



The American College of Sports Medicine® (ACSM) is pleased to confer upon Rosemary Agostini, M.D., a 2020 ACSM Citation Award for her profound and lifelong contributions to the fields of sports medicine and exercise science.

Dr. Agostini was in the third entering class (1975 – 1981) of an experimental six-year BS MD program in NYC. The focus of this new program was how culture and ethnicity affects a person’s health and health care. She completed one of the first Family Practice Residency in Rochester NY. (1981-1984).

Dr. Agostini was the **first Fellow in Primary Care Sports Medicine in the United States** at the Cleveland Clinic Foundation (1985-86).

Seeing a lack of research into the needs of female athletes and the lack of opportunity for women to speak at conferences, Dr. Agostini took the initiative and organized an annual conference titled “Medical and Orthopedic Issues of Active and Athletic Women,” (at the first meeting in 1991- there were 23 women physicians and scientists speaking and one man physician speaker.) The results of which sparked Congressional and National Institutes of Health attention.

Dr. Agostini edited a textbook “ Medical and Orthopedic Issues of Active and Athletic Women “, and has edited two editions of Clinics in Sports Medicine: The Athletic Woman (1994, 2000).

She joined the ACSM’s Board in 1994. Dr. Agostini in collaboration with other women sports medicine physicians and scientists organized the ACSM **Task Force of Women’s Issues in Sports** becoming the first chair. Under her guidance the committee became an ACSM standing committee titled “**Strategic Health Initiative on Women, Sports and Physical Activity**”.

In 1992, Dr. Agostini organized along with colleagues, Carol Otis M.D., Aurelia Nattiv, M.D., Kim Yeager M.D. and past President Barbara Drinkwater, Ph.D. FACSM the Think Tank meeting in Washington DC – to identify the interrelatedness of the distinct medical entities of disordered eating, amenorrhea and premature osteoporosis,. “**The Female Athlete Triad**” has prompted decades of research and clinical initiatives.



Dr. Agostini brought her extensive medical expertise to athletes and the general public – volunteering with numerous organizations, from high school sports teams where she standardized concussion evaluation across all ten of Seattle’s secondary schools to acting as a medical consultant for mountaineering expeditions to the Himalayas and Mt. Everest.

Dr. Agostini served as one of the Chief Medical Officers at the 1990 Goodwill Games and at the 1996 Summer Olympics in Atlanta. She cared for athletes in the athlete village including athletes whose countries couldn’t afford medical teams.

Her years of mentoring and decades of commitment to underserved communities was recently recognized by the American Medical Society for Sports Medicine and Amy Powell M.D. with “The Agostini Medical Student Community Outreach Fund” to encourage underrepresented minorities to consider sports medicine. The long-term goal of the “Agostini Fund” is to grow a pipeline of diverse candidate choosing to enter sports medicine.

Dr. Agostini founded and was the First Chief of a new department titled Activity, Sports and Exercise Medicine (ASEM) at Group Health Cooperative now Kaiser Permanente WA.

Dr. Agostini received an **Innovation Grant from the Group Health Foundation and a Tomorrow Medical Leaders Award** for a project titled **Walk & Talk with your Healthcare Team**. She helped create a safe place for seniors and others to walk in an at risk neighborhood with community police officers.

She worked diligently to encourage other women in the field: In a nomination letter on behalf of Dr. Agostini, Constance Lebrun, M.D., FACSM, writes, “She was instrumental in mentoring and inspiring a generation of female sports medicine physicians (including myself, Drs. Cindy Chang, Anne Allen, Liz Joy and many others) who went on to become board members and hold leadership positions within ACSM.”

Based on her productive sport medicine career and many accomplishments, **Dr. Agostini is a most worthy recipient of the ACSM Citation Award.**