



The American College of Sports Medicine® (ACSM) is pleased to present Lyle J. Micheli, M.D., FACSM, with the 2021 ACSM Honor Award for his profound contributions to the fields of sports medicine and exercise science.

Dr. Micheli earned an AB, cum laude, in chemistry from Harvard College in 1962 and an MD from Harvard Medical School in 1966. He performed a general surgery internship and residency at the University Hospital of Cleveland from 1966 to 1968, a residency in orthopaedic surgery in the Harvard Combined Residency Program in Orthopaedic Surgery at Massachusetts General Hospital and Boston Children's Hospital from 1968 to 1972, and served as a Berg-Sloat Travelling Fellow in pediatric orthopaedic surgery for the Orthopaedic Research Society in 1972. From 1972-1974, Dr. Micheli served as active duty in the US Air Force.

Dr. Micheli is director emeritus of the Boston Children's Hospital Division of Sports Medicine – which he founded – and an orthopaedic representative for the Physician's Organization at the same institution. He became an ACSM fellow in 1979, served as president of the New England Chapter of ACSM from 1980 to 1981, served on the ACSM Board of Trustees from 1980 to 1984, became ACSM vice president for medicine in 1982, and was eventually voted president-elect and president of ACSM from 1988 to 1990. He also helped develop ACSM's Team Physician Course.

In April 2013, Dr. Micheli founded and opened The Micheli Center for Sports Injury Prevention in Waltham, Massachusetts with a second location opening in October 2020 in Norwood, Massachusetts. The mission of The Micheli Center is to provide research-based evidence to help athletes prevent injuries or safely return to sport while enhancing performance.

Dr. Micheli is the author or editor of 26 books and author or co-author of more than 200 peer-reviewed articles, not to mention 244 other articles and book chapters. He has served as lead for medical care at the Boston Marathon's finish line for four decades, a physician for the Boston Ballet for three and a half, a team physician for US Figure Skating for two, and has likewise been a member of the board of the US Rugby Football Foundation for 30 years. Dr. Micheli was inducted into the US Rugby Hall of Fame in 2017.

According to nominator Dr. Angela D. Smith, FACSM, "Dr. Micheli is clear in his teaching and in the standards he expects from himself, his students, and his colleagues. We former fellows, residents, and other colleagues who are fortunate to count him as our mentor honor his knowledge, integrity, initiative, surgical skill, organization, and friendship. He has developed a cadre of physicians, scientists, and



other sports medicine care providers who are lifelong friends, united in their love and respect for this honorable and visionary rugby player and clinician-scientist. No one has done more to evaluate, treat, research, and educate about the needs of young people participating in sports and fitness activity than Dr. Lyle Micheli.”

ACSM is proud to present Dr. Micheli with the 2021 Honor Award.