



The American College of Sports Medicine® (ACSM) is honored to recognize Neville Owen, Ph.D. with a 2021 ACSM Citation Award for his significant contributions to the fields of sports medicine and exercise science.

Dr. Owen earned a B.A. from the University of New South Wales in 1969 and a Ph.D. from the University of Western Australia in 1972. He is a Senior Scientist at the Baker Heart & Diabetes Institute's Physical Activity Laboratory, Distinguished Professor in Health Sciences at Swinburne University, an Honorary Professor in the University of Queensland School of Public Health, and an Adjunct Professor in Medicine at Monash University and the University of Southern Queensland's Institute for Resilient Regions.

Focused on preventing type 2 diabetes, cardiovascular disease and cancer through increasing physical activity and changing sedentary behaviors, Dr. Owen's work has been cited more than 100,000 times. His H index is 148, he is a Clarivate highly-cited researcher, and he co-edited the text *Sedentary Behavior and Health*, published in 2017 by Human Kinetics, the seminal work on the subject. *Exercise and Sport Science Reviews* published his piece, titled "Too much sitting: The population-health science of sedentary behavior," which has been cited more than 2,800 times.

From 2009 to 2015, Dr. Owen was a member of the international judging panel for ACSM's Odyssey Award for Physical Activity and Public Health, and he was an ACSM keynote speaker in 2009, delivering a President's Lecture on the role of sedentary behaviour in chronic disease prevention.

Nominator and Professor Emeritus Phillip B. Sparling notes, "in addition to his extraordinary research record, Neville Owen is an exceptional leader, collaborator, and mentor. By all measures, he is an outstanding candidate for ACSM's Citation Award."

ACSM is pleased to add Dr. Owen to the ranks of its distinguished Citation awardees.