ACSM MEMBERSHIP
Leading the Way to a Better Life for All.

Join Today!

www.acsm.org
3 WHY JOIN ACSM?

4 WHO JOINS ACSM?
- Clinicians
- Academicians
- Scientists
- Health Fitness Professionals
- Students
- International Professionals

5 WHICH MEMBERSHIP OPTION IS BEST FOR ME?
- Student
- Basic
- Premium

6 BENEFITS OF MEMBERSHIP
- Publications & Subscriptions
- Events
- Discounts

9 ADDITIONAL PERKS
- Awards & Grants
- Regional Chapters
- Signature Initiatives

10 KEEPING YOUR MEMBERSHIP CURRENT
- Updating Your Profile
- Renewal

11 ABOUT ACSM
WHY JOIN ACSM?

Why Join ACSM?

- Expand Your Knowledge.
- Build Connections.
- Improve Lives.

When it comes to sports medicine, exercise science and physical activity, members are leading the way to a better life for all—ensuring the safety of athletes or getting them back in the game, improving human performance, combating chronic disease and promoting healthy lifestyles.

With an ACSM membership, you won’t just find something better—you’ll find a whole new horizon. When you join our diverse community of professionals and students, you’re joining a motivated network of leaders working to change the way the world lives through science, research and practical application.

Not only will you stay up-to-the-minute with the latest in sports medicine and exercise science news and research, and expand your knowledge beyond the confines of your own discipline—our extensive network gives you the opportunity to meet the faces behind the bylines, fostering a commitment to professional development.

Ready to elevate your career and help define the gold standard? Join ACSM today.

“ACSM gave me a chance to benefit from outstanding educational offerings and to interact with other health care professionals who are dedicated to exercise medicine.”

—L. Tyler Wadsworth, M.D., FACSM, President, Sports Medicine Consultants, PC
What sets ACSM membership apart from other societies? It’s you! The diversity of our members—representing more than 70 disciplines—means that you’ll encounter a breadth of valuable perspectives across the many fields that integrate sports medicine and exercise science. Become a member today and start advancing your career tomorrow.

**Clinicians** – Be the first to learn new techniques in sports medicine and review top research to help you treat your patients.
www.acsm.org/join-acsm/who-should-join/clinicians

**Academicians** – Gain national and international attention for your work and find resources to mentor and guide your students.
www.acsm.org/join-acsm/who-should-join/academicians

**Scientists** – Access the latest research, and publish your own to position yourself as a thought leader influencing the field of sports medicine.
www.acsm.org/join-acsm/who-should-join/scientists

**Health Fitness Professionals** – Expand your knowledge base and become a go-to resource by learning practical applications that help your clients—and business—succeed.
www.acsm.org/join-acsm/who-should-join/health-fitness-professionals

**Students** – Build your network, get your ideas in front of industry leaders, and soak up knowledge and perspective from mentors and peers alike.
www.acsm.org/join-acsm/who-should-join/students

**International Professionals** – More than 100 countries are represented by our members—no matter where you call home, be heard and network with professionals and students worldwide.
www.acsm.org/join-acsm/who-should-join/international

―Jonathan Carey, Lecturer, Kinesiology and Sport Sciences Department at University of Nebraska at Kearney

“ACSM events allow me to interact with people who have the same interests and the passion to make a difference in people’s lives.”
WHICH MEMBERSHIP OPTION IS BEST FOR ME?

Membership Options

Built for you—your career, your choice.

No matter where your career path is headed—ACSM membership has the tools you need to succeed. Students, enjoy discounted memberships that fit your budget. Early career professionals, hit the ground running with the benefits of a Basic membership. And seasoned professionals, enjoy the full perks of a Premium membership. No matter which level you choose—you’ll be able to get involved from day one.

<table>
<thead>
<tr>
<th>Member Level/Benefit</th>
<th>Premium ($240 / ($155 for Residents/Post-Docs)</th>
<th>Basic $99</th>
<th>Student $10 (Undergraduate, Graduate, and Medical) Must be enrolled in 6+ credit hours.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicine &amp; Science in Sports &amp; Exercise, (MSSE) Subscription</td>
<td>Print &amp; Digital</td>
<td></td>
<td>Digital-only</td>
</tr>
<tr>
<td>Exercise and Sport Sciences Reviews (ESSR) Subscription</td>
<td>Print &amp; Digital</td>
<td></td>
<td>Digital-only</td>
</tr>
<tr>
<td>Translational Journal of the American College of Sports Medicine (TJACSM) Subscription</td>
<td>Digital-only</td>
<td></td>
<td>Digital-only</td>
</tr>
<tr>
<td>Current Sports Medicine Reports (CSMR) subscription</td>
<td>Physician only (Digital)</td>
<td></td>
<td>Digital only (Medical Students only)</td>
</tr>
<tr>
<td>ACSM's Health &amp; Fitness Journal' (HFJ) subscription</td>
<td>Print &amp; Digital</td>
<td></td>
<td>Digital only</td>
</tr>
<tr>
<td>Sports Medicine Bulletin (SMB)</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>MSSE Submission Discount</td>
<td>X</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Voting Privileges</td>
<td>X</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Conference Registration Discounts</td>
<td>X</td>
<td>Health &amp; Fitness Summit conference only</td>
<td>X</td>
</tr>
<tr>
<td>ACSM Certification Exam Discounts ($60)</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>ACSM Continuing Education Discounts</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Directory Listing</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Member Identity Mark</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Member ID Card</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>
Benefits of ACSM Membership

The tools & resources you need—and the people who make a difference.

Ideas. Research. Practice. The world of sports medicine and exercise science is constantly changing—and ACSM members are driving that change. Be a part of the movement by taking advantage of membership benefits, from consistently innovative publications, regular events and conferences, to discounts, networking opportunities and more.

PUBLICATIONS & SUBSCRIPTIONS

- **Medicine & Science in Sports & Exercise (MSSE)** – monthly, multidisciplinary journal featuring original investigations, clinical studies, and comprehensive reviews on current and trending topics in sports medicine and exercise science.

- **Exercise and Sport Sciences Reviews (ESSR)** – quarterly journal providing premier reviews and practical and research applications of today’s leading scientific, medical, and research-based topics in sports medicine and exercise science.

- **Translational Journal of the American College of Sports Medicine (TJACSM)** – twice per month e-journal dedicated to translating research evidence into clinical practice in sports medicine and exercise science.

- **Health & Fitness Journal (HFJ)** – bimonthly journal featuring the latest exercise science and nutrition research, and continuing education opportunities for health fitness professionals.

- **Current Sports Medicine Reports (CSMR)** – bimonthly e-journal for physicians that thoroughly addresses two in-depth sports medicine topics each issue.

- **Sports Medicine Bulletin (SMB)** – weekly email update delivering relevant news and announcements, member promotions and exclusive discounts.

EVENTS

- **ACSM Annual Meeting** – the most comprehensive sports medicine and exercise science conference in the world—featuring 13 topical tracks and members representing more than 70 disciplines.

“ACSM has given me opportunities for national and international involvement—and other members have reached out to provide good advice on how to pursue my career goals.”

—Anastasia N. Fischer, M.D., FACSM, Assistant Professor of Pediatrics, Nationwide Children’s Hospital
· **ACSM’s Health & Fitness Summit & Exposition** – a fitness-focused conference that offers a full spectrum of programming, from science to practical application, workouts, workshops and more.

· **ACSM Regional Chapter Meetings** – easy access to educational, research-focused meetings that provide presentation and award opportunities, networking and career advancement for students and professionals alike.

· **ACSM Team Physician Course** – the latest research covering evaluation and treatment of injuries and illnesses occurring in competitive and recreational athletes from team and individual sports.

· **ACSM Roundtables and Specialty Conferences** – in-depth exploration of critical health and science issues focused on expert research, public awareness and establishing consensus.

· View upcoming and past events, and learn how to submit proposals at: [www.acsm.org/attend-a-meeting](http://www.acsm.org/attend-a-meeting)

**NETWORKING & COMMUNITY**

· **Access to and use of ACSM’s comprehensive member directory** – find other members for networking, job opportunities, special projects and more.

· **ACSM Career Center** – Launching in fourth quarter 2016 is ACSM’s Career Center. This new, online job board, will be your premier resource for making online employment connections in the sports medicine and exercise science industries. Employers are looking for qualified sports medicine and exercise science professionals such as yourself! If you are job seeking, make sure your resume is being seen by those in the industry who matter most. The ACSM Career Center will offer you free and confidential resume posting, automated weekly email notification of new job listings, and the ability to save jobs for later review.

· **Special Interest Groups** – Passionate about a specific topic or interest? Join an ACSM Special Interest Group for conversation and debate with professional peers. Topics range from aging to winter sports, and many more.

· **ACSM on Social Media** – Join conversations online as they happen: share your viewpoint, research, and more on Facebook, Twitter and LinkedIn.

· **Upcoming ACSM.org Community** – Launching in late 2016, this interactive community will feature your membership profile, your areas of interest and expertise, online forums for conversation and more, all free for all members.

**LEADERSHIP**

· **Public Policy** – Impact public health and legislation by serving as a Key Contact to your state or national elected officials and larger community. And, receive ACSM Action Alerts and know when to take action and make a difference in current policies.
BENEFITS OF ACSM MEMBERSHIP

- **Mentoring** – Help guide, train, and advise the next generation of exercise science and sports medicine leaders from students to fellows by joining ACSM’s Leadership & Diversity Training Program.

- **Committee Participation** – Provide national-level organizational guidance and direction by serving on an ACSM Committee that aligns with your interests.

- **Voting Privileges** – Cast your vote and determine the officers who represent ACSM to all members, the larger exercise science and sports medicine community, and the public.

**DISCOUNTS**

- **Event Registration** – Save money on ACSM’s signature conferences and events (Annual Meeting, Health & Fitness Summit & Exposition), as well as specialty and affiliate conferences.

- **Continuing Ed.** – All members are eligible for savings on courses at ACSM’s online learning platform, which includes publication self-tests on current and past issues of ACSM’s Certified News and ACSM’s Health & Fitness Journal®.

- **Certification** – Planning on earning a fitness, clinical or specialty certification from ACSM? Members receive a $60 discount on any certification exam.

- **Insurance & Consumer Products** – Take advantage of ACSM member discounts on everything from insurance (health, liability and more), consumer products such as rental cars, LifeLock identity protection, pharmacy discounts and more.

**AWARDS & GRANTS**

ACSM members are eligible for a number of awards and grants, including research endowments, international student awards, travel and entry into signature ACSM conferences, and career honors. From highlighting your work, service and leadership, to financially supporting future fellows—your ACSM membership means you’re qualified to apply and be recognized.

**REGIONAL CHAPTERS**

Are you a student looking to build your resume and professional relationships? A faculty member seeking educational opportunities for yourself or your students? A young professional honing your presentation or research skills? Or maybe you just can’t make it to this year’s ACSM Annual Meeting.

In addition to your membership, join one of ACSM’s 12 Regional Chapters and you’ll find:

- Regional Chapter meetings and events
- Additional networking potential that’s close to you
- Discounts on educational programming
- Student awards and scholarships
- Leadership and professional development opportunities

“I was surprised at the ease of utilizing and the community atmosphere present in such a large organization.”

—Anthony Santos, ACSM Certified Exercise Physiologist, Student at Northern Arizona University
Signature Initiatives

Connect with passionate professionals across communities.

Whether you’re focused on your community, country or the world—ACSM has multiple avenues to share a commitment to professional development, public health, exercise and fitness initiatives, and more, by joining our worldwide network of passionate members. ACSM’s signature initiatives focus on some of the most critical issues in sports medicine, exercise science and physical activity. Visit each website to learn how you may support these programs.

- **Exercise is Medicine® (EIM)** – EIM brings together community healthcare providers, health fitness professionals and policy makers to promote physical activity and exercise as a means to prevent disease and improve health.
  exerciseismedicine.org

- **American Fitness Index® (AFI)** – Learn how the health and fitness of your community stacks up, and what you can do to create an impact with additional resources and the AFI community action guide.
  americanfitnessindex.org

- **ActivEarth** – ActivEarth is an innovative global-scale, science-based and science-informed initiative intent on improving public health, the environment and the economy through greater levels of physical activity.
  activearth.org

- **NYSHSI** – The National Youth Sports Health & Safety Institute is dedicated to being the recognized leader and advocate for advancing and disseminating the latest research and evidence-based education, recommendations and policy to enhance the experience, development, health and safety of our youth in sports.
  nyshsi.org
Once you become an ACSM member, keep your membership current so that you don’t miss valuable information, career and networking opportunities, awards and grants and more.

UPDATING YOUR PROFILE
Have a change in address, job or career? Keep your member profile updated and accurate to make sure you receive the latest relevant information. Plus, keeping your member directory entry up-to-date means you’ll be accessible to fellow members worldwide.

RENEWAL
ACSM makes it easy to renew your membership, with email and print reminders starting three months out from your yearly renewal date. Renew online anytime at ACSM.org by logging into your ACSM portal.

“ACSM was an easy choice—they have the highest quality training, materials and knowledge base. I’m grateful for all of the webinars, workshops, and being part of the leading forces in health & wellness.”

—Patricia McGowan,
Certified Personal Trainer
About ACSM

The global leader in sports medicine and exercise science.

Representing 70 occupations within the sports medicine field, the American College of Sports Medicine (ACSM) has more than 50,000 members and certified professionals from more than 100 countries around the world.

ACSM is the only organization that offers a comprehensive view of the profession. From academicians to students and from personal trainers to physicians, our association of sports medicine, exercise science and health fitness professionals is dedicated to helping people worldwide live longer, healthier lives.

Through research, instruction and certification, ACSM members and certified professionals make a difference every day. Their groundbreaking research and collaboration drives innovation and progress across the dimensions of science, practice, education and policy.

Since 1954, ACSM has engaged students, physicians, academicians and researchers at the regional, national and international levels with the very best the field has to offer.

Contact ACSM Membership:
401 West Michigan Street,
Indianapolis, IN 46202-3233
membership@acsm.org
(317) 637-9200, ext. 309
www.acsm.org