



2019 World Heart Games Event Schedule

Friday, June 7th, 2019

11:00 am – 12:30 pm	Registration
12:00 pm	Volunteer Meeting
1:00 pm	Opening Ceremonies
2:00 - 5:00 pm	Golf Tournament
2:00 - 5:00 pm	Cornhole/Bean Bags
2:00 - 5:00 pm	Prediction Jog
	Prediction Walk
	Prediction Row / Bike / NuStep
2:00 - 5:00 pm	Putting
2:00 - 5:00 pm	Disc Golf
2:00 - 5:00 pm	Bowling
2:00 - 5:00 pm	Softball throw
	Soccer shoot
	Basketball shoot

Saturday, June 8th, 2019

7:45 – 8:00 am	Warm Up
8:00 – 10:00 am	Predictive Swim
8:00 - 10:00 am	Tennis
8:00- 10:00 pm	Prediction Jog
	Prediction Walk
	Prediction Row/ Bike/ NuStep
9:00 am- 10:30 am	Putting
9:00 am - 12:00 pm	Bocce
10:00am- 12:00 pm	Pickleball
10:00 am – 12:00 pm	Softball throw
	Soccer shoot
	Basketball shoot
12:00 - 1:00 pm	Lunch & Game of Knowledge
1:00- 2:30 pm	Racquetball
1:00 - 2:30 pm	Ping Pong
1:00 - 3:00 pm	Volleyball
3:30 pm	Awards ceremony