

American College of Sports Medicine 2023 Citation Award

Presented to

Jill Kanaley,
Ph.D., FACSM

Jill Kanaley, Ph.D., FACSM, is professor and interim chair of the Department of Nutrition and Exercise Physiology at the University of Missouri-Columbia, where she studies, among other avenues of research, exercise endocrinology and metabolism, Type 2 diabetes and weight loss, the effects of exercise timing and the effects of meal frequency on glycemic control and hormonal response. She was nominated for an ACSM Citation Award by Bo Fernhall, Ph.D., FACSM.

Dr. Kanaley earned a Bachelor of Arts-Bachelor of Physical Health Education in physical education and biology from Queens University in 1981, a Master of Science in exercise physiology from the University of Illinois in 1983 and a Ph.D. in exercise physiology from the same in 1989. She has been a senior research fellow at the Mayo Clinic's Endocrine Research Unit (1989-92) and a research associate in Department of Internal Medicine at the University of Virginia (1992-94).

Dr. Kanaley has occupied varied roles at a number of prestigious institutions, including assistant professor (1995-2000), associate professor (2000-8), professor and interim chair of the Department of Exercise Science (2008-9), and director of the Human Performance Lab (1995-2009) at Syracuse University; visiting scientist at Aarhus Kommunehospital (Denmark; 1999); adjunct professor at Murdoch University (Australia; 2012); a Jefferson Science Fellow for the U.S. Department of State's Office of the U.S. Global AIDS Coordinator and Global Health (2015-6); and professor in the Department of Nutrition and Exercise Physiology (2009-present), associate department chair of the same (2010-21), department director of graduate studies (2011-21), HES associate dean of research and graduate studies (2020-1) and interim chair of nutrition and exercise physiology (2021-present), all at the University of Missouri-Columbia.

Dr. Kanaley has produced more than 140 peer-reviewed publications, given many national and international presentations and garnered significant external funding for her work. Her first peer-reviewed paper, which explored anaerobic threshold in children, is one of the most extensively cited texts in pediatric exercise physiology. She has likewise received numerous honors and accolades, including the MU HES 2015 Distinguished Research/Creative Activity Award.

Dr. Kanaley was first introduced to ACSM while pursuing her doctorate at Illinois. She has been an ACSM fellow since the early 2000's and has contributed extensively to the college, from serving as president of the Mid-Atlantic chapter (2005-6) to a member of the Board of Trustees (2010-14), Program Committee (2008-16) and Science Integration and Leadership Committee (2018-present), among many other roles. Some of her most recent work includes the 2022 ACSM position paper "Exercise/physical activity in individuals with Type 2 diabetes."

According to Dr. Fernhall, "Dr. Kanaley is a great example of an academic and research 'triple threat' as she is an outstanding scientist, educator and mentor, and a dedicated professional who serves her academic institution, professional organizations including ACSM, and the professional community in general."

It is with great pleasure and gratitude that ACSM presents Dr. Kanaley with a 2023 Citation Award.



Anastasia Fischer, M.D., FACSM
President



Irene S. Davis, Ph.D., PT, FACSM
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