

2021 NORTHLAND ACSM STUDENT RESEARCH SHOWCASE

ABSTRACT SUBMISSION DIRECTIONS AND CHECKLIST

Acceptable Abstract Types

1. Scientific Abstract
2. Case Study Abstract
3. Systematic Review/Meta-Analysis Abstract

Scientific Abstract Guidelines

1. The title of the Abstracts are limited to 15 words
2. List all authors without including degrees or credentials as indicated in the template.
3. List the Department; University; City, State as indicated in the fillable pdf document.
4. Provide the e-mail address of the First/Presenting/Corresponding Author.
5. List the Corresponding Advisor/Mentor's name.
6. Indicate the category of the First/Presenting Author. Categories include: Undergraduate and Graduate
7. The text of the abstract should begin with a short background on the topic and must include the following headings:
 - a. **PURPOSE:** describes the intent of the study
 - b. **METHODS:** how the study was conducted
 - c. **RESULTS:** findings of the study
 - d. **CONCLUSION:** Summary of the most important points and the take home message
8. The body of the abstract is limited to 3000 characters (including spaces) and must fit into the designated box on the fillable pdf document.
9. If you choose to include a table;
 - a. you are still limited to the space and character count allotted in the fillable box.
 - b. You must reference the table or figure in the text of the abstract.
 - c. The table must include a caption/title and a legend.
 - d. the table must be formatted in a way that is clear and easy to understand.
10. If the project received funding to complete the study you must include the funding organization and grant number in the Funding Source box.
11. The abstract must be formatted using the fillable pdf entitled "NACSM Scientific_Abstract_Template_2021.pdf". Please type directly into the boxes provided in the fillable document. DO NOT CHANGE any of the formatting of the fillable pdf.
12. Save the final version of your abstract as a pdf document. The pdf file name must include the presenting author's last name followed by their first name followed by _NACSM2021 (ie. Phillips_Kelley_NACSM2021.pdf)

Meta-Analysis & Systematic Review Abstract Guidelines

1. Will follow all of the guidelines of the Scientific Abstract, but will not include the methods or table sections.

Case Study Abstract Guidelines

1. Title: The first part of the title should reflect the area of the problem and the second part, the sport or activity of the athlete, but should not include the diagnosis (example: Neck Injury—Football).
2. List all authors without including degrees or credentials as indicated in the template.
3. List the Department; University; City, State as indicated in the fillable pdf document.
4. Provide the e-mail address of the First/Presenting/Corresponding Author.
5. List the Corresponding Advisor/Mentor's name.
6. Indicate the category of the First/Presenting Author. Categories include: Undergraduate and Graduate
7. The text of the abstract must include the following headings:
 - a. **HISTORY**: The first paragraph should state the history of the case
 - b. **PHYSICAL EXAMINATION**: The second paragraph should outline the physical examination:
 - c. **DIFFERENTIAL DIAGNOSIS**: Include the differential diagnosis in this section
 - d. **TESTS AND RESULTS**: Include the tests that were run and the results of the tests
 - e. **FINAL/WORKING DIAGNOSIS**: Indicate the final diagnosis here
 - f. **TREATMENT AND OUTCOMES**: Provide a description of the treatments performed and their outcomes
8. The body of the abstract is limited to 3000 characters (including spaces) and must fit into the designated box on the fillable pdf document.
9. If you choose to include a table;
 - a. you are still limited to the space and character count allotted in the fillable box.
 - b. You must reference the table or figure in the text of the abstract.
 - c. The table must include a caption/title and a legend.
 - d. the table must be formatted in a way that is clear and easy to understand.
10. The abstract must be formatted using the fillable pdf entitled "NACSM Clinical Case_Abstract_Template_2021.pdf". Please type directly into the boxes provided in the fillable document. DO NOT CHANGE any of the formatting of the fillable pdf.
11. Save the final version of your abstract as a pdf document. The pdf file name must include the presenting author's last name followed by their first name followed by _NACSM2021. (ie. Phillips_Kelley_NACSM2021.pdf)

Abstracts are not to exceed one page and must follow all the formatting in the fillable pdf document. Alterations to the fillable pdf or Abstracts that do not adhere to these guidelines will need to be revised.

ABSTRACT/POSTER COMPETITIONS

Undergraduate & Graduate Student Abstract and Virtual Poster Competition:

All abstracts submitted by undergraduate and graduate students are eligible to receive an award made possible by sponsorship from the Gatorade Sport Science Institute. Only students who opt in to a virtual (pre-recorded) presentation will be eligible for prize money. Undergraduate Awards: 1st Place \$250; 2nd Place \$150; 3rd Place \$100 Graduate Awards: 1st Place \$250; 2nd Place \$150; 3rd Place \$100.

Awards will be based on 1) the submitted written abstract and 2) the virtual poster presentation of the research. A panel of judges from the Northland Chapter will review all eligible abstracts and selected presentations, judging both the quality of the research and the author's ability to effectively present their research.

ACSM President's Cup

The President's Cup is a poster competition held annually during the ACSM Annual Meeting. Each regional chapter will select one student based on the quality of presentation at their regional chapter meeting and this student will represent the chapter in the President's Cup competition at the ACSM Annual Meeting. Competitors will receive complimentary registration to the 2021 ACSM virtual experience. Each regional winner must be a current member of both the national ACSM organization and his/her affiliated ACSM regional chapter organization prior to the beginning of the 2021 President's Cup competition.

ABSTRACT SUBMISSION CHECKLIST

1) Locate Fillable Abstract Template on the NACSM Website:

https://www.acsm.org/acsm-membership/regional-chapters/acsm-chapters/northland/spring_meeting/Abstract-submissions You must use the fillable NACSM Abstract Template and the formatting supplied within it as you construct your abstract.

2) Complete your abstract and save it as a pdf document. The pdf file name must include the presenting/corresponding author's last name followed by their first name followed by _NACSM2021. (ie. Phillips_Kelley_NACSM2021.pdf)

3) Submit Abstract at the following link:

https://docs.google.com/forms/d/19p1vCd_MYphkV46xC57ib0DIh1B9TDT_HKGsyDMMdJY/edit

ABSTRACT SUBMISSION DEADLINES

- All abstracts must be submitted by **March 12th, 2021 Midnight CST**
- You will receive a notice of acceptance or a request for revisions by March 19th, 2021. Instructions on how to create your ePoster and virtual presentation will be provided at this time.
- Please direct any questions to the NACSM Student Activities Director, Kelley Phillips: kphillip@d.umn.edu