ACSM CCRB Credential Committees: Open Volunteer Positions

ACSM-GEI Credentialing Committee Members

1. **Academician: Motor Behavior** OPEN
   - MS required; PhD/EdD preferred
   - Minimum of two to three years’ experience
   - Direct experience teaching or overseeing the implementation of the following: acquiring and perfecting motor skills and movements using varying types of practice, experience, or other learning situations; influence of neurophysiological factors on human movement; changes in motor skills that occur over an entire lifespan and the interaction of personal characteristics and the environment.

2. **Practitioner – inclusive exercise - OPEN**
   - Minimum of two to three years of related experience
   - Direct experience in administering and/or overseeing programs for one or more of the following programs:
     - Healthy special populations (e.g., older adults, children, adolescents, pregnant women)
     - Inclusive exercise – working knowledge of current ADA policy and adapted programming that promotes safe and effective training for individuals who have physical, sensory or cognitive disability and have been medically-cleared to exercise.
     - Direct experience working with healthcare providers (e.g., physicians, physical therapists, dietitians, nurses)

3. **Practitioner – small fitness studio, boutique** OPEN
   - Minimum of two to three years’ experience
   - Direct experience in instructing group fitness programs in one or more of the following programs: cardiovascular, flexibility, muscular strength, muscular endurance, balance, agility, and reaction time for apparently healthy clients; virtual-based training/coaching

4. **Practitioner – large fitness center (“box”) and/or corporate fitness center** OPEN
   - Minimum of two to years’ experience
   - Direct experience in administering and/or overseeing group fitness programs in one or more of the following programs: cardiovascular, flexibility, muscular strength, muscular endurance, balance, agility, and reaction time for apparently healthy clients; virtual-based training/coaching
ACSM-CPT Credentialing Committee Members

1. Academician: Exercise Science generalist OPEN
   - Minimum of two to three years’ experience
   - PhD/EdD required
   - Direct experience teaching or overseeing the implementation of the following: acute and chronic physiological and metabolic responses to exercise; exercise prescription; exercise progression; environmental exercise physiology.

2. Academician: Motor Behavior OPEN
   - MS required; PhD/EdD preferred
   - Minimum of two to three years’ experience
   - Direct experience teaching or overseeing the implementation of the following: acquiring and perfecting motor skills and movements using varying types of practice, experience, or other learning situations; influence of neurophysiological factors on human movement; changes in motor skills that occur over an entire lifespan and the interaction of personal characteristics and the environment.

3. Academician: Behavior Change; Exercise Psychology OPEN
   - MS required; PhD/PsyD preferred
   - Minimum of two to three years’ experience
   - Preferred: direct health/fitness practice in exercise counseling and behavior modification
   - Direct experience teaching or overseeing the implementation of the following: promotion of physical activity and exercise including include self-esteem, depression, body image, anxiety, motivation, social support, and perceived control; the psychological and emotional consequences of physical activity and exercise and the psychological; emotional and health related consequences of the lack of exercise.

4. Practitioner – inclusive exercise OPEN
   - Minimum of two to three years’ of related experience
   - Direct experience in administering /overseeing programs for one or more of the following:
     - Healthy special populations (e.g., older adults, children, adolescents, pregnant women)
     - Inclusive exercise – working knowledge of current ADA policy and adapted programming that promotes safe and effective training for individuals who have physical, sensory or cognitive disability and have been medically-cleared to exercise.

5. Practitioner – large fitness center (“box”) OPEN
   - Minimum of two to years’ experience
   - Direct experience in administering and/or overseeing in one or more of the following programs: flexibility, muscular strength, muscular endurance, balance, agility, and reaction time for apparently healthy clients; virtual-based training/coaching

6. Practitioner – large fitness center (college rec center) OPEN
   - Minimum of two to years’ experience
   - Direct experience in administering and/or overseeing in one or more of the following programs: flexibility, muscular strength, muscular endurance, balance, agility, and reaction time for apparently healthy clients; virtual-based training/coaching
ACSM-EP Credentialing Committee Members

1. Academician: Motor Behavior **OPEN**
   - MS required; PhD/EdD preferred
   - Minimum of two to three years’ experience
   - Direct experience teaching or overseeing the implementation of the following: acquiring and perfecting motor skills and movements using varying types of practice, experience, or other learning situations; influence of neurophysiological factors on human movement; changes in motor skills that occur over an entire lifespan and the interaction of personal characteristics and the environment.

2. Academician: Behavior Change; Exercise Psychology **OPEN**
   - MS required; PhD/PsyD preferred
   - Minimum of two to three years’ experience
   - Preferred: direct health/fitness practice in exercise counseling and behavior modification
   - Direct experience teaching or overseeing the implementation of the following: promotion of physical activity and exercise including include self-esteem, depression, body image, anxiety, motivation, social support, and perceived control; the psychological and emotional consequences of physical activity and exercise and the psychological; emotional and health related consequences of the lack of exercise; virtual-based training/coaching

3. Fitness director/manager **OPEN**
   - Minimum of two to three years’ of management and/or coaching experience; e.g., fitness center director/manager, head coach/trainer, business owner
   - Direct experience in developing and/or overseeing risk management guidelines and emergency policies and procedures for a health/fitness facility; virtual-based training/coaching

4. Practitioner – large fitness center (“box”) **OPEN**
   - Minimum of two to years’ experience
   - Direct experience in administering and/or overseeing in one or more of the following programs: flexibility, muscular strength, muscular endurance, balance, agility, and reaction time for apparently healthy clients; virtual-based training/coaching

5. Practitioner – large fitness center (college rec center) **OPEN**
   - Minimum of two to years’ experience
   - Direct experience in administering and/or overseeing in one or more of the following programs: flexibility, muscular strength, muscular endurance, balance, agility, and reaction time for apparently healthy clients; virtual-based training/coaching
ACSM-CEP Credentialing Committee Members

1. Clinical exercise director/manager OPEN
   - MS required
   - Minimum of 2-3 years of management experience
   - Direct experience in overseeing and/or implementing the following:
     - Employees, fitness professionals, ACSM-CEPs, creating/maintaining a budget, policy
       and procedure writing and/or implementation. Evaluation of the exercise
       environment; emergency equipment inspection; emergency procedures. Knowledge
       of industry-accepted scopes of practice, ethical, legal and professional standards.
     - Direct experience working with and management of health care providers (e.g., physicians,
       physical therapists, dietitians, nurses), those in management or positions of leadership,
       other businesses in the health care field.
     - Direct experience working with patients and other healthcare providers in collaborative care
       (e.g., physicians, physical therapists, dietitians, nurses)

2. Practitioner – orthopedic/musculoskeletal, neuromuscular, hematologic, sarcopenia or frailty
   exercise specialist OPEN
   - MS required
   - Minimum of 2-3 years of patient-care experience
   - Direct experience in administering / overseeing one or more of the following:
     - Physical Therapy Offices, Neurological Treatment Centers, Occupational Therapy Offices,
       Sports Medicine Clinics, Retirement Centers, elderly populations
     - Best practice-based intake assessment tools and techniques to assess and interpret
       clinical and health measures. Selection, administration and interpretation of tests to
       assess muscular strength and/or endurance, flexibility and mobility. Knowledge of
       typical muscular strength, muscular endurance, functional and balance test results and
       physiological values in trained and untrained individuals and those with and without
       chronic diseases. Proper biomechanical technique for exercise (e.g., gait assessment,
       proper weight lifting form) and muscle strength/endurance and flexibility modalities and
       their safe application and instruction. The acute and chronic responses to aerobic,
       resistance training and flexibility to exercise on the function of the musculoskeletal,
       neuromuscular systems in trained and untrained individuals.
     - Direct experience working with patients and healthcare providers in collaborative care (e.g.,
       physicians, physical therapists, dietitians, nurses)

3. Practitioner -- neoplastic, cancer, immunologic, sarcopenia or frailty exercise specialist OPEN
   - MS required
   - Minimum of 2-3 years of patient-care experience
   - Direct experience in administering / overseeing in one or more of the following programs:
     - Cancer Care and Treatment Centers, Inpatient or outpatient clinical rehab centers,
       Physical Therapy Offices, Occupational Therapy Offices, Home-care Center, Senior Care
       Centers, Retirement Centers
     - Exercise therapy and/or rehabilitation programming. Participant progress in a
       preventive and rehabilitative exercise program given gender, age, clinical status, pre-
       program fitness level, specifics of the exercise program. The acute and chronic
       responses to aerobic, resistance and flexibility training to exercise on the function of the
       musculoskeletal, neuromuscular, and immune systems in trained and untrained
       individuals. The timing of daily activities (e.g., medications, dialysis, meals, glucose
monitoring) and their effect on exercise in patients with chronic disease. Disease-specific strategies to improve exercise tolerance in patients with chronic disease.

- Direct experience working with patients and healthcare providers in collaborative care (e.g., physicians, physical therapists, dietitians, nurses).