



The American College of Sports Medicine® (ACSM) is honored to confer upon William J. Kraemer, Ph.D., FACSM, a 2020 ACSM Citation Award for his significant contributions to the fields of sports medicine and exercise science.

Dr. Kraemer recently retired as a full professor in the Department of Human Sciences in January of 2022 at The Ohio State University. He now serves as an adjunct professor to continue his research while also serving as a Senior Advisor in Sports Performance and Sports Sciences for The Ohio State University's athletics department. He simultaneously holds an adjunct professorship at Edith Cowan University in Australia.

Dr. Kraemer earned a bachelor's degree from the University of Wisconsin-La Crosse and both a master's and Ph.D. from the University of Wyoming. He became a member of ACSM in 1974 and a fellow in 1989. He served on ACSM's board of trustees from 1992 to 1995 and has given not only ACSM's Joseph B. Wolffe lecture but also named lectures in honor of Peter V. Karpovich Lecture and Howard G. Knuttgen as well. He is a former chapter president of the New England Chapter of ACSM and a chapter Honor award recipient. Dr. Kraemer served as an associate editor of MSSE for over 20 years. Dr. Kraemer was honored with an honorary doctoral degree from the University of Jyväskylä, Finland in 2016. Dr. Kraemer is also an original founding member of the National Strength and Conditioning Association, serving as its president from 1989 to 1991.

Dr. Kraemer's research has focused on the physiology of resistance exercise and training and its impact on the neuromuscular and endocrine systems from cellular mechanisms to its impact on human performance. Dr. Kraemer has published over 500 peer reviewed papers in the scientific literature, 12 books and over 100 chapters along with a multitude of other educational publications. As a scientist he is ranked by Google Scholars to be in the 0.5-1% in the field. Dr. Kraemer has a h index of 155 and has been cited over 80,000 times. He has also secured more than \$35 million in funding for his work over the course of his career.

According to nominator Thomas M. Best, M.D., Ph.D., FACSM, "Beyond the many accolades and accomplishments of Dr. Kraemer is first and foremost an outstanding citizen, mentor, and true friend to all in the College. The kind of impression that our leaders present to other leaders has a bearing on the image of the College and all of our professions. Dr. Kraemer has, in every setting that I have observed, conducted himself with the highest of standards and integrity while at the same time remaining humble and approachable. As a result, he has enhanced the image of ACSM and our collective professions."



Fellow nominator J. Larry Durstine, Ph.D., writes, “The impression that an individual presents to others has a bearing on the image of the university where he/she works and to our profession. A strong image results from faculty members who are respected from within the profession as well as outside the profession. Dr. Kraemer has, in every setting that I have observed, conducted himself in a professional manner. As a result, the image of his institution and his profession is tremendously enhanced.

ACSM is honored to present Dr. Kraemer with a 2020 Citation Award.