

Meet Your Candidate

2022 ACSM Board of Trustees Election

Trustee Candidate: Education & Allied Health



Melissa Roti, Ph.D., FACSME

Professor and Director
Exercise Science
Program
Westfield State University
Department of Sports
Medicine & Human
Performance
Westfield, MA

**YOUR VOTE
MAKES A
DIFFERENCE!**



To receive voting rights, you must be a current member of ACSM on **January 3, 2022**.

Cast your vote between **February 1-25, 2022**.



**AMERICAN COLLEGE
of SPORTS MEDICINE®**
LEADING THE WAY

1. Previous service to ACSM:

I have had the honor of over 15 years of service to ACSM at both the regional and national levels, as well as through individual engagement with both the Education and Nutrition Special Interest Groups and program involvement with Exercise is Medicine on Campus.

American College of Sports Medicine (ACSM) service:

Annual Meeting Program Committee member, 2016-2022

Topic Area Representative "Fitness Assessment, Exercise Training and Performance"

ActivEarth Strategic Initiative member, 2016-2022

Presidential Task Force on Social Programming member, 2013-2014

New England Chapter of American College of Sports Medicine (NEACSM) service:

Diversity Committee, 2020-2022

Board of Trustees representative, 2017-2019; past-president, 2016-2017; president 2015-2016; president-elect, 2014-2015

Conference Program Chair: Spring 2017 "Multidisciplinary Discourse on Exercise & the Brain"

Conference Program Chair: Fall 2015 "Fueling Curiosity: Seeking Knowledge to Advance Health"

Editor of NEACSM MAX! Newsletter and Communications chair, 2005-2010

NEACSM "Member-At-Large" 2006-2008

2. What is ACSM's greatest strength and how would you make that aspect of the organization even stronger?

ACSM's greatest strength is bringing together different players within the sports medicine and exercise science world, ranging from researchers, academics and practitioners to fitness professionals, educators and students. We need to continue to diversify our community by bringing in underrepresented groups at all levels, especially at the student level. Student involvement is the foundation of our professional organization, as they become our future proponents and leaders. It has become imperative that we continue to build these connections between different players, as well as bring more people to the table. By strengthening our community, ACSM will have a greater collective impact on physical activity and health equity in our society.

3. Organizations/companies/agencies for which you plan an advisory, consulting or leadership role?

Although not in an advisory or leadership role, I have had the opportunity to connect with various organizations such as Smarth Growth America, Active Living Research and The League of American Bicyclists on the topics of active transportation and health equity through my involvement with the ActivEarth Committee. I am one of two liaisons from that committee to the Physical Activity Innovative Collaborative Working Group on Physical Activity and Sustainability associated with the National Academies Roundtable on Obesity Solutions.