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**SWACSM 2020**
**(page 1 of 2)**

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**Name:** _____

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**Pre-recorded Presentations Viewed (check all that apply)**

**Fitness Industry Insights**

☐ Eric Martin, PhD: Telling them the good or bad news: informing clients of fitness test results
☐ Jason Karp, PhD: The habits of successful weight losers
☐ Eric Durak, MS: Data and Population Health in Exercise

**Physical Activity Assessment: Wearable Activity Monitors**

☐ Albert Mendoza, PhD: Validity of consumer wearable sensors
☐ Robert Salatto: The evolution of wearable devices
☐ Brenna Barrios, The current state of technology devices in applied settings
☐ Brayden Jolley: The needed considerations in current testing models
☐ Bryson Carrier: The future of wearable exercise testing

**Neurobiology: Neurological Disorders & the Effect of Exercise**

☐ Areum Jensen, PhD: Pathophysiological alterations to exercise in adults with Cerebral Palsy: From musculoskeletal to cardiovascular systems
☐ Janina Krell-Roesch, PhD: Relationship between physical activity and dementia in older adults: Findings from observational and interventional students

**Neurobiology: Repetitive Head Impacts**

☐ Nicholas Murray, PhD: Repetitive Head Impacts: What are they and why should we care?
☐ Nicholas Cecchi: Best practices for measuring head impact exposure
☐ Laura Kunces, PhD, RD: Clinical labwork and actionable recommendations for athletes

**Biomechanics of Running**

☐ Iain Hunter, PhD: Marathon racing shoes: It's more than just the color
☐ Jenevieve Roper, PhD: Gait Retraining: Friend or Foe?

**Metabolism: Diet and Exercise**

☐ Glenn Gaesser, PhD, FACSM: Can you outrun a bad diet?

**Metabolism: Female Athlete Challenges**

☐ Gretchen Casazza, PhD: Effects of oral contraceptives on exercise performance and bone health
☐ Karine Schaal, PhD: Decreased energy availability and suppressed ovarian function in overreached female runners
☐ Gwenaelle Begue, PhD: Research gaps and perspectives: Menstrual cycle phase effects on resistance training adaptations, performance, and recovery

**Environmental Physiology**

☐ Khalil Lee, PhD: Heat stress and solar load: Implications for endurance runners and cyclists

**Continuing Education Credit Request Form**
**SWACSM 2020**
**(page 2 of 2)**

## Pre-recorded Presentations Viewed (continued) (check all that apply)

**Nutrition: Plant-based Diets and Athletic Performance**

☐ Heidi Lynch, PhD, RDN: Plant-based diets: what are they, and why should athletes care?
☐ Mark Messina, PhD: Effects of soy protein on hormone levels and gains in muscle mass and strength
☐ Nanci Guest, PhD, RD: How athletes excel on plant-based diets: The science and practice
☐ Alba Reguant Closa, RD: Sustainability integration into sports nutrition: Practical applications from field to plate

**Athlete Care: Paralympic Athletes and Performance**

☐ Amber Donaldson, DPT: Return to performance for the adaptive athlete: The multidisciplinary approach
☐ Jacque Scaramella: Sports nutrition challenges for Paralympic Athletes

**Undergraduate Student Research Competition**

☐ Kevin Pilotzi: Comparing positions for handgrip dynamometry
☐ Alisha Poudel: Ground reaction forces generated by a lower body negative pressure exercise device for space flight
☐ Rosalba Saavedra: Relationship between walking speed and key vital signs in young adults
☐ Nicole Vargas: Changes in gait kinematics after strength rehabilitation for medial tibial stress syndrome: A preliminary case study

**Graduate Student Research Competition**

☐ Matthew Chatlaong: Acute strength loss following strength training and cycling interval training at low and preferred cadences
☐ Landon S. Deru: The effects of exercise on beta-hydroxybutyrate concentrations over a 36-hour fast: A randomized crossover study
☐ Michael Dial: Physical inactivity does not impair the insulin-lowering effects of moderate-intensity exercise, yet it does impair fat metabolism
☐ Gabrielle Teitelbaum: The average macronutrient composition and calorie content of fueling station snack selections of NCAA Division I athletes

## Zoom Webinar Sessions Attended or Viewed (check all that apply)

☐ Undergraduate Student Research Competition Q and A
☐ Graduate Student Research Competition Q and A
☐ Health and Performance Q and A Panel

**Number of Posters Viewed from Poster Session:** ☐