2022 ADVANCED TEAM PHYSICIAN COURSE

NOVEMBER 30 - DECEMBER 2, 2022
Hyatt Regency Savannah | Savannah, Georgia

PRELIMINARY PROGRAM

www.amssm.org
COURSE DESCRIPTION
The Advanced Team Physician Course aims to provide up-to-date information on the evaluation and treatment of medical illnesses and musculoskeletal injuries occurring in competitive and recreational athletes. While the course focuses on athletes participating in team sports, many topics are applicable to competitions in individual sports. This live activity format uses lectures, case presentations, panel discussions, question-and-answer sessions as well as informal discussions with the faculty. Presenters rely on evidence-based medicine where available. This course is a collaborative effort between the American Medical Society for Sports Medicine (AMSSM), the American College of Sports Medicine (ACSM) and the American Orthopaedic Society for Sports Medicine (AOSSM).

TARGET AUDIENCE
This conference should prove valuable to any team physician, certified athletic trainer, physical therapist or allied health professional concerned with the management or prevention of injuries to the team athlete.

COURSE PLANNING COMMITTEE

AMSSM
Jonathan T. Finnoff, DO (Program Chair)
Carly Day, MD

ACSM
Peter G. Gerbino, MD
Carrie A. Jaworski, MD

AOSSM
Geoffrey S. Baer, MD, PhD
Matthew J. Matava, MD

QUESTIONS/INFORMATION
American Medical Society for Sports Medicine
4000 West 114th Street, Suite 100
Leawood, KS 66211
Phone: (913) 327-1415
Fax: (913) 327-1491
Email: Ellen Glasgow at eglasgow@amssm.org
Upon completion of this educational activity learners should be able to:

- Describe common knee injuries seen in combat athletes and treatment options in managing the combat athlete.
- Discuss the physical exam, radiographic findings and treatment considerations in managing a combat athlete with should instability.
- Evaluate hand and wrist radiographs, CT scans and MRIs of common hand and wrist injuries.
- Identify common ligament and tendon injuries of the hand and wrist seen in athletes.
- Identify anatomy of the elbow.
- Discuss the phases of throwing and which injuries are associated with each phase.
- Create interventions specific to children for the various injuries.
- Identify and treat tennis elbow, Golfer’s elbow and other adult conditions.
- Discuss accurate recommendations and expectations for patients with osteochondritis dissecans.
- Accurately diagnose and treat UCL injuries and know when to refer for surgery.
- Identify various operative possibilities and rehabilitation strategies for athletes.
- Discuss how to treat the most common injuries and medical conditions experienced by cyclists.
- Describe the most common medical conditions affecting the endurance athlete with an emphasis on the unique considerations of the ultra-endurance athlete.
- Evaluate and treat those injuries and conditions most commonly experienced by beach volleyball athletes.
- Discuss the most common medical conditions related to the combination of running, cycling and swimming experienced by the tri-athlete.
- Evaluate the most common orthopedic conditions experienced by swimmers with formulation of an effective treatment plan.
- Describe the on-field evaluation, principles of transfer and triage of acute cervical spine injuries in the collision athlete.
- Identify and prioritize the key factors needed to determine whether or not an athlete can return to competition following an acute spinal injury.
- Discuss the diagnostic algorithm required for some of the less common causes of back pain in active adults.
- Describe the principles of return-to-play following various surgical procedures on the spine.
- Discuss the basic concepts and functional milestones related to the rehabilitation of spinal injuries and surgery.
- Identify the indications, surgical principles, potential complications and clinical outcomes following disc replacement in active adults.
- Recognize the medical and legal issues related to LGBTQ+ athletes.
- Describe the science currently available regarding the use of orthobiologics intra-operatively in the sports medicine arena.
- Discuss how to develop and implement Emergency Action Plans that address the numerous scenarios that sports medicine teams may face in the current environment.
- Identify controversial topics in running medicine and develop best practices related to such topics.
- Discuss the resources and best practices that are available to protect athletes and the role that the sports medicine team plays in such care.
- Review updates to concussion care as it relates to the 6th International Concussion Consensus Conference.
- Discuss counseling strategies and collaborate with psychology colleagues to elevate care of athletes with eating disorders.
- Initiate medication prescriptions for patients with eating disorders due to gaining knowledge of indications and outcomes.
- Discuss gender differences to ensure equitable care for all athletes presenting with eating disorders.
- Identify racial differences to ensure equitable care for all athletes presenting with eating disorders.
- Describe how to overcome common obstacles of treating athletes with eating disorders that includes leading a multidisciplinary team, initiating treatment agreements and navigating return to play.
- Identify the ulnar nerve on an ultrasound image.
- Identify median nerve on an ultrasound image.
- Identify the radial nerve on an ultrasound image.
- Identify lateral elbow pathology on an ultrasound image.
- Identify the distal radio-ulnar joint on an ultrasound image.
- Identify dorsal wrist pathology on an ultrasound image.
- Identify the median nerve on an ultrasound image.
- Identify volar wrist pathology on an ultrasound image.
- Describe how to develop a personal vision statement.
- List several important steps involved in the development of the medical plan for the Olympic and Paralympic Games.
- Discuss the different pathways that can be taken to become a physician at the Olympic or Paralympic Games.
- Describe how the US Olympic and Paralympic Committee utilized the Sports Mental Health.
- Assessment Tool prior to the Tokyo and Beijing Olympic and Paralympic Games.
- Discuss the Team USA injury and illness epidemiology at the Tokyo and Beijing Olympic and Paralympic Games.
- List some mental health resources available to athletes that can assist them as they retire from sport.
- Identify the indications for exercise performance tests in the care of athletes and their use in developing training plans.
- Describe the impact of sleep quality on athletic performance.
- Discuss the effects of acclimatization on sports performance.
- Describe how menstrual function and dysfunction impacts sports performance.
- Identify nutritional concepts as they relate to sports performance.
PROGRAM INFORMATION
ACSM, AMSSM and AOSSM attest that the people responsible for the development of this live activity did so independently and were not influenced by commercial supporters.

DISCLOSURE STATEMENT
The ACSM Policy on the Standards for Commercial Support require all faculty, planners and others involved in the development and execution of a CME activity to disclose any relevant financial relationships with commercial interests they or their spouse/partner have with either the supporters of this activity or commercial entities related to their financial relationships. All conflicts will be resolved prior to the commencement of the course and provided to the learners in the Final Program. Anyone who refuses to provide disclosure information will be disqualified from participation.

STATEMENT OF NEED
A need for this live activity has been determined based on identifying professional practice gaps and previous course evaluations. The content of this course was based on current issues and hot topics provided by ACSM, AMSSM and AOSSM membership and leadership.

IMAGE/LIKENESS/VOICE RELEASE
I understand and agree that, as a result of participating in the 2022 Advanced Team Physician Course, my image, likeness or voice may be recorded by photography, video or other medium. I hereby grant irrevocable and unrestricted permission to ACSM, AMSSM and AOSSM and its representatives or assignees to use my image, likeness or performance in any medium and for any purpose. I hereby waive any right to inspect or approve such use or materials. Your submission of this registration form acknowledges acceptance of these terms.
REGISTRATION INFORMATION

ADVANCE REGISTRATION
(Must be received by November 16, 2022)
Advance registration is strongly recommended and must be received by November 16, 2022. After this date, advance registration will no longer be available so attendees should plan to register on-site beginning November 30, 2022. Please Note: Registration rates increase by $50.00 for on-site registration.

ON-SITE MEETING REGISTRATION
On-site registration will begin Wednesday, November 30 at 7:00am and continue daily during the course hours.

REFUND POLICY
A written request must be received in the AMSSM office by U.S. Mail or emailed to Ellen Glasgow and Michele Lane at registration@amssm.org by November 16, 2022. The registration fee minus a $150 USD processing fee will be refunded. No refunds will be accepted after November 16, 2022. Refunds will not be issued for cancellations made after the course begins for no-shows.

The planners and sponsors of this event claim no liability for the acts of any suppliers to this meeting, or the safety of any attendee at or while in transit to this event. The planners and sponsors reserve the right to cancel this event without penalty. Attendees who purchase non-refundable airline tickets do so at their own risk. The total amount of any liability of the planners and sponsors will be limited to a refund of the registration fee. Your submission of the registration form acknowledges acceptance of these terms.

TO REGISTER FOR THE COURSE
Online registration:
Please register online to guarantee your place at the conference. You have the option to pay by check or credit card when registering online. A receipt will be generated upon completion of your online registration. When mailing your check payment to the AMSSM office, please include a copy of your online registration receipt.

OR, print and return the registration form:
If you prefer to fax (913) 327-1491 or mail in your registration, your spot is not guaranteed until your registration is processed. For faxed or mailed registration, please return the registration form from the last page of this brochure—type or print legibly. One form must be completed for each registrant.

COVID-19 DISCLAIMER
COVID-19 Policy for the 2022 Advanced Team Physician Course
All meeting attendees including participants, speakers, exhibitors, staff and guests must:
• Be fully vaccinated for COVID-19 as defined by the CDC at the time of the meeting,
• Or, submit proof of a negative COVID-19 test taken within 72 hours prior to the meeting.

On the registration form, all attendees will be required to complete an Attestation Statement indicating if they’re fully vaccinated. If not fully vaccinated, attendees must show proof of a negative COVID-19 test taken within 72 hours prior to arrival at the on-site meeting registration desk. Masks are recommended at meetings to slow the spread of COVID-19, except when presenting, eating or drinking. This policy is subject to change, dependent upon case rates.

Specifically relating to the global COVID-19 pandemic, attendees acknowledge the highly contagious nature of COVID-19 and voluntarily assume the risk of exposure or infection by attending this conference and that such exposure or infection may result in personal injury, illness, disability and/or death to attendee. Attendee understands that the risk of becoming exposed to or infected by COVID-19 from the actions, omissions or negligence of others who may attend the conference or their families, colleagues or others with whom they may have contact. Accordingly, attendee understands and agrees that this release includes any claims based on the actions, omissions or negligence of Conference sponsor, its employees, agents and representatives, whether a COVID-19 infection occurs before, during or after participation in the conference. Attendee agrees to comply with all COVID-related procedures that may be implemented including, but not limited to, being fully vaccinated, mask-wearing and social distancing requirements and restrictions on certain activities that carry higher COVID-related risk, in order to protect as much as possible, the health and safety of all attendees.

Note on Fee Differential: Registration costs are predicated on attendees staying at the Hyatt Regency Savannah. A $150 USD differential is assessed to registrants staying at other hotels to offset expense incurred. Meeting registrants will be confirmed with the Hyatt Regency Savannah master list (the above registration fees do not include hotel).

<table>
<thead>
<tr>
<th>Registration received by November 16, 2022</th>
<th>On-Site Registration (Beginning on November 30, 2022)</th>
</tr>
</thead>
<tbody>
<tr>
<td>If staying at Hyatt Regency Savannah</td>
<td>If staying at Hyatt Regency Savannah</td>
</tr>
<tr>
<td>Members of ACSM, AMSSM, AOSSM</td>
<td>If staying at other hotel</td>
</tr>
<tr>
<td>$650</td>
<td>$700</td>
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<tr>
<td>$800</td>
<td>$800</td>
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</tbody>
</table>

Please Note:*Students, residents and individuals in a fellowship program can deduct $100 from the above fees (proof to be included with registration).
HOTEL ACCOMMODATIONS

COURSE LOCATION
All educational sessions will be held at the Hyatt Regency Savannah. The hotel overlooks the Savannah River and is located in the historic Savannah District. This coastal city is filled with Southern charm and is approximately a 12-minute walk (0.6 miles) to the cobblestone River Street with shops, restaurants and pubs. Other area attractions include museums, ghost walks, sightseeing cruises and golf courses.

ROOM/RATE AVAILABILITY
A block of rooms has been reserved at the guest room group rates (shown below). These rates do not include applicable state/local taxes and fees in effect at the time of the event (currently 13%, subject to change without prior notice) plus a $1.00 City of Savannah Fee and a $5.00 Georgia Motel/Hotel Fee. All reservations must be guaranteed with a deposit of one night’s rate plus applicable taxes and fees listed below in effect at the time of the event with a valid credit card. Guest room group rates will be available for two (2) days pre- and post-official event dates (11/29/2022-12/1/2022) based on hotel standard room availability and must be requested when making your room reservation.

Room/rate availability can only be guaranteed until November 8, 2022 OR UNTIL THE BLOCK OF ROOMS IS SOLD OUT, WHICHERVER COMES FIRST!

Please make your reservation early.

GUEST ROOM GROUP ROOM RATES

<table>
<thead>
<tr>
<th>Room Type</th>
<th>Single Rate</th>
<th>Double Rate</th>
<th>Triple Rate</th>
<th>Quad Rate</th>
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</thead>
<tbody>
<tr>
<td>Standard Room (King or Double Bed)</td>
<td>$189.00</td>
<td>$189.00</td>
<td>$214.00</td>
<td>$239.00</td>
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</tbody>
</table>

Please Note: Registration costs are predicated on attendees staying at the Hyatt Regency Savannah. A $150 differential is assessed to registrants staying at other hotels to offset expenses incurred. Meeting registrants will be confirmed with hotel master list.

HYATT REGENCY SAVANNAH
2 West Bay Street
Savannah, GA 31401
(912) 238-1234 (Hotel Direct Phone Number)

- Complimentary WiFi in guest rooms
- Heated indoor pool
- 24-Hour StayFit Fitness Center
- Check-in: 4:00pm | Check-out: 11:00am

MAKING YOUR ROOM RESERVATION ONLINE: The Hyatt Regency Savannah recommends using their online reservations website customized to reflect room rates and availability. Reservations can be made, modified or cancelled by clicking on the following link: [Hyatt Regency Savannah Customized Reservation Link](#)

CANCELLATION POLICY
Reservation cancellations must occur at least 72 hours prior to check-in (4:00pm ET) on your scheduled day of arrival in order to avoid a cancellation fee. Any reservation cancelled less than 72 hours before scheduled arrival will be assessed a fee equal to one night’s room rate plus applicable taxes/fees.

EARLY DEPARTURE
Please note that after check-in, any changes in the reservation that result in a departure date earlier than what was confirmed at check-in will incur an Early Departure fee equal to one night’s room rate and applicable taxes/fees.

PARKING
The Hyatt Regency Savannah has limited parking available to hotel guests and is available on a first-come, first-served basis. Daily parking rates, which are current at the time of the event, will apply.

Current Valet Parking Rates (subject to change) are:
- 0-4 hours – $15.00
- 4-8 hours – $21.00
- 8+ hours and overnight – $38.00

SAVANNAH/HILTON HEAD INTERNATIONAL AIRPORT
The Savannah/Hilton Head International Airport (SAV) is 10 miles and approximately 17 minutes to/from the Hyatt Regency Savannah by car, taxi or uber. Current taxi fares (subject to change without notice) are between $23-$28 one-way.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00am-7:45am</td>
<td>Registration and Continental Breakfast</td>
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</tr>
<tr>
<td>7:45am-8:00am</td>
<td>Opening Remarks</td>
<td>Jonathan T. Finnoff, DO; Program Chair</td>
</tr>
<tr>
<td>8:00am-10:00am</td>
<td><strong>SESSION 1: COMBAT SPORTS</strong></td>
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<tr>
<td>8:00am-8:05am</td>
<td>Introduction</td>
<td>Geoffrey S. Baer, MD, PhD</td>
</tr>
<tr>
<td>8:05am-8:20am</td>
<td>Ethical and Social Issues in Combat Sports</td>
<td>Erin Hammer, MD, MPH</td>
</tr>
<tr>
<td>8:20am-8:35am</td>
<td>Skin Injuries and Infections in Combat Sports</td>
<td>Andy Peterson, MD, MSPH</td>
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<tr>
<td>8:35am-9:05am</td>
<td>Treatment Considerations for Knee Injuries in the Combat Athlete</td>
<td>Geoffrey S. Baer, MD, PhD</td>
</tr>
<tr>
<td>9:05am-9:20am</td>
<td>Safe Weight and Nutrition Management in Combat Sports</td>
<td>Erin Hammer, MD, MPH</td>
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<tr>
<td>9:20am-9:40am</td>
<td>Concussion Management in Combat Sports</td>
<td>Andy Peterson, MD, MSPH</td>
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<tr>
<td>9:40am-10:00am</td>
<td>Q &amp; A Panel</td>
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<tr>
<td>10:00am-10:15am</td>
<td>BREAK</td>
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<tr>
<td>10:15am-12:15pm</td>
<td><strong>SESSION 2: BEACH, WATER AND WHEEL SPORTS</strong></td>
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<tr>
<td>10:15am-10:20am</td>
<td>Introduction</td>
<td>Matthew J. Matava, MD</td>
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<tr>
<td>10:20am-10:40am</td>
<td>Cycling Injuries</td>
<td>Andy Peterson, MD, MSPH</td>
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<tr>
<td>10:40am-11:00am</td>
<td>Medical Considerations for the Ultra-Endurance Athlete</td>
<td>Anna L. Waterbrook, MD</td>
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<tr>
<td>11:00am-11:20am</td>
<td>Evaluation of Injuries in Beach Volleyball Athletes</td>
<td>Matthew J. Matava, MD</td>
</tr>
<tr>
<td>11:20am-11:40am</td>
<td>Medical Considerations in the Tri-Athlete</td>
<td>David E. Olson, MD</td>
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<tr>
<td>11:40am-12:00pm</td>
<td>Evaluation and Treatment of the Swimmer</td>
<td>Matthew J. Matava, MD</td>
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<tr>
<td>12:00pm-12:15pm</td>
<td>Q &amp; A Panel</td>
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<tr>
<td>12:15pm-1:15pm</td>
<td>LUNCH (on your own)</td>
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<tr>
<td>1:15pm-3:15pm</td>
<td><strong>SESSION 3: ELBOW</strong></td>
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<tr>
<td>1:15pm-1:20pm</td>
<td>Introduction</td>
<td>Peter G. Gerbino, MD</td>
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<tr>
<td>1:20pm-1:30pm</td>
<td>Elbow Anatomy</td>
<td>Jason L. Zaremski, MD</td>
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<tr>
<td>1:30pm-1:45pm</td>
<td>Throwing Mechanics</td>
<td>Peter G. Gerbino, MD</td>
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<tr>
<td>1:45pm-2:00pm</td>
<td>Pediatric Elbow Injuries</td>
<td>Jason L. Zaremski, MD</td>
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<tr>
<td>2:00pm-2:15pm</td>
<td>Adult Elbow Injuries</td>
<td>David E. Olson, MD</td>
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<tr>
<td>2:15pm-2:30pm</td>
<td>Osteochondritis Dissecans Surgery and Rehabilitation</td>
<td>Peter G. Gerbino, MD</td>
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<tr>
<td>2:30pm-2:45pm</td>
<td>Ulnar Collateral Ligament Injury and Non-Operative Management</td>
<td>David E. Olson, MD</td>
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<tr>
<td>2:45pm-3:00pm</td>
<td>UCL Surgery and Rehabilitation</td>
<td>Peter G. Gerbino, MD</td>
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<tr>
<td>3:00pm-3:15pm</td>
<td>Q &amp; A Panel</td>
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<tr>
<td>3:15pm-3:30pm</td>
<td>BREAK</td>
<td></td>
</tr>
</tbody>
</table>
SESSION 4: WRIST AND HAND
Moderator: Geoffrey S. Baer, MD, PhD

3:30pm-3:35pm
Introduction
Geoffrey S. Baer, MD, PhD

3:35pm-3:55pm
Physical Examination of the Athlete with Wrist Pain
Matthew J. Matava, MD

3:55pm-4:15pm
Radiologic Evaluation of Wrist and Hand Injuries
Geoffrey S. Baer, MD, PhD

4:15pm-4:35pm
Nerve Injuries to the Hand and Wrist
Jason L. Zaremski, MD

4:35pm-4:55pm
Tendon and Ligament Injuries to the Hand and Wrist
Geoffrey S. Baer, MD, PhD

4:55pm-5:15pm
Wrist and Hand Injuries – Surgery, Bracing and Return to Play in the Elite Athlete
Michael B. Gottschalk, MD

5:15pm-5:30pm
Q & A Panel

SESSION 5: SPINE
Moderator: Matthew J. Matava, MD

8:00am-8:05am
Introduction
Matthew J. Matava, MD

8:05am-8:35am
On-Field Management of Acute Cervical Spine Injuries
Anna L. Waterbrook, MD

8:35am-8:50am
Go, No Go: Game Day Decision Making for Athletic Spine Injuries
Erin Hammer, MD, MPH

8:50am-9:05am
Evaluation and Management of the Low Back Pain “Zebra”
Jason L. Zaremski, MD

9:05am-9:20am
Sports Participation Following Spinal Surgery
Deepette Jain, MD

9:25am-9:40am
Modern Concepts in Sports Spine Rehabilitation in the Athlete
Amber T. Donaldson, DPT

9:40am-10:00am
Q & A Panel

10:00am-10:15am
BREAK

SESSION 6: ADVANCED ULTRASOUND OF THE ELBOW, WRIST AND HAND
Moderator: Jonathan T. Finnoff, DO

10:15am-10:20am
Introduction
Jonathan T. Finnoff, DO

10:20am-10:35am
Live Demonstration of the Advanced Ultrasound Examination of the Medial and Posterior Elbow
Jonathan T. Finnoff, DO

10:35am-10:45am
Pathology and Ultrasound-Guided Intervention of the Medial and Posterior Elbow
Kenneth R. Mautner, MD

10:50am-11:05am
Live Demonstration of the Advanced Ultrasound Examination of the Lateral and Anterior Elbow
Jonathan T. Finnoff, DO

11:05am-11:15am
Pathology and Ultrasound-Guided Intervention of the Lateral and Anterior Elbow
Kenneth R. Mautner, MD

11:15am-11:30am
Live Demonstration of the Advanced Ultrasound Examination of the Dorsal Wrist and Hand
Kenneth R. Mautner, MD

11:30am-11:40am
Pathology and Ultrasound-Guided Intervention of the Dorsal Wrist and Hand
Jonathan T. Finnoff, DO

11:40am-11:55am
Live Demonstration of the Advanced Ultrasound Examination of the Volar Wrist and Hand
Kenneth R. Mautner, MD
THURSDAY, DECEMBER 1, 2022 continued...

11:55am-12:05pm
Pathology and Ultrasound-Guided Intervention of the Volar Wrist and Hand
Jonathan T. Finnoff, DO

12:05pm-12:20pm
Q & A Panel

12:20pm-1:15pm
LUNCH (on your own)

1:15pm-3:15pm
SESSION 7: HOT TOPICS IN SPORTS MEDICINE
Moderator: Carrie A. Jaworski, MD

1:15pm-1:20pm
Introduction
Carrie A. Jaworski, MD

1:20pm-1:40pm
Navigating Issues Related to the LGBTQ+ Athlete
Cynthia R. LaBella, MD
Katherine H. Rizzone, MD, MPH

1:40pm-1:55pm
Update on the Evidence for Use of Orthobiologics Intra-Operatively
Kenneth R. Mautner, MD

1:55pm-2:10pm
Protecting the Athlete and Yourself: Evolution of Emergency Preparedness in Sports Medicine
Carrie A. Jaworski, MD

2:10pm-2:35pm
Controversies in Running Medicine
Nathaniel Nye, MD, Maj, USAF, MC

2:35pm-2:45pm
Keeping Our Athletes Safe: Role of the Sports Medicine Team
Amber T. Donaldson, DPT

2:45pm-3:00pm
6th International Concussion Consensus Conference – Early Insights
Carrie A. Jaworski, MD

3:00pm-3:15pm
Q & A Panel

3:15pm-3:30pm
BREAK

3:30pm-5:30pm
SESSION 8: EATING DISORDER DIAGNOSIS TREATMENT: CHALLENGES AND TRIUMPHS
Moderator: Carly Day, MD

3:30pm-3:50pm
Integrative Support for Athletes with Eating Disorder Concerns: Counseling Strategies and Tips for Physicians
Angel Brutus, PsyD

3:50pm-4:05pm
Pharmacological Approach in the Management of Eating Disorders
Katherine H. Rizzone, MD, MPH

4:05pm-4:20pm
The Impact of Gender on Recognition and Treatment of Eating Disorders
Marci Goolsby, MD

4:20pm-4:35pm
The Impact of Race on Recognition and Treatment of Eating Disorders
Carly Day, MD

4:35pm-5:15pm
Panel: Navigating Challenging Eating Disorder Cases
Angel Brutus, PsyD;
Carly Day, MD;
Marci Goolsby, MD;
Katherine H. Rizzone, MD, MPH

5:15pm-5:30pm
Q & A Panel

FRIDAY, DECEMBER 2, 2022

6:55am-7:25am
Continental Breakfast

7:25am-7:30am
Opening Remarks
Jonathan T. Finnoff, DO

7:30am-9:30am
SESSION 9: OLYMPIC AND PARALYMPIC GAMES
Moderator: Jonathan T. Finnoff, DO

7:30am-7:35am
Introduction
Jonathan T. Finnoff, DO

7:35am-8:00am
Answer Your E-mail… and Other Leadership Pearls
Jonathan T. Finnoff, DO

8:00am-8:15am
Team USA Planning for the Olympic and Paralympic Games
Amber T. Donaldson, DPT

8:15am-8:30am
Medical Provider Pathways to the Olympic and Paralympic Games
Jonathan T. Finnoff, DO
FRIDAY, DECEMBER 2, 2022  
continued...  

8:30am-8:45am  
US Olympic and Paralympic Committee Mental Health Program and Games Experience  
Angel Brutus, PsyD  

8:45am-9:00am  
Injuries and Illnesses at the Summer and Winter Olympic and Paralympic Games: The Team USA Experience  
Jonathan T. Finnoff, DO  

9:00am-9:15am  
Successfully Managing Athlete Transitions  
Angel Brutus, PsyD  

9:15am-9:30am  
Q & A Panel  

9:30am-9:45am  
BREAK  

9:45am-11:45am  
SESSION 10: SPORTS PERFORMANCE CONCEPTS FOR THE TEAM PHYSICIAN  
Moderator: Carrie A. Jaworski, MD  

9:45am-9:50am  
Introduction  
Carrie A. Jaworski, MD  

9:50am-10:10am  
Exercise Performance Testing – Who, What, When and Why  
Carrie A. Jaworski, MD  

10:10am-10:30am  
Sleep Disorders: Evaluation, Management and Performance Effects  
Carly Day, MD  

10:30am-10:50am  
Acclimatization and Performance  
Nathaniel Nye, MD, Maj, USAF, MC  

10:50am-11:00am  
Menstrual Function and It’s Effects on Performance  
Constance M. Lebrun, MD  

11:00am-11:20am  
Nutritional Considerations in Performance  
Carrie A. Jaworski, MD  

11:20am-11:35am  
Q & A Panel  

11:35am  
Adjourn  

FACULTY  

Jonathan T. Finnoff, DO; Chairperson, Course Planning Committee, 2022 Advanced Team Physician Course; The United States Olympic & Paralympic Committee, Colorado Springs, Colorado  

Geoffrey S. Baer, MD, PhD; Course Planning Committee, 2022 Advanced Team Physician Course; University of Wisconsin School of Medicine and Public Health, Madison, Wisconsin  

Angel Brutus, PsyD; United States Olympic and Paralympic Committee, Chula Vista, California  

Carly Day, MD; Course Planning Committee, 2022 Advanced Team Physician Course; Purdue University, West Lafayette, Indiana  

Amber T. Donaldson, DPT; Sports Medicine at United States Olympic & Paralympic Committee, Colorado Springs, Colorado  

Peter G. Gerbino, MD; Course Planning Committee, 2022 Advanced Team Physician Course; Monterey Joint Replacement & Sports Medicine, Monterey, California  

Marci Goolsby, MD; Hospital for Special Surgery, New York, New York  

Michael B. Gottschalk, MD; Emory University, Atlanta, Georgia  

Erin Hammer, MD, MPH; University of Wisconsin School of Medicine and Public Health, Madison, Wisconsin  

Deeptee Jain, MD; Washington University, School of Medicine, St. Louis, Missouri  

Carrie A. Jaworski, MD; Course Planning Committee, 2022 Advanced Team Physician Course; Intermountain Healthcare, Park City, Utah  

Cynthia R. LaBella, MD; Northwestern University; Robert H. Lurie Children’s Hospital of Chicago, Chicago, Illinois  

Constance M. Lebrun, MD; University of Alberta, Edmonton, Alberta, Canada  

Matthew J. Matava, MD; Course Planning Committee, 2022 Advanced Team Physician Course; Washington University Orthopaedics, St. Louis, Missouri  

Kenneth R. Mautner, MD Emory Healthcare, Atlanta, Georgia  

David E. Olson, MD; University of Minnesota, Minneapolis, Minnesota  

Andy Peterson, MD, MSPH; University of Iowa, Iowa City, Iowa  

Katherine H. Rizzone, MD, MPH; University of Rochester Medical Center, Rochester, New York  

Anna L. Waterbrook, MD; University of Arizona, Tucson, Arizona  

Jason L. Zaremski, MD; University of Florida, Gainesville, Florida
Advanced Team Physician Course  
November 30-December 2, 2022  
Hyatt Regency Savannah  
Savannah, GA  

Please register online to reserve a place for the conference. You have the option to pay by check or credit card when registering online. A receipt will be generated upon completion of your online registration. If you’re paying by check payment, please mail your check payment along with a copy of your online registration receipt to the AMSSM Office. If you prefer to fax or mail in your registration, your spot is not guaranteed until your registration is processed. For faxed or mailed registration, please return this form — type or print legibly. One form must be completed for each registrant. Advance registration will be accepted through November 16, 2022. Register early!

REGISTRATION INFORMATION  
(Mailing address listed will be placed on the participants’ list)  

☐ I agree to allow AMSSM to share my preferred address on the participants’ list which is shared with participants/speakers/ultrasound companies.  

Last Name: _____________________________ First Name: _______________________________ Degree: ______________________ 

Mailing Address (☐ Business  ☐ Home): _______________________________________________________________________________  

Address Line 2: _______________________________________________________________________________________________________________________________________________________________ 

City: ____________________ State/Province: _______ Zip/Postal Code: ____________ Country (if not USA):_________________________ 

Office Phone (include area code) ________________________  Cell Phone (include area code): __________________________________ 

REGISTRANT WILL BE SENT A RECEIPT AND REGISTRATION CONFIRMATION TO THE EMAIL ADDRESS(ES) LISTED BELOW:  
Registrant’s Email Address: ____________________________________________  For reimbursement purposes, please email an additional receipt to: _________________________________________________________ 

BADGE INFORMATION  

Nickname or First Name: ____________________________________________  

Full Name: ____________________________________________ Degree: ____________________ 

Company/Affiliation: ____________________________________________________________________________________________________________________________________________________________________ 

City: _______________________________________________ State/Province: _____________ Country (if not USA): __________________ 

PLEASE ANSWER THE FOLLOWING ATTESTATIONS QUESTION – REQUIRED BY ALL REGISTRANTS  

☐ I attest to being fully vaccinated for COVID-19 as defined by the CDC.  

☐ Yes, I’ll be fully vaccinated with appropriate boosters by the start of the conference (November 30, 2022).  

☐ I am not fully vaccinated for COVID-19 as defined by the CDC and recognize that I’ll need to provide proof of a negative COVID-19 test taken within 72 hours prior to arrival at the on-site meeting registration desk.  

AND required for all attendees:  

☐ (Checkbox required to continue) I have read, understand and agree to the disclaimer on page 5 of the brochure and will complete registration.  

PHYSICAL OR DIETARY REQUIREMENTS  

☐ Physical or dietary restrictions (not food preferences) requiring accommodation in order to fully participate in the conference.  

There may be additional cost for dietary needs, dependent upon hotel/venue charges) 

____________________________  

MEMBERSHIP  

Please indicate each organization of which you are a member:  

☐ AMSSM  ☐ ACSM  ☐ AOSSM  

Specialty: (Please check one box only)  

☐ Emergency Medicine  ☐ Orthopaedic Surgery  

☐ Family Medicine  ☐ Physiatry (PM&R)  

☐ Internal Medicine  ☐ Pediatrics  

☐ Other: ____________________ 

For CME purposes, are you a physician (MD or DO)?  

☐ Yes  ☐ No  

Team Physician: (Check each applicable box)  

☐ Team Physician  ☐ High School  ☐ Collegiate  

☐ Professional  ☐ Olympic/Elite  

☐ Other: ____________________  

Number of Advanced Team Physician Courses you’ve attended? ______  What years? ____________________
FEE SCHEDULE (All fees quoted reflect US Dollars) – The fee for meeting registration does not include hotel.

Please Note: Students, residents and fellows (in-training) can deduct $100 from the above fees — proof of training must be included with registration.

<table>
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<tr>
<th></th>
<th>Hyatt Regency Savannah</th>
<th>Other Hotel*</th>
<th>Non-Members</th>
<th>Hyatt Regency Savannah</th>
<th>Other Hotel*</th>
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<tr>
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<td>$650</td>
<td>$800</td>
<td>Registration received by 11/16/2022</td>
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<td>$850</td>
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<tr>
<td>On-Site Registration</td>
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<td>$900</td>
<td>Registration received by 11/16/2022</td>
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<td>$950</td>
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*Note on Fee Differential: Registration costs are predicated on attendees staying at the Hyatt Regency Savannah. A $150 USD differential is assessed to registrants staying at other hotels to offset expenses incurred. Meeting registrants will be confirmed with the Hyatt Regency Savannah master list.

REFUND POLICY AGREEMENT BY ATTENDEE
Refund Policy: A written request must be received in the AMSSM office by US Mail or emailed to Ellen Glasgow and Michele Lane at registration@amssm.org by November 16, 2022. The registration fee minus a $100 USD processing fee will be refunded. No refunds will be accepted after November 16, 2022. Refunds will not be issued for cancellations made after the course begins for no shows. The planners and sponsors of this event claim no liability for the acts of any supplier(s) to this meeting, or for the safety of any attendee at or while in transit to this event. The planners and sponsors reserve the right to cancel this event without penalty. Attendees who purchase non-refundable airline tickets do so at their own risk. The total amount of any liability of the planners and sponsors will be limited to a refund of the registration fee.

☐ I agree and accept the refund policy as stated above. ________________________________

Signature

PAYMENT
Total amount enclosed ............................... $

PLEASE NOTE: For Direct Deposit Payment Requests – Please contact Michele Lane prior to making a payment in this manner.

☐ Check enclosed (payable to AMSSM) Fed ID: 39-1715104
☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX

Card Number: ____________________________ Expiration Date (mm/yy): _____ / _____

Security Code (3 digits on back; 4 digits on front of AMEX): __________ Postal Code Associated with Credit Card: ________________

Name on card: ________________________________________________________________________________________________

Signature: ______________________________________________________________________________Date: _________________

PLEASE RETURN THIS FORM WITH PAYMENT TO:
American Medical Society for Sports Medicine
4000 West 114th Street, STE. 100 Leawood KS 66211
PHONE: (913) 327-1415 | FAX: (913) 327-1491

Secured Online Registration is Available at www.amssm.org
(AMSSM Members: Please login first, then click link above.)