of bone and connective tissue
- 303 cellular and molecular physiology related to these systems
- 304 disability
- 305 other

Biomechanics and Neural Control of Movement

- 401 gait analysis
- 402 sport biomechanics
- 403 musculoskeletal mechanics/modeling
- 404 sports equipment
- 405 motor control
- 406 movement disorders
- 407 posture/balance
- 408 other

Epidemiology and Biostatistics

- 501 epidemiology of physical activity and health
- 502 epidemiology of injury and illness
- 503 physical activity assessment
- 504 population-based surveillance
- 505 biostatistics/research methodology
- 506 disability
- 507 meta-analysis
- 508 other

Physical Activity/Health Promotion Interventions

- 5501 physical activity interventions
- 5502 physical activity promotion programming
- 5503 intervention strategies
- 5504 disability
- 5505 pregnancy/prenatal/post-partum
- 5506 other

Metabolism and Nutrition

- 601 carbohydrate metabolism
- 602 fat metabolism
- 603 protein and amino acid metabolism
- 604 energy balance and weight control
- 605 dietary analysis
- 606 nutritional intervention – micro and macronutrients
- 607 supplements, drugs and ergogenic aids
- 608 disability
- 609 obesity/diabetes/cardiovascular disease
- 610 pregnancy/prenatal/post-partum
- 611 other

Psychology, Behavior and Neurobiology

- 701 mental health
- 702 cognition and emotion
- 703 perception (RPE, pain, fatigue)
- 704 behavioral aspects of exercise (correlates, predictors)
- 705 behavioral aspects of sport
- 706 neuroscience
- 707 pedagogy related to exercise physiology
- 708 disability
- 709 other

Environmental and Occupational Physiology

- 801 heat stress and fluid balance
- 802 cold stress
- 803 hyperbaria
- 804 altitude and hypoxia
- 805 space physiology and microgravity
- 806 occupational or military physiology and medicine
- 807 disability
- 808 other

Immunology/Genetics/Endocrinology

- 901 exercise immunology
- 902 exercise immunology – supplement use
- 903 endocrinology, not including reproductive
- 904 reproductive endocrinology and physiology
- 905 genetics
- 906 other

Athlete Care and Clinical Medicine

- 1001 athlete medical evaluation and care
- 1002 athlete trauma evaluation and care
- 1003 age group and gender issues
- 1004 chronic illness and special populations
- 1005 adaptive sports/disability
- 1006 clinical translation - sessions in this category should focus on improving health outcomes through the integration of evidence-based medicine and quality improvement initiatives
- 1007 other

Clinical Exercise Physiology

- 1101 clinical exercise testing
- 1102 cardiovascular diseases
- 1103 pulmonary/respiratory diseases
- 1104 obesity/diabetes
- 1105 musculoskeletal/neuromuscular diseases
- 1106 disability
- 1107 other

Exercise is Medicine

- 1200 Exercise is Medicine focuses on the impact of physical activity on health and the prevention and treatment of disease and disability for clinical application.

Professional Development/Organizational Information

- 1300 Professional Development/Organizational Information

Cancer

- 1501 implementation science
- 1502 epidemiology, surveillance, survival
- 1503 mechanisms and biomarkers
- 1504 risk prevention (primary and secondary)
- 1505 exercise programming and prescriptions
- 1506 cancer biology (tumor microenvironment)
- 1507 triage and referral into exercise programming
- 1508 symptoms, side effects, and adverse effects of treatment (short and long term)
- 1509 psychosocial and behavioral research
- 1510 health economics/health services research
- 1511 disability
- 1512 other

Health Equity

- 1601 aging
- 1602 pediatric
- 1603 rural/urban
- 1604 race/ethnicity
- 1605 socioeconomic status
- 1606 ability status
- 1607 other

Policy on Reimbursement for Annual Meeting Participants

1. ACSM non-member invited participants, who are approved by the Program Committee with full funding will be reimbursed according to the following policy:
 - Complimentary registration for the Annual Meeting
 - \$200.00 Conference Honorarium
 - Round-trip advance-purchase economy class airfare to the Annual Meeting purchased through ACSM's official travel agency, ALTOUR
 - Two nights of lodging during the Annual Meeting (not to exceed the headquarter hotel rate.)
 - Meals and required ground transportation for two days at the Annual Meeting not to exceed \$55.00 per day

All funded non-member speakers will receive detailed information in December regarding the above. The above outlines the maximum remuneration for non-member participation at the Annual Meeting. In many cases, non-member reimbursement may be different based on budgetary consideration which will be outlined in the September letter to the session submitter or chair following Program Committee review.

2. Members of ACSM who are participating in any invited session (i.e., symposium, tutorial, colloquium, etc.) at the Annual Meeting incur their own expenses in connection with the meeting, including registration fees. (*This does not include presentation for named lectures - Wolffe, Dill, EIM Keynote (Morris/Paffenbarger Lecture), President, Buskirk, Sutton, and Clarkson lectures.*)
3. Members with lapsed dues are not considered non-members and will need to bring their dues to current status.

Non-Member Speaker Policy

*Beginning with the 2017 Annual Meeting, a non-member can only be paid for approved expenses (or portion of expenses) one time in a 5-year cycle; however, can receive "complimentary only registration" within that same 5-year timeframe. If the individual is recommended as a "named lecturer," within the 5-year cycle, this would be exempt from the 5-year cycle. Any exceptions to this policy must be approved by the Chair of the Program Committee and the Director of the Education Department.

If requesting remuneration for an ACSM non-member speaker, you will need to provide on the submission site:

- Speaker Name
- Is speaker domestic or international?
- Are you requesting full or partial remuneration?
- If desired by the program committee, is the above non-member speaker willing to give an additional presentation within another session?

Information to anticipate providing on the submission site

Session Title

Area of Interest - Applied Science; Basic Science; Medicine; or Integrative

Topical Category – see page 3-4 for listing

Diversity and Inclusion - Does this session include substantial content about groups who are nationally underrepresented in science in the United States? If yes, provide explanation.

Session Description – 150 words or less

Session Submitter, Speaker, Chair information: First name, Last name, Organization name, City, State, Country, Zip, Phone, Email, ACSM member?, ACSM Fellow member?

Financial Relationship Disclosure: Only collected for the Submitter at this point in time. If the session is accepted, each speaker will provide any financial relationship disclosures at a later date.

Session Speaker Information

SYMPOSIUM: min. of 3 speakers, max. of 4 speakers, 1 required Chair

TUTORIAL LECTURE, COLLOQUIUM, CLINICAL WORKSHOP: min. of 1 speaker, max. of 3

Clinical/Medicine, Exercise is Medicine (EIM) and Integrative Submissions

(Non-clinical submitters will indicate N/A)

-What are the problems sports medicine physicians are facing in their practice? (practice gap) Please explain in 100 words or less.

-What is the underlying cause of the problem/practice gap? Why do these problems exist? Is it a lack of knowledge, need to improve competence and or performance? Please explain in 50 words or less.

-How did you determine the practice/gap need? (e.g. new or existing guidelines, latest advances as reported in the literature, discussions with peers, quality or patient safety issues. Please cite the sources used to determine the need/gap.) Limit 1200 characters

-Prepare ONE learning objective for your proposed presentation. Remember to write it in terms of what you want your learners to put in to use following your session, not what you will teach. Please note character limit (including spaces) is 250.

-List one or two changes learners should be able to make following your session, based on the learning objectives you provided.

Optional Field for all Session Types

-Is the session submitted on behalf of an ACSM Interest Group? If yes, indicate Interest Group.

FOR SYMPOSIUM ONLY

-Consideration of Full Paper for MSSE? If invited to do so, would you be willing to submit a full-length paper for consideration of publication in Medicine & Science in Sports & Exercise?

-Presentation times in minutes - Please make sure that all of the presentation times (including Introduction and Discussion times) add up to 120 minutes, or 2 hours

-Individual speaking title for each speaker