

# Meet Your Candidate

## 2022 ACSM Board of Trustees Election

### Trustee Candidate: Medicine



**Christina Master,  
M.D., FACSM, FAAP,  
CAQSM**

Professor of Clinical  
Pediatrics  
University of Pennsylvania  
Division of Orthopaedic  
Surgery  
Co-Director, Minds Matter  
Concussion Program  
Children's Hospital of  
Philadelphia  
Department of Pediatrics  
Philadelphia, PA

**YOUR VOTE  
MAKES A  
DIFFERENCE!**



To receive voting rights, you must be a current member of ACSM on **January 3, 2022**.

Cast your vote between **February 1-25, 2022**.

#### 1. Please list your previous service to ACSM.

I did my sports medicine fellowship later in life, at the ripe young age of 42, and soon after finishing, discovered ACSM as an academic home. After attending national meetings, I realized that there were tremendous opportunities to get involved at ACSM, beyond attending meetings, to learn, to present my research, and to get our important messages out about exercise, sports, and health. I have served as the co-host, along with Alex McDonald, on the official ACSM podcast, The Sports Medicine Check-up, where we have had the opportunity to discuss important issues in sports medicine, highlighting all of the important work of our fellows. I am also currently serving on both the Communications and Public Information Committee, as well as the Clinical Sports Medicine Leadership Committee. Both represent important missions for me personally, since getting the message out on key issues for ACSM such as Exercise is Medicine and engaging clinical sports medicine members are priorities for me.

#### 2. What is ACSM's greatest strength and how would you make that aspect of the organization even stronger?

ACSM's greatest strength is its diversity, in every sense of the word. Diversity in disciplines, expertise, and demographics is what makes ACSM such a vibrant community of academics and clinicians where our ultimate goal is to improve the lives of individuals through sports medicine and exercise science. Promoting that diversity and fostering connections within that diversity forge strong bonds that unite us all in that common goal, and every member and fellow brings unique talents and expertise to the table that complement and build upon each other. I would strive to ensure that this diversity continues to be preserved and developed at the local and national levels through common initiatives and the work of ACSM committees, who carry the charge to seek out diverse perspectives on their rosters and who mentor future generations to ensure that the diverse fabric of ACSM continues far into the future. It is important that every voice is heard and that all have a place at the table. Representation matters and makes ACSM a better, stronger, and more effective advocate for the patients that we strive to serve.

#### 3. ACSM works closely with many other organizations, including associations, companies, philanthropies, and governmental agencies. Indicate those organizations/companies/agencies for which you play an advisory, consulting, or leadership role.

I am on the advisory board for the nonprofit organizations, Pink Concussions, Headway Foundation, and Untold Foundation, all of which are concussion advocacy organizations. I currently serve on the National Academies of Science, Engineering and Medicine on their ad hoc committee to accelerate progress in TBI research and clinical care. I am the co-chair of the Pennsylvania American Academy of Pediatrics School Health Committee. I also serve on the American Medical Society of Sports Medicine Collaborative Research Network Leadership Team.

