

**Mid-Atlantic Regional Chapter of the American College of Sports Medicine  
Early-Stage Investigator Awards**

To support early-stage investigators aiming to advance the science and practice of sports medicine and exercise, the Mid-Atlantic Regional Chapter of the American College of Sports Medicine is pleased to announce the Early-Stage Investigator Awards. The Early-Stage Investigator Awards recognize two (2) new investigators of the chapter and provide \$1,500 in support of collecting preliminary data, which can be leveraged when applying for larger private and/or federally funded grant applications in the future.

To be considered for an Early-Stage Investigator Award, candidates must be current members (in good standing) of the Mid-Atlantic Regional Chapter and American College of Sports Medicine, be an early-stage investigator (no more than 10 years past earning a terminal academic or clinical degree). Candidates serving in a faculty (no higher than assistant professor or equivalent), clinical or professional role within an academic, clinical, or professional setting, and not have previously received private or federal funding in total or excess of \$100,000 will qualify and be considered for these early-stage investigator awards.

**SUBMISSION CHECKLIST:**

1. A National Institutes of Health biosketch (not more than five single-spaced pages). Please follow the National Institutes of Health Biosketch Format Page and Template, [here](#).
2. A letter of support from the candidate's chair/supervisor, indicating that if the project is funded, protected time will be given to the candidate to successfully complete the project in one-year.
3. Narrative research plan (not more than five single-spaced pages) including appropriate sections on the project's specific aims, significance, investigators, innovation, approach and environment and resources/budget.

**DUE DATE:** July 31<sup>st</sup>, 2022 at 11:59 p.m. EDT

**REVIEW:** Submitted applications will be reviewed by the Mid-Atlantic Regional Chapter of the American College of Sports Medicine's Research Committee. Scoring criteria made by the Research Committee will follow a standard National Institutes of Health (NIH) format. The NIH uses a 9-point rating scale (1=exceptional; 9=poor) for all applications. All scores made by the Research Committee are final and are not subject to appeal for this mechanism. All reviews for the early-stage investigator awards will be completed confidentially, and no face-to-face or remote discussions will occur between applicants and anyone from the Research Committee about the decisions made regarding individual review of any application.

**AWARD:** The Mid-Atlantic Regional Chapter of the American College of Sports Medicine will be offering two (2) Early-Stage Investigator Awards. Each award will provide complimentary registration to the Mid-Atlantic Regional Chapter's Annual Meeting. Each award recipient will be expected to attend the Annual Awards Banquet and Student Luncheon, or if transitioned to a virtual platform, be present at the Awards Ceremony held virtually at the end of the Annual Meeting in recognition of receiving the award. Candidates who receive funding will have one year to complete the proposed project and must present the research as either a conference poster/e-poster or slide presentation at the MARC-ACSM Annual Meeting in November 2022.

## Early-Stage Investigator Award Requirements

1. Applicant must have been within 10 years of completing a terminal degree or within 10 years of completing medical residency. Applicants should hold a rank of no higher than Assistant Professor or equivalent and must be from an academic institution that is not a Carnegie R1 classification. Please direct any questions regarding eligibility to [research@marcacsom.org](mailto:research@marcacsom.org).
2. Applicant must be a current member of ACSM or one of its Chapters at both the time of application and at the time the award is presented. If not currently a member, please visit [www.acsm.org](http://www.acsm.org), and click on the “Membership” tab for information, benefits, and instructions.
3. Previous recipients of grant awards (within or beyond ACSM) in total or excess of \$100,000 are not eligible for this mechanism. Applicants who are applying for this mechanism as a supplement to another previously awarded mechanism must indicate how the supplement will help them complete the project.
4. Applicant must submit a narrative research plan not more than five pages (excluding references). The research plan must be single spaced, 11 pt. font (Times New Roman, Arial or Calibri), 1-inch margins. The following sections must be included:
  - a. specific aims (1 page limit)
  - b. significance
  - c. investigators/mentors
  - d. innovation
  - e. approach and environment.

**Early-Stage Investigator  
Award Application  
Cover Page**

Name: \_\_\_\_\_ ACSM Member ID: \_\_\_\_\_

Academic Position: \_\_\_\_\_

Institution: \_\_\_\_\_

Mailing Address:  
\_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Country: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Daytime Telephone: \_\_\_\_\_

**Submission Checklist**

**The following items must be included and combined into a single Adobe Acrobat (PDF)**

**File:**

- Completed Award Application Cover Page (page 1)
- Biographical Sketch (pages 2-6)
- Copy of Research Plan (pages 7-11)
- Letter of Support (pages 7-11)

**Application must be received at [research@marcacs.org](mailto:research@marcacs.org) by 11:59 p.m. on July 31, 2022.**

MARC-ACSM, PO Box 1440, Indianapolis, IN 46206-1440