

Meet Your Candidate

2022 ACSM Board of Trustees Election

International Trustee Candidate



**Maria Hopman,
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**YOUR VOTE
MAKES A
DIFFERENCE!**



To receive voting rights, you must be a current member of ACSM on **January 3, 2022**.

Cast your vote between **February 1-25, 2022**.



**AMERICAN COLLEGE
of SPORTS MEDICINE®**
LEADING THE WAY

1. Please list your previous service to ACSM.

I have been an ACSM member since 1992, which was the year of my first attendance at the annual meeting in Orlando. This meeting had a big impression on me, and since then, I have attended many ACSM meetings with great memories, both scientific and social. I believe networking all over the world is one of ACSM's greatest strength. In 2003, I became Fellow and have reviewed and submitted many abstracts and symposia to the annual meetings, varying from 'the role of inactivity in cardiovascular diseases' to 'science of field studies'. In 2006, I became board member of the committee 'Disability and Sport' and a few years later of the committee (Para)olympics and Science. I participated in these committees for several years. In 2011, I had the honor to present the D.B. Dill lecture at the annual meeting in Indianapolis entitled "From Paralysis to Paralympics." Over the years I have reviewed many papers for MSSE in the field of exercise, health, inactivity, cardiovascular, thermoregulation and spinal cord injury.

2. What is ACSM's greatest strength and how would you make that aspect of the organization even stronger?

I believe one of the greatest strengths of ACSM is the strong international character of the organization. The 50,000 ACSM members and certified professionals come from 90 countries around the globe. The ACSM Annual Meetings offer a fruitful and inviting environment for networking and career development. Meeting peers from all over the world, inspiring each other and starting new collaborations, is what ACSM brings about.

By bringing all these people together with their groundbreaking research, ACSM stimulates collaboration leading to innovation and progress across the borders of science. Moreover, in all these encounters and collaborations, mentoring plays an important role. And this is what you can feel and see within the ACSM organization.

What I would like to add as a member of the Board of Trustees are the following three aspects:

1. I would like to expand and consolidate the **international collaboration** further, especially in these challenging times we live in at the moment. The global pandemic has created both challenges and opportunities, opening new avenues for communication all over the world.
2. As a professor, I have supervised around 50 Ph.D. students and a multitude of bachelor and master students in their traineeship. I would like to further advance **mentoring within ACSM** by creating opportunities and supporting meetings and encounters between generations.
3. Finally, I think that all **the knowledge** we have as researchers **could be shared** more and better **with the broad public** with the ultimate goal to improve health and prevent disease. This is an area that I would like to support further using my almost 15 years of media-exposure experience varying from tv, radio to newspapers and online.

3. ACSM works closely with many other organizations, including associations, companies, philanthropies, and governmental agencies. Indicate those organizations/ companies/agencies for which you play an advisory, consulting, or leadership role.

Associations:

- Board member of Dutch Physiology Society, Board (2009-2017)
- Member of Exercise Physiology Society (VIF)
- Member of Society of Human Movement Sciences (NVB)
- Member of American Physiology Society
- Member of European College of Sport Science
- Member of Rehabilitation Research Society
- Member of American Autonomic Society
- Board member of the "Koprol Foundation" sports activities for people with physical disability in the NL
- Chair of the Seven Hills Business Running Club
- Chair of "Urban Network Nijmegen"
- Member and advisor for 'Eat2move,' collaborative network on food, exercise and health
- Health and risk advisor for the Nijmegen 4-day Marches, organizing the largest walking event of the world with 50,000 participants over four days

- Health and risk advisor Seven Hills Race
- Advisor on health and thermal risk for Dutch sports events
- Member International Institute for Race Medicine
- Associate editor, *Journal of Applied Physiology* (2011-2017)
- Associate editor, *Physiological Reviews* (2012-2018)
- Section editor, *Dutch Magazine for Medicine* (2008-2020)

Companies:

- Member advisory board, Gatorade (before 2010)
- Member advisory board, Dutch Obesity Clinic
- Advisory board, MyTemp, company on telemetric thermopill
- Advisory committees for Friesland Campina, Roussetot, New Care, Protifarm

Governmental:

- Board member of the Health Council Netherlands (Committee move guidelines)
- Board member of the Health Council Netherlands (Standing Committee on Nutrition)
- Member of scientific advisory board NISB (Dutch Institute for Sports and Movement)