

Kathryn Ackerman, MD, MPH, FACSM, is an Associate Professor of Medicine at Harvard Medical School, and the Medical Director of the Wu Tsai Female Athlete Program, Division of Sports Medicine, Boston Children's Hospital. She is the chair of USRowing's Medical and Sports Science Committee, co-chair of the US Olympic and Paralympic Committee's Women's Health Taskforce, and a member of the Women's Tennis Association's Women's Health Taskforce. Dr. Ackerman has made tremendous contributions to sports medicine through her clinical care, research, advocacy, and scholarship in women's health issues and sports endocrinology.

Dr. Ackerman is board certified in Internal Medicine, Sports Medicine, and Endocrinology, Diabetes and Metabolism, and has established a niche in sports endocrinology. She is a sought-after clinician and speaker, and a dedicated educator. She has mentored countless colleagues and students in the medical and research arenas. She has published research funded by the National Institute of Health, the Department of Defense, the American Medical Society for Sports Medicine, the American College of Sports Medicine (ACSM), and the Wu Tsai Human Performance Alliance. Her original research in female athletes with oligo/amenorrhea and low energy availability have changed clinical practice guidelines. Her collaborative work and involvement in position statements and other publications are referred to by sports medicine providers and researchers around the world.

Kate has been on task forces in the Bone Health and Osteoporosis Foundation (BHOFF) and the National Collegiate Athletic Association, providing expertise in bone health and other sports endocrine issues. She is the creator and course director of the Female Athlete Conference, the first conference in the US dedicated to the female athlete. First held in 2013, and now a biennial, international event with over 1400 attendees and speakers from 38 countries at the most recent conference. She has served on various International Olympic Committee working groups and scientific committees, including those for Relative Energy Deficiency in Sport (REDs) and Women's Health projects and guidelines. These local, national, and international opportunities have allowed Dr. Ackerman to provide evidence-based information regarding sports medicine to national and international audiences- having given over 300 presentations to date.

Dr. Ackerman has been a member of ACSM for over 20 years and has contributed as a speaker and volunteer in various roles. She resurrected and chaired the BONE Interest Group from 2014-18, has served on the Medical Education Committee since 2014, the Annual Meeting Planning Committee since 2019, and the Board of Trustees since 2022. She is Chair of the writing group for the combined BHOFF/ACSM Position Statement on Exercise for Bone Health. She also served as an ACSM delegate for the South African Sports Medicine Association meeting in Cape Town, South Africa, in 2017. She has published 120 peer-reviewed papers, as well as 34 chapters or commentaries. Dr. Ackerman demonstrates excellence in her leadership, commitment to education, mentorship, clinical care, and health advocacy. Her accomplishments include her quality research and scholarship in sports endocrinology, as well as other aspects of sports medicine and exercise science.