

# ***Congratulations!*** ***You're ACSM CERTIFIED.***

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[www.acsm.org/certification](http://www.acsm.org/certification)  
[certification@acsm.org](mailto:certification@acsm.org)



## A Letter from ACSM's National Director

Congratulations! I want to be one of the first to commend you on the exceptional accomplishment of becoming ACSM certified! It certainly demonstrates your commitment to creating a healthier world one life at a time. You are joining a prestigious network of more than 36,000 ACSM certified professionals worldwide.

ACSM was the first organization to offer exercise professional certifications, and is considered the gold standard of the industry. Holding an ACSM certification means your peers and clients will recognize you as a leader in the exercise and fitness field.

As an exercise professional for more than 15 years, I know firsthand the lifelong value that an ACSM certification brings to your professional development. ACSM is more than just a certification—it allows you to join a family of passionate advocates dedicated to helping people live longer, healthier lives and unlocks boundless professional opportunities.

As an ACSM certified professional, you have the exclusive use of the ACSM certified identity mark on your marketing materials to strengthen your credibility among potential employers and clients. Your complimentary subscription to ACSM's *Certified e-News* will put you among the first to receive cutting-edge, evidence-informed research and practice that you can apply today. ACSM continuing education is available online 24 hours a day, seven days a week, meaning it is can be tailored to meet your busy schedule and interests.

Other benefits include ACSM's ProFinder, countless networking opportunities, valuable business development tips, and discounts.

Again, congratulations on becoming a leader in the exercise profession. Welcome to the ACSM family.

In health,



Francis B. Neric, MS, MBA  
National Director of Certification  
American College of Sports Medicine



# Benefits of ACSM Certification – Overview

Now that you're certified, be sure to take full advantage of the wide range of professional benefits. From marketing support, to research and techniques, to continuing education, and additional certifications, ACSM is dedicated to providing you a path forward in helping people live longer, healthier lives.



## The latest health fitness research and techniques

ACSM is dedicated to advancing and integrating scientific research to provide educational and practical applications of exercise science and sports medicine – in short, ACSM certified professionals strive to help people live longer, healthier lives, which means keeping up with the latest research, the newest developments, and the science behind fitness and sports medicine.

### Benefits include:

- Complimentary subscription to *ACSM's Certified e-News*
- Discounts to ACSM's International Health & Fitness Summit and other conferences
- Discounts on ACSM books
- Access to ACSM's certification blog – written for and by fitness professionals



## Continuing education opportunities

Life is busy! Whether your routine is a pre-dawn training run or a late night in the lab, continuing education shouldn't be locked away and limited to a specific time or place. For your convenience, you have easy access to a variety of affordable professional development opportunities to keep your skills current and provide a simple path to renewing your certification every three years.

### Benefits include:

- Online continuing education courses (ACSM ceOnline)
- CEC information with each issue of *ACSM Certified e-News*
- In-person seminars and online webinars
- Workshops and conferences
- Article submission to ACSM publications
- CECs for teaching or lecturing



## Career advancement and marketing support

Whether you're freelancing as a personal trainer, working in an established research institution, or just beginning your career as an exercise professional, ACSM wants to provide the materials, professional network, and career assets that you need in order to land your dream job, excel at serving your clients and employers, and demonstrate the value behind the ACSM certification.

### Benefits include:

- Access to ACSM certified identity mark
- Listing in ACSM's ProFinder directory
- Access to ACSM workshops
- Placement on the United States Registry of Exercise Professional (USREPS)



## Latest Health Fitness Research and Techniques

### Free subscription to ACSM's Certified e-News

#### What you get

Delivered conveniently to your inbox, *ACSM's Certified e-News* is full of the latest research updates/announcements, health science, training techniques and more.

#### Where to get it

Delivered to your inbox, monthly.

### Discounts to ACSM's International Health & Fitness Summit

#### What you get

Our signature health fitness conference, ACSM's International Health & Fitness Summit gives students, fitness enthusiasts, personal trainers, certified professionals and others the full spectrum of programming from scientific to practical application. From educational sessions to hands-on workouts to industry-leading speakers, group workouts and tons of networking opportunities, you won't want to miss the ACSM Summit. Use your certification to receive a registration discount!

Want more? ACSM and its partners offer a variety of regional and niche-conferences throughout the year.

#### Where to register

Register online for ACSM's International Health & Fitness Summit at [acsmsummit.org](http://acsmsummit.org). View a complete list of conferences at [www.acsm.org/attend-connect](http://www.acsm.org/attend-connect).

## ACSM certification blog

### Where to read

Get training tips, client strategies, reactions to current issues and more written by and for health fitness professionals at [www.acsm.org/all-blog-posts/certification-blog](http://www.acsm.org/all-blog-posts/certification-blog).

### How to participate

Interested in being a contributor to the blog? Send your background, employment, and areas of expertise to [certification@acsm.org](mailto:certification@acsm.org).

## Featured discounts on ACSM books

### What you get

Enjoy promotional discounts shared exclusively with ACSM certified professionals through ACSM's *Certified e-News*. Exclusive discounts for ACSM certified professionals are available with select retail partners.

### How to get your discount

Visit [www.acsm.org/read-research/books](http://www.acsm.org/read-research/books) to see our library.

A list of current retail partners is available at [www.acsm.org/get-stay-certified/why-acsm-certification/benefits](http://www.acsm.org/get-stay-certified/why-acsm-certification/benefits):



- 25% off all Polar products



- Insider access with ExpertVoice on 300+ brands



- Protect Yourself with Professional Liability Insurance  
with Forrest T. Jones



- Save 15% off MINDBODY Gym Management Software



## Continuing Education Opportunities

### Conferences & meetings

#### More than just CECs

In addition to the CECs you'll receive for attending conferences, workshops, or seminars – you'll also experience great settings for networking, hear about new research, learn new professional techniques and tips, participate in specific interest groups, and hear differing points of view dedicated to expanding your understanding of sports medicine, health and fitness. Have your certification information ready to take advantage of any ACSM certified discounts!

#### How to access

View the schedule of ACSM's International Health & Fitness Summit, ACSM's Annual Meeting, affiliated specialty conferences, roundtables, and more at [www.acsm.org/attend-connect](http://www.acsm.org/attend-connect).

### ACSM ceOnline

#### What's available

From publication-based credits to credential workshops, workout routines, courses from ACSM-approved providers, and more – you'll find a variety of CE opportunities at different credit and price levels.

#### How to access

Preview and purchase CEC credit opportunities at [www.acsm.org/ceonline](http://www.acsm.org/ceonline).

### Online learning webinars & workshops

#### What's available

Prepare for a specialty exam, or refresh your knowledge and earn CECs by viewing the full list of ACSM workshops, or view webinars by certification in order to expand the range of your expertise.

#### How to access

Access the complete schedule at [www.acsm.org/learn-develop-professionally](http://www.acsm.org/learn-develop-professionally).

## Earn CECs from ACSM's Health & Fitness Journal®

### How to get CECs

After you've read the issue, log in when you're ready to take the test. Re-takes are offered, and ACSM members receive a discount.

### How to access

Visit the online learning portal. ACSM ceOnline.  
[www.acsm.org/ceonline](http://www.acsm.org/ceonline).

## Article submission to ACSM publications

### What it's worth

Do you have research, practical education, or clinical studies that are relevant to health fitness professionals? Publishing with ACSM can increase the reach of your research, and is a path toward becoming a health fitness thought leader.

In addition, you'll also earn 10 CECs for publication in peer-reviewed professional journals, books, or accepted abstracts; whether authored or co-authored.

### How to submit

Submit your articles online to ACSM's *Health & Fitness Journal*® at [www.editorialmanager.com/fit](http://www.editorialmanager.com/fit) or email [HFJournal@acsm.org](mailto:HFJournal@acsm.org) for more information or with any questions.

## CECs for teaching or lecturing

### How to earn

Do you teach or lecture in an academic setting? Up to 30 percent of your CECs can be covered through teaching (at the college level—1 CEC per contact hour) or professional lecturing (1 CEC per hour). Make sure you keep documentation of your class or lecture for your records.

### For more information

Contact ACSM certification ([certification@acsm.org](mailto:certification@acsm.org)) if you have questions.

## Get involved with ACSM

### What you can do

Many volunteer opportunities exist for getting involved with ACSM! Apply to join an ACSM steering committee, serve as a mentor, get involved with a regional chapter, and more.

### For more information

Get the current list of all opportunities at [www.acsm.org/acsm-membership/membership](http://www.acsm.org/acsm-membership/membership).



# Career Advancement and Marketing Support

## ACSM certified identity mark

### How to use it

Download the ACSM certified logo to use in your own career and marketing efforts. By placing the logo on business cards, letter and e-mail signatures, websites, and more, you'll be letting the world know that you are a part of the premiere health fitness certification. Quickly let potential employers, new clients and colleagues know that you're an ACSM certified professional.

### Where to get it

E-mail [certification@acsm.org](mailto:certification@acsm.org) with your name, certification(s) and ACSM ID number.

## ACSM ProFinder listing

### How to use it

Get listed with thousands of other ACSM certified professionals – you'll get free exposure to employers, potential clients, and a network of like-minded professionals. Remember to update your profile if your contact information, certification or employment changes!

### View your listing

Visit [www.acsm.org/get-stay-certified/find-a-pro](http://www.acsm.org/get-stay-certified/find-a-pro).

## USREPS

### How to use it

After obtaining certification, you'll automatically be listed in USREPS, an internationally recognized registry of exercise professionals in the United States, who provide individuals of all ages and abilities with resources and leadership to assist in safely and effectively reaching goals of achieving more active, healthy lifestyles through movement, physical activity or exercise for recreation or performance.

### View your listing

Visit [www.usreps.org](http://www.usreps.org).

## ACSM workshop participation

### How to use it

Have a great research study, new technique, or other knowledge to share? Direct a workshop, or be a featured lecturer as part of another workshop, and not only will you receive compensation, but you'll also broaden your network by working with and educating fellow fitness professionals.

### Where to get it

Send email to [certification@acsm.org](mailto:certification@acsm.org).

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## Exercise is Medicine® credential

### How to obtain

The Exercise is Medicine® (EIM) credential provides exercise professionals with the opportunity to work closely with the medical community to promote exercise as a health strategy for the general public. Now that you're ACSM certified, you are a workshop away from earning your EIM credential.

### Get more information

Determine your EIM Credential eligibility at [www.acsm.org/get-stay-certified/get-certified/specialization/eim-credential](http://www.acsm.org/get-stay-certified/get-certified/specialization/eim-credential).

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## ACSM Certificate/Digital credential

### How to obtain

We heard you! ACSM has gone green and now offers digital credentials. This reduces the turnaround time and allows us to keep our fees affordable. We offer one-of-a-kind display options to showcase your achievements.

### Where to get it

You will receive an email after becoming certified or recertified from American Registry. Visit [americanregistry.com](http://americanregistry.com) and search your name or email [certification@acsm.org](mailto:certification@acsm.org).

# ACSM Signature Programs

Help improve the health and fitness of your community by getting involved with one of ACSM's signature programs:

## Exercise is Medicine®

### Exercise is Medicine®

This multidisciplinary, multi-organizational initiative strives to make physical activity an integral part of health care and disease prevention around the globe.

[exerciseismedicine.org](http://exerciseismedicine.org)



### American Fitness Index®

American Fitness Index® provides an evidence- and science-based measurement of the state of health and fitness at the community level throughout the U.S.

[americanfitnessindex.org](http://americanfitnessindex.org)



### ACSM Fit Society®

This e-newsletter features expert commentary on exercise, nutrition, sports and health, and offers tips and techniques for maintaining a physically active lifestyle.

Email [publicinfo@acsm.org](mailto:publicinfo@acsm.org) to join.



### National Youth Sports Health & Safety Institute

The National Youth Sports Health & Safety Institute is dedicated to being the recognized leader and advocate for advancing and disseminating the latest research and evidence-based education, recommendations and policy to enhance the experience, development, health and safety of our youth in sports.

[nyshsi.org](http://nyshsi.org)

## ACSM Affiliate Societies

Become a member of these ACSM Affiliated Societies to enjoy the benefits specific to each group.



### Clinical Exercise Physiology Association

The Clinical Exercise Physiology Association (CEPA) advances the profession of clinical exercise physiology through advocacy, education and career development. In addition, ACSM and CEPA co-developed the “Clinical Exercise Physiology Registry.” The purpose of the registry is to: (1) positively verify the certification of actively practicing Clinical Exercise Physiologists; (2) recognize the professional experience of Clinical Exercise Physiologists; (3) distinguish areas of specialization; and, (4) identify the location of Clinical Exercise Physiologists by city and state.

[acsm-cepa.org](http://acsm-cepa.org)



### International Association for Worksite Health Promotion

The International Association for Worksite Health Promotion (IAWHP) is a global association focused on improving the health and well-being of workers and their families. IAWHP offers worksite health promotion resources, a community of business and corporate wellness professionals, current learning and professional development opportunities, and more.

[acsm-iawhp.org](http://acsm-iawhp.org)

## ACSM Regional Chapters

12 Regional Chapters throughout the United States ensure easy access to regional educational meetings. Enjoy unmatched opportunities to network with professionals and students close to home.



[www.acsm.org/acsm-membership/regional-chapters/find-my-chapter-chapter-membership](http://www.acsm.org/acsm-membership/regional-chapters/find-my-chapter-chapter-membership)



# ACSM Membership

With more than 50,000 members and certified professionals in our esteemed ranks, ACSM represents more than 70 occupations in sports medicine and exercise science. You'll find world-class resources and tools to help you grow and develop your career.

## Why join

Becoming an ACSM member not only unlocks additional CEC opportunities and discounts, in addition to your certification benefits, members also receive:

- Print and electronic subscription to ACSM journals
- Electronic subscription to ACSM's weekly e-news magazine, *Sports Medicine Bulletin*
- Access to and inclusion in ACSM's online membership directory
- Discounts on ACSM certification exams, CECs, insurance and consumer products
- Discounts on registration to ACSM's International Health & Fitness Summit and ACSM's Annual Meeting.
- ACSM membership ID card
- ACSM Member logo mark for use in print or on websites

## Who can sign up

Professionals and students can sign up for ACSM Membership or ACSM's Alliance of Health and Fitness Professionals Membership online at [www.acsm.org/join](http://www.acsm.org/join).

# ACSM Certifications

Whether you're seeking career advancement, getting an advanced sports medicine degree, or wish to add a specialty skillset, ACSM has health and fitness, clinical, and specialty certifications to raise the bar on your credentials.

## Health fitness certifications

### ACSM Certified Personal Trainer® (ACSM-CPT®)

The ACSM Certified Personal Trainer (ACSM-CPT) is qualified to plan and implement exercise programs for healthy individuals or those who have medical clearance to exercise. The ACSM-CPT facilitates motivation and adherence as well as develops and administers programs designed to enhance muscular strength, endurance, flexibility, cardiorespiratory fitness, body composition, and/or any of the motor skill related components of physical fitness.

### ACSM Certified Group Exercise Instructor® (ACSM-GEI®)

ACSM Group Exercise Instructors are fitness professionals who teach, lead and motivate individuals through intentionally-designed exercise classes. ACSM-GEIs are high-achievers inside and outside the group studio – not only do they excel at planning effective, exercise science-based group sessions for different fitness levels, they also possess a wealth of motivational and leadership techniques that help their class participants achieve their fitness goals. ACSM Group Exercise Instructors provide safe instruction across many class types and equipment sets, from choreographed fitness classes to HIIT and beyond.

### ACSM Certified Exercise Physiologist (ACSM-EP®)

ACSM Certified Exercise Physiologists are fitness professionals with a minimum of a bachelor's degree in exercise science. ACSM-EPs take training to the next level by individualizing exercise programs based on a client's needs and ability. The ACSM-EP has mastery with pre-exercise health risk assessments and conduct physical fitness assessments, among other health tasks. Whether it is taking the first steps toward of adopting healthy lifestyle behaviors or competing for a first marathon, an ACSM-EP can support clients at every stage of their journey to become their best selves.

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## Clinical certification

### ACSM Certified Clinical Exercise Physiologist® (ACSM-CEP®)

Become a critical part of a health care team dedicated to improving the quality of life of patients on a daily basis. The ACSM-CEP is an allied health professional with a minimum of a bachelor's degree in exercise science or equivalent and 1,200 hours of clinical hands-on experience or a master's degree in clinical exercise physiology and 600 hours of hands-on clinical experience. ACSM-CEPs utilize prescribed exercise, basic health behavior interventions and promote physical activity for individuals with chronic diseases or conditions. The ACSM-CEP provides primary and secondary prevention strategies designed to improve, maintain or attenuate declines in fitness and health in populations ranging from children to older adults.

## Specialty credential

### **Exercise Is Medicine<sup>®</sup> Credential**

Promotes exercise as a health strategy for the general public and promotes a collaboration between health care providers and exercise professionals.

## Specialty certifications

### **ACSM/NCHPAD Certified Inclusive Fitness Trainer<sup>SM</sup> (ACSM/NCHPAD CIFT)**

Masters an understanding of exercise precautions for people with disabilities, and utilizes safe, effective and adapted methods of exercise training to provide exercise recommendations.

### **ACSM/ACS Certified Cancer Exercise Trainer<sup>®</sup> (ACSM/ACS CET)**

Designs and administers fitness assessments and exercise programs specific to a client's cancer diagnosis, treatment and current recovery status, utilizing a basic understanding of cancer diagnoses, surgeries, treatments, related symptoms and side-effects of the various therapies.

### **ACSM/NPAS Physical Activity in Public Health Specialist (ACSM/NPAS PAPHS)**

Engages key decision makers at the national, state or local level and conducts needs assessments, as well as plans, develops and coordinates physical activity interventions.

# Frequently Asked Questions for Recertification

## I have my certification, what are the requirements to keep it?

Now that you have earned your certification, you have three years to accumulate the required number of Continuing Education Credits (CECs), Continuing Education Units (CEUs), Continuing Medical Education (CMEs), and/or the equivalent based on your certification.

In addition, you must pay the required recertification fee and maintain appropriate CPR certification.

Level of Certification	CECs	Fee
ACSM Certified Exercise Physiologist® ACSM Certified Clinical Exercise Physiologist® ACSM Program Director ACSM Health Fitness Director	60 CECs	\$55
ACSM Certified Group Exercise Instructor® ACSM Certified Personal Trainer®	45 CECs	\$45
ACSM/NPAS Physical Activity in Public Health Specialist	45 CECs	\$35
ACSM Exercise Test Technologist	30 CECs	\$45
ACSM/NCHPAD Certified Inclusive Fitness Trainer ACSM/ACS Certified Cancer Exercise Trainer®	15 CECs	\$35

Late fee (after June 30 grace period) - \$75

Reinstatement fee - \$150

## What do I need to do in order to recertify?

ACSM requires recertification every three years in order to ensure competency and maintain the highest standards for ACSM certified professionals beyond their initial three-year certification period.

You will receive recertification information during the year you are due to recertify. This is why it is very important to keep the ACSM Certification Department updated with any changes in your mailing or e-mail address.

In order to renew your certification at the end of three years, you will need to meet the following minimum requirements:

### Option 1

1. Earn the required number of Continuing Education Credits (CECs); and
2. Maintain a current cardiopulmonary resuscitation (CPR) certification; and
3. Pay the required three-year recertification/renewal fee.

### Option 2

Retake the certification examination if exam is available and candidate still meets the minimum requirements).

Please keep all documentation of CECs for your records. ACSM conducts random audits each year. If audited, you will be required to provide documented proof of all credits to the ACSM National Office.

For more details, visit [www.acsm.org/get-stay-certified/stay-certified](http://www.acsm.org/get-stay-certified/stay-certified).

**What if I don't have enough credits to recertify or fail to renew on time?**

You do not need to contact ACSM for an extension. You are automatically granted a six-month grace period, but you are considered inactive and you will not receive any benefits of being certified during this time. Your certification will be reinstated once the online renewal form has been submitted along with the appropriate fees including a \$75 late fee. Your next recertification cycle will continue on the original schedule. You also have the option of re-taking the certification exam if CECs are not accumulated. After the six-month grace period, reinstatement is \$150. Contact [certification@acsm.org](mailto:certification@acsm.org) for more information.

**CEC auditing process**

ACSM audits a percentage of randomly selected ACSM recertification forms every year. If audited, you will be required to provide documented proof of your CECs to the ACSM National Office within 30 days.

If you are unable to provide documented proof within 30 days, your certification will be considered inactive and you will have one year to complete the recertification process by providing the documentation or by obtaining new CECs. All audit paperwork will be reviewed for validity by the ACSM Committee on Certification and Registry Boards continuing professional education (CPE) subcommittee. If all paperwork is complete and the appropriate number of CECs are earned, you will be notified that your certification is valid until your next recertification due date.

If after submission of CECs, it is determined that some CECs are not applicable, an appropriate amount of time will be allowed for you to earn additional replacement CECs.

**What CEC documentation should I keep in case I get audited?**

- Document with your name (proves you actually attended—certificate of attendance/completion, letter, registration info).
- Date of attendance (proves that the event was during your current active certification cycle).
- Content (proves the event was directly related to your certification—course grid, syllabus, program itinerary, abstract).
- Hours (proves the amount of CECs you were awarded for attending, or the amount of hours you participated).

## Can I use non-ACSM CECs?

The ACSM Certification Department may recognize CECs, CMEs, or CEUs awarded by other professional health fitness or clinical organizations for attending their programs without it being pre-approved by ACSM. The program must be related to your certification and you must obtain documentation from that organization verifying attendance and the number of CECs earned. ACSM does not accept CECs for certification exams, professional memberships, committee involvement or CPR training. However, if you attended a workshop/seminar/course/training session/webinar, etc. to prepare you for another organizations' exam, you may receive CECs.

Here is an example of how non-ACSM CECs convert to ACSM CECs: ACE, NSCA, NASM - 0.1 = 1.0 ACSM CEC OR AFAA - 1.0 = 1.0 ACSM CEC

There is no formal petitioning process for acceptance of CECs. Please do not send in CEC documentation unless you are audited.

### **CECs earned outside of ACSM must be self-reported.**

## What will ACSM accept for CECs?

- Attend an ACSM Certification Workshop or Webinar series.
- Participate in an ACSM Approved Provider offering
- Clinical/Hospital grand rounds
- Sports Medicine Essentials course
- Advanced Team Physician Course
- Regional chapter and specialty conferences
- Scientific roundtables
- Complete distance education or internet continuing education programs on specific clinical or health and fitness-related topics.
- Attend professional education meetings from ACSM or other nationally recognized organizations.
- Take continuing education self tests that offer CECs, CMEs or CEUs from ACSM or other nationally recognized organizations.
- Participate in training/course offering from ACSM or other nationally recognized organization. (Zumba®, Wellcoaches®, etc.)
- *ACSM's Health & Fitness Journal*® self-tests
- Take and receive a passing grade in a health/fitness or exercise science-related course from an accredited college or university. (10 CECs per credit hour. For example, a 3 credit hour course is worth 30 CECs. Course must be health/fitness or clinical related and completed with a grade of "C" or better. The course must be taken during your current cycle)
- Author or co-author book chapter(s), journal articles, or accepted abstracts. (10 CECs for each publication in peer-reviewed professional journals, books, or accepted abstracts; authored or co-authored)
- Teach academic courses; conduct classroom instruction; or present health, fitness or clinical lectures at an organized professional conference. (1 CEC per hour. For repetitive classes, credits only granted once in recertification time frame. Only 30 percent of your total credit hours may be obtained by these activities.)

**Do CECs carry over?**

CECs do not carry over from one recertification time frame to another. Only CECs that were earned during your current active cycle will be accepted.

**I took college courses. Will ACSM accept them? Do I need to send my transcripts in?**

ACSM awards 10 CECs per college credit hour. Examples of acceptable courses are: exercise science, kinesiology, exercise physiology, human performance, physical education, and anatomy. If you are unsure if the course is related to your certification, please refer to the exam content outlines found at [www.acsm.org/get-stay-certified/stay-certified/recertification-faqs-2](http://www.acsm.org/get-stay-certified/stay-certified/recertification-faqs-2). If the course is outside the scope of your certification, it will not be accepted.

You will need to keep a copy of your transcripts for your records in case you are audited.

**The organization that I received CECs from is not listed on ACSM's Approved Provider List on your website. Will you still accept it?**

If the CEC event is directly related to your certification it will be accepted, even if it is not listed on ACSM's Approved Provider List. Typically there is a listing of organizations that award CECs for the event, or if the actual organization that puts on the event will award CECs, ACSM will match that amount.

ACSM calculates 1 CEC per hour of participation. Please be sure to keep a copy of the documentation proving your attendance in case you are audited in the future.

**I attended an ACSM workshop to prepare me for my exam. Can I now use it for CECs?**

ACSM will only accept CECs you earned after you've earned your certification.

**How do I know if my teaching or lecturing will count for CECs?**

Lecture or teaching must be consistent with the scope of certification in order to apply CECs.

If the above criteria are not met, you cannot earn CECs for it. The maximum number of teaching/lecturing CECs is 30% of total CECs. Please hold on to all documentation for your records in case you are audited.

**I have an ACSM certification. If I gain a higher certification or a specialty certification, do I receive CECs for earning another certification?**

If you have earned more than one ACSM certification you may renew all of your ACSM certifications at one time. A \$5 fee will be charged for each additional credential. For example, if you wish to maintain both the ACSM-CPT and the ACSM-EP certifications, the recertification fee would be \$60 (\$55 for the highest certification, in this case the ACSM-EP, and \$5 for the ACSM-CPT).

Please contact the ACSM Certification Department at [certification@acsm.org](mailto:certification@acsm.org) if you have any additional questions.

# CEC Tracking Form

This form is to help you track your CECs for your ACSM recertification. It is required that you log/self-report all outside CECs within your MyACSM portal.

## ACSM-endorsed programs (seminar/meetings/self tests/workshops/webinars)

## CECs


## Non-ACSM programs


## Clinical/hospital grand rounds


## University/college courses (10 CECs per college credit hour)


## Teaching/lecturing (Maximum of 30% of total CECs may be obtained in this category)


## Publications


## Other


Track your CECs electronically at [www.acsm.org/ceonline](http://www.acsm.org/ceonline)

# Code of Ethics

This Code of Ethics is intended to aid all certified and registered American College of Sports Medicine Credentialed Professionals (ACSMCP) to establish and maintain a high level of ethical conduct, as defined by standards by which an ACSMCP may determine the appropriateness of his or her conduct. Any existing professional, licensure or certification affiliations that ACSMCPs have with governmental, local, state or national agencies or organizations will take precedence relative to any disciplinary matters that pertain to practice or professional conduct.

This Code applies to all ACSMCPs, regardless of ACSM membership status (to include members and non-members). Any cases in violation of this Code will be referred to the ACSM Committee on Ethics and Professional Conduct.

## PRINCIPLES AND STANDARDS

### I. Responsibility to the public:

ACSMCPs shall be dedicated to providing competent and legally permissible services within the scope of the Knowledge, Skills, and Abilities (KSAs) of their respective credential. These services shall be provided with integrity, competence, diligence and compassion.

ACSMCPs provide exercise information in a manner that is consistent with evidence-based science and medicine.

ACSMCPs respect the rights of clients, colleagues, and health professionals, and shall safeguard client confidences within the boundaries of the law.

Information relating to the ACSMCP/client relationship is confidential and may not be communicated to a third party not involved in that client's care without the prior written consent of the client or as required by law.

ACSMCPs are truthful about their qualifications and the limitations of their expertise and provide services consistent with their competencies.

### II. Responsibility to the profession:

ACSMCPs maintain high professional standards. As such, an ACSMCP should never represent himself/herself, either directly or indirectly, as anything other than an ACSMCP unless he/she holds other license/certification that allows him/her to do so.

ACSMCPs practice within the scope of their knowledge, skills and abilities. ACSMCPs will not provide services that are limited by state law to provision by another health care professional only.

ACSMCPs must remain in good standing relative to governmental requirements as a condition of continued Credentialing.

ACSMCPs take credit, including authorship, only for work they have actually performed and give credit to the contributions of others as warranted.

Consistent with the requirements of their certification or registration, ACSMCPs must complete approved, additional educational course work aimed at maintaining and advancing their knowledge, skills and abilities.

## Discipline

Any ACSMCP may be disciplined or lose their certification or registry for conduct which, in the opinion of the Executive Committee of the ACSM Committee on Certification and Registry Boards, goes against the principles set forth in this Code. Such cases will be reviewed by the ACSM Committee on Ethics and Professional Conduct, which will include a liaison from the ACSM Committee on Certification and Registry Boards as appointed by the Chair of the Committee on Certification and Registry Boards. The ACSM Committee on Certification and Registry Boards will make an action recommendation to the Executive Council of the ACSM Committee on Certification and Registry Boards for final review and approval.

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