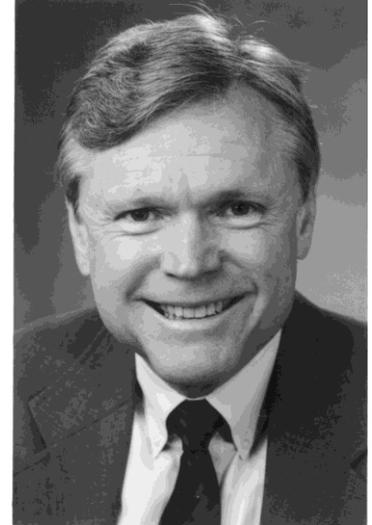


2021 Michael L. Pollock Student Scholarship

BACKGROUND:

Michael L. Pollock, ACSM's 26th President from 1982-1983, came to sports science by the most unlikely of routes. An accomplished collegiate baseball player at the University of Arizona, Pollock planned to become a coach. However, under the influence of T. K. Cureton, he found that scientific inquiry was where his heart and talent lay. His work (among the most accomplished of any exercise scientist), which ranged from the defining studies of exercise training principles, to developing what is even today the most widely used anthropometric approach to body composition, to longitudinal adaptations to exercise training and aging in masters runners, to the famous Dallas study of elite runners, remains unparalleled. Over the last 25 years of his life, his work paved the way for other scientists to better understand how to adapt concepts of gymnasium-based fitness programs into essential components of the contemporary model of cardiac rehabilitation and eventually into contemporary medical practice. During the later part of his career, the assessment and treatment of spinal column illnesses provided the linkage by which the broader concept of clinical physiology grew out of cardiac rehabilitation and created the possibility for closer links between the clinical exercise physiology community and the physical therapy community. To the very end of his short life, Pollock was a caricature of the six-year old for whom everything is always new and interesting and who is continually asking "why" -- the same six-year old that is the very heart and soul of all scientists. Pollock died at ACSM's Annual Meeting in 1998.



Friends and colleagues of Dr. Pollock developed a scholarship fund in his name intended to help young scholars. This fund has now reached a level of maturity allowing scholarships to be awarded.

AWARD:

In 2021, the American College of Sports Medicine Foundation will be offering two (2) Registration Awards to graduate students who are presenting research projects at ACSM's 68th Annual Meeting June 1-5, 2021.

The awards will be based on determination of the two (2) best research projects, *focused in the areas of health and fitness and/or clinical exercise physiology*. The research must be presented in one (1) poster presentation in PDF format and will be evaluated by a committee of four (4) ACSM Fellows who worked closely with Dr. Pollock during his career, including two (2) ACSM Past Presidents.

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REQUIREMENTS:

1. Applicant must be the presenter; this means that the applicant must be the first author.
2. Applicant must be a graduate student in good standing now or must have been a graduate student in good standing no more than one year before submitting the application with a research focus related to health and fitness and/or clinical exercise physiology.
3. Applicant must be presenting a research project (poster) at ACSM's 68th Annual Meeting. *As final Annual Meeting abstract selections may not be released by this date, interested candidates are encouraged to apply with their submitted abstract/poster, and verification of acceptance will be made during the application review process.*
4. Applicant must have a faculty sponsor, who must sign the application indicating that the student was a current student in good standing no more than one year before submitting the application and that the student was responsible for the research project.
5. Applicant must complete the application and submit his/her presentation as a poster presentation in pdf format – not in PowerPoint or as an abstract in Word. Posters will be evaluated in an 8-1/2 x 11-inch page size. Do not put too much information on the poster. Look at a printed pdf before it is sent to ACSM. If you cannot read it because the print is too small or the graphics are not well-represented, you may need to modify your larger poster for the purpose of this award application. **Posters that are not clear and legible in an 8-1/2 x 11-inch format will not receive consideration.** A copy of the submitted abstract should also accompany the application.
6. **Applications must be received by the ACSM office by 5:00 p.m. EST on April 5, 2021. No exceptions!**
7. Applications must be directed to **foundation@acsm.org** with the subject line "2021 Michael L. Pollock Student Scholarship".
8. Announcement of award recipients will be made on May 3, 2021.
9. Previous recipients of the Michael L. Pollock Student Scholarship will not be eligible to apply.

2021 Michael L. Pollock Student Scholarship Application

Name _____

Signature _____

Postal Address _____

E-Mail Address _____

Daytime Telephone _____

Institution _____

Degree/Degree Being Pursued _____

Abstract Title

Authors

Supervising Faculty Member _____

Supervisor Signature _____

Institution _____

Supervisor's E-Mail Address _____

Supervisor's Daytime Telephone _____

SUBMISSION CHECKLIST

- Completed Award Application (page 3 of this document), with Supervisor Signature
- Poster presentation, in 8-1/2 x 11-inch pdf format
- Presentation Abstract

All documents should be combined into a SINGLE pdf file and received at foundation@acsm.org by 5:00 p.m. EST on April 5, 2021. Multiple document files will not be accepted.

ACSM Foundation, PO Box 1440, Indianapolis, IN 46206-1440