

# American College of Sports Medicine 2023 Citation Award

Presented to

**Jorge Franchella,**  
**M.D., FACSMM**

Jorge Franchella, M.D., FACSMM, is a cardiologist, exercise science specialist and chief medical officer at the School of Medicine University of Buenos Aires — a tireless advocate for both physical activity and for ACSM across Latin America. He earned his medical degree from the University of Buenos Aires School of Medicine in 1974 and completed cardiology training at the Argentine College of Cardiology, in 1980. He was nominated for a Citation Award by Stella Volpe, Ph.D., RDN, ACSM-CEP, FACSMM.

Dr. Franchella became a member of ACSM in 1992 and a fellow in 1997, and he has worked in myriad capacities for the college over the years. His impact on physical activity and health within Argentina and throughout Latin America has likewise been significant. Dr. Volpe notes that “he is an influencer for about 150,000 Argentine medical doctors and 150,000 fitness professionals, and he ties all his work to ACSM.”

Among countless other activities, Dr. Franchella is currently National director of Exercise is Medicine® in Argentina, director of the Exercise Cardiology Council within the Argentine Society of Cardiology, the director of the Physical Activity Council of the Argentine Society of Medicine, the director of sports medicine at the River Plate University Institute, and director of the Physical Activity Program for Health and Sports at the University of Buenos Aires Clinical Hospital.

He is also an Angiology Specialist since 1978 and was Secretary of the Argentine Society of Angiology. He has worked for more than forty years in rehabilitation of handicapped people, specifically with amputees and locomotor issues.

Dr. Franchella has been a member of the editorial board of the Health and Fitness Journal and is currently a member of the advisory board of the Current Sports Medicine Report. Since 1990, he has been the head of testing groups of Exercise Physiology in high performance sports in soccer, rugby, and tennis of international players. Dr. Franchella is also the director of the degree in Physical Education at the National University of San Martín. He has participated for the last 30 years in different scientific societies as referent of physical activity in diabetes, obesity, and women’s reproductive endocrinology. He is the director of exercise physiology in the Occupational Medicine Specialist Course at Argentine Catholic University.

Dr. Franchella has also written several consensus statements, book chapters, and peer-reviewed publications, and he received the International ACSM Odyssey Award for Contributions to Physical Activity and Health in 2014 due to his profound influence on health and interdisciplinary care. He has also served as a member of the ACSM International Relations Committee from 2003 to 2008, and from 2020 to 2023, and he is the current international Trustee Board member (2020-3).

In 2001, Dr. Franchella hosted the International Team Physician Course and in 2021 organized and hosted an online Spanish-language sports medicine course through ACSM that attracted over 1,000 participants and convened Spanish-speaking leaders in the field. He has also performed extensive work translating ACSM’s resources and writings into Spanish, most recently contributing to the ACSM International Health & Fitness Summit in Spanish, drastically increasing the meeting’s level of access and potential audience.

As Dr. Volpe notes, “Dr. Franchella is a prime example of the blend of science, medicine, and service that makes ACSM great.”

ACSM is honored to present our esteemed colleague Dr. Franchella with a 2023 Citation Award.



Anastasia Fischer, M.D., FACSMM  
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