ACSM Congratulates the 2020 Paper of the Year Authors!

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ACSM’s Health & Fitness Journal | May/June 2020
“PROMOTING PHYSICAL ACTIVITY FOR MENTAL WELL-BEING”
Stephanie L. Cooper, PhD, ACSM-CEP

Current Sports Medicine Reports | December 2020
“MAKING A STRONG CASE FOR PRIORITIZING MUSCULAR FITNESS IN YOUTH PHYSICAL ACTIVITY GUIDELINES”
Avery D. Faigenbaum, EdD, FACSM; James P. MacDonald, MD, FACSM; Andrea Stracciolini, MD, FAAP, FACSM; and Tamara Rial Rebullido, PhD

Exercise and Sport Sciences Reviews | January 2020
“A TIME TO EAT AND A TIME TO EXERCISE”
Evelyn B. Parr, PhD; Leonie K. Heilbronn, PhD; and John A. Hawley, PhD

Medicine & Science in Sports & Exercise | August 2020
“EXERCISE INDUCES DIFFERENT MOLECULAR RESPONSES IN TRAINED AND UNTRAINED HUMAN MUSCLE”
Marcus Moberg, PhD; Malene Lindholm, PhD; Stefan Reitzner, PhD; Björn Ekblom, MD; Carl-Johan Sundberg, MD; and Niklas Psilander, PhD

Translational Journal of the American College of Sports Medicine | Summer 2020
“COGNITIVE TESTING AND EXERCISE TO ASSESS THE READINESS TO RETURN TO PLAY FOLLOWING A CONCUSSION”
Veronik Sicard, PhD; Jean-Christophe Lortie, MSc; Robert Davis Moore, PhD; and Dave Ellemberg, PhD