



**2019 GSSI - ACSM
YOUNG INVESTIGATOR IN SPORTS NUTRITION AWARD**



PURPOSE:

To recognize innovative, high quality research in the field of sports nutrition being presented at the ACSM 2019 Annual Meeting in Orlando, FL. Recognized work will be high impact science and may include applied, mechanistic, protocol development or clinical research. All work must have the potential for practical outcomes in the translation of sports nutrition science for sports health professionals and athletes.

AWARDS:

The 1st Place recipient will receive an award of \$3,000 USD.

The 2nd Place recipient will receive an award of \$1,500 USD.

The 3rd Place recipient will receive an award of \$1,000 USD.

REQUIREMENTS:

1. The applicant may be a Ph.D. student, post-doc or faculty under the age of 40 (as of June 1, 2019) conducting research in the field of sports nutrition. Recipient(s) of 2018 GSSI-ACSM Sport Nutrition Award or 2018 GSSI-ACSM Young Investigator Award will not be eligible for selection in 2019.
2. Applicants may reside anywhere in the world but must be ACSM members and registered for the 2019 Annual Meeting. ACSM will confirm candidate's ACSM membership and Annual Meeting registration prior to review and determination of winners.
3. Applicants must have an accepted scientific abstract submission to the ACSM 2019 Annual Meeting. Case Studies are not eligible.
4. **The research must be related to the impact of nutrition or hydration on exercise physiology or performance outcomes.**
5. The work is original - not published, or accepted for publication, at the time of the abstract submission deadline.
6. Applicants cannot apply with the same accepted abstract to both the ACSM and ECSS (European College of Sport Science) awards in the same calendar year.
7. Award recipient(s) must be able to attend the GSSI preconference session on Tuesday, May 28, 2019 for final placement selection and recognition of the award.

SUBMISSION AND DETAILS:

1. Interested candidates will apply to ACSM **with their presentation abstract (submitted as a pdf), a one-page summary of scholarly work (publications and presentations), and statement detailing how their research translates sports nutrition science for practical application by sports health professionals and/or athletes (500 word limit).**
2. **Applications must be received at the ACSM office by 5:00 p.m. Eastern Time (close of business) on February 1, 2019.** As final Annual Meeting abstract selections may not be released by this date, interested candidates are encouraged to apply with their submitted abstract, and verification of acceptance will be made during the application review process.
3. Applications must be directed to foundation@acsm.org. Please type **2019 GSSI-ACSM Young Investigator in Sports Nutrition Award** in the e-mail subject line.
4. The top three candidates will be identified by the selection committee in March, 2019 and will receive \$1,000 toward travel to the ACSM Annual Meeting in Orlando. The top three candidates will each then deliver a presentation of five minutes or less at the GSSI Preconference session on May 28, focused on the practical outcomes in the translation of sports nutrition science for sports health professionals and/or athletes. Winners will be announced before the conclusion of the Preconference.
5. To prevent conflicts of interest, applicants directly associated or engaged in any fashion with the Gatorade Sports Science Institute will not be eligible. Submitted work funded, partially or wholly, by GSSI or PepsiCo is not eligible.

Evaluation of applications will be based on both the abstract and written statement, using the following criteria:

ABSTRACT

- The research is innovative and has a practical outcome with high impact in the translation of sports nutrition science for sports health professionals and athletes.
- The background and relevance is clearly described.
- The methodology is sound and the data are quantitative.
- The study has enough power and uses appropriate statistical tests to underpin claims on significance.
- There is a clear conclusion.

STATEMENT

- The statement is well-written
- The applicant clearly explains how her/his research translates sports nutrition science for practical application by sports health professionals and athletes
- The proposed application is realistic for use by most sports health professionals and athletes
- The proposed application is meaningful for use by most sports health professionals and athletes

2019 GSSI – ACSM Young Investigator in Sports Nutrition Award Application

Name _____

Signature _____

Postal Address _____

E-Mail Address _____

Daytime Telephone _____

Institution _____

Abstract Title

Authors

Nominee's Supervisor _____

Supervisor Signature _____

Supervisor's E-Mail Address _____

Supervisor's Daytime Telephone _____

ACSM MEMBERSHIP

Current Member

Applying for Membership

CITIZENSHIP

Upon selection for award, recipient will be required to submit proof of citizenship (copy of passport or other valid ID).

SUBMISSION CHECKLIST

- Ph.D. Student, Post-Doc or Faculty Status
- Completed Award Application (page 3 of this document), with Supervisor Signature
- Presentation Abstract (pdf format)
- One-page Summary of Scholarly Work
- Translation Statement (500 word maximum)

All documents should be combined into a SINGLE pdf and submitted to foundation@acsm.org by 5:00 p.m. EST on February 1, 2019. Multiple document files will not be accepted.

ACSM Foundation, PO Box 1440, Indianapolis, IN 46206-1440 USA