INFECTION PREVENTION RECOMMENDATIONS

- Stay more than 6 feet away from people who appear sick
- Avoid touching your face
- Frequently wash your hands for 20 seconds with soap and water or using alcohol-based hand sanitizer with a minimum of 60% alcohol if your hands aren’t soiled
- Cover your mouth and nose with tissue when coughing or sneezing, dispose of tissue in the trash, and wash your hands or use hand sanitizer after coughing or sneezing
- Frequently clean commonly touched surfaces (ie: doorknobs, keyboards) with antiseptic cleanser
- Wear a facemask when you are outside of your home or if you have symptoms of a respiratory illness such as a cough, runny nose, or shortness of breath
- Stay home if you are sick and call your healthcare provider for further recommendations