



The American College of Sports Medicine® (ACSM) is honored to recognize Jonathan N. Myers, Ph.D., FACSM, with a 2021 ACSM Citation Award for his significant contributions to the fields of sports medicine and exercise science.

Dr. Myers is a clinical professor of medicine at Stanford University; a research career scientist with the Veterans Administration Rehabilitation Research & Development Service; and a research health scientist/research health coordinator in the Division of Cardiology's Exercise Laboratory in the Veterans Affairs Palo Alto Health Care System in Palo Alto, California.

Dr. Myers earned a B.A. in ergonomics and physical education with an emphasis on exercise physiology from the University of California, Santa Barbara, in 1980; an M.A. in exercise physiology from San Diego State University in 1982; and a Ph.D. in exercise physiology from the University of California, Los Angeles, in 1991. He received an ACSM Exercise Specialist certification in 1983, an ACSM Program Director certification in 1988, and became an ACSM fellow in 1991.

Dr. Myers was senior editor for both the first and second edition of *ACSM's Resources for Clinical Exercise Physiology* and a co-author for the sixth, seventh, eighth and eleventh editions of *ACSM's Guidelines on Exercise Testing Prescription*. He is an associate editor for *Medicine & Science in Sports & Exercise*® (MSSE) and was on the writing group for the sixth edition of the *AACVPR Guidelines for Cardiac Rehabilitation and Secondary Prevention*. He has also served as a writing group member for eight American Heart Association (AHA) scientific statements since 2010, acting as chair for two of these.

Dr. Myers has published roughly 550 scientific papers, many of which have appeared in *MSSE*, along with more than 50 review articles and more than 50 book chapters. Chief among his work is "Exercise capacity and mortality among men referred for exercise testing," published in *The New England Journal of Medicine*, which has had a meaningful impact on how individuals' exercise capacity is seen in relation to heart disease-associated risk stratification.

Dr. Myers has received numerous awards, including a Research Career Scientist Award from the Veterans Administration Rehabilitation Research and Development Service, the Steven N. Blair Award in Physical Activity Research from the AHA Epidemiology and Prevention/Lifestyle Council, and the Michael L. Pollock Established Investigator Award from AACVPR.

Nominator Dr. Barry A. Franklin, FACSM, FAHA, writes, "In summary, I would rank Dr. Jonathan Myers, based on his overall productivity, scholarship, research



contributions, teaching prowess, participation in funded research studies, professional expertise, volunteer service, and mentorship in the top 2% of all scientists in exercise science/clinical medicine that I have interacted with over the years.”

ACSM is pleased to present Dr. Myers with a 2021 Citation Award.