

Welcome to thePoint®

- the Point can be accessed at the point. lww.com
- Website that currently hosts all online resources—or ancillaries —affiliated with ACSM textbooks published with Wolters Kluwer
- Broken into two categories:
 - Instructor Resources (accessible to instructors who have adopted a text for their course; access provided by your sales rep)
 - Student Resources (accessible to students via scratch-off code in their print text, or via code bundled with eBook; Instructors also have access to Student Resources for adopted books)
- PrepU, our adaptive quizzing platform, is also accessed through the Point.



PrepU

PrepU is our adaptive quizzing platform hosted on the Point. PrepU customizes quizzes for each individual student, adapting to the student's current knowledge level and helping them achieve mastery of course content. PrepU is also a useful tool for students preparing to sit for ACSM certification exams. We currently have PrepU products available for:

- ACSM's Resources for the Personal Trainer, 5e
- ACSM's Resources for the Exercise Physiologist, 2e

PrepU software can be purchased on its own, or bundled with the relevant ACSM Resources book.

NOTE: We are currently "calibrating" the PrepU product for ACSM's Resources for the Group Exercise Instructor. PrepU access is free to students during the calibration period. If you are interested in having your student use PrepU for ACSM's Resources for the Group Exercise Instructor for free in fall 2020 please contact your sales rep!

Common Instructor Resources

We support our ACSM textbooks with a robust suite of resources that can help you facilitate instruction in both in-person and online settings.

The following slides provide an overview of the most common instructor resources available for ACSM texts, including:

- **LMS Cartridges**
- Test Banks
- **Image Banks**
- PowerPoint Presentations for Lectures
- **Answer Keys**



LMS Cartridges

Book	Blackboard	Common Course	Moodle
ACSM's Guidelines for Exercise Testing & Prescription, 10e	✓	~	~
ACSM's Clinical Exercise Physiology, 1e	~	~	~
ACSM's Nutrition for Exercise Science, 1e	~	~	~
ACSM's Behavioral Aspects of Physical Activity & Exercise, 1e	✓		~
ACSM's Research Methods, 1e	✓	✓	~

Test Banks

- A bank of questions relating to the text that can be used by instructors to create tests that evaluate student comprehension. Available for:
 - ACSM's Guidelines for Exercise. Testing & Prescription, 10e
 - ACSM's Resources for the Personal Trainer, 5e
 - ACSM's Resources for the Exercise Physiologist, 2e
 - ACSM's Health-Related Physical Fitness Assessment Manual, 5e

- ACSM's Clinical Exercise Physiology, 1e
- ACSM's Exercise Testing & Prescription, 1e
- ACSM's Nutrition for Exercise Science, 1e
- ACSM's Introduction to Exercise Science, 3e
- ACSM's Foundations of Strength Training & Conditioning, 1e
- ACSM's Behavioral Aspects of Physical Activity & Exercise, 1e
- ACSM's Research Methods, 1e

Image Banks

- Collection of all figures and tables affiliated with the text. Helpful for use in lectures. Includes figure number and caption. Available for:
 - ACSM's Guidelines for Exercise Testing & Prescription, 10e
 - ACSM's Resources for the Personal Trainer, 5e
 - ACSM's Resources for the Exercise Physiologist, 2e
 - ACSM's Certification Review, 5e
 - ACSM's Health-Related Physical Fitness Assessment Manual, 5e
 - ACSM's Clinical Exercise Physiology, 1e
 - ACSM's Exercise Testing & Prescription, 1e

- ACSM's Nutrition for Exercise Science, 1e
- ACSM's Introduction to Exercise Science, 3e
- ACSM's Foundations of Strength Training & Conditioning, 1e
- ACSM's Behavioral Aspects of Physical Activity & Exercise, 1e
- ACSM's Research Methods, 1e
- ACSM's Resources for the Group Exercise Instructor, 1e

PowerPoint Presentations for Lectures

- PowerPoint Presentations available for use in lectures on each chapter of the text. Available for:
 - ACSM's Guidelines for Exercise Testing & Prescription, 10e
 - ACSM's Resources for the Personal Trainer, 5e
 - ACSM's Resources for the Exercise. Physiologist, 2e
 - ACSM's Health-Related Physical Fitness Assessment Manual, 5e
 - ACSM's Clinical Exercise Physiology, 1e

- ACSM's Exercise Testing & Prescription, 1e
- ACSM's Nutrition for Exercise Science, 1e
- ACSM's Introduction to Exercise Science, 1e
- ACSM's Foundations of Strength Training & Conditioning, 1e
- ACSM's Behavioral Aspects of Physical Activity & Exercise, 1e
- ACSM's Research Methods, 1e

Answer Key

- Answers to in-text questions are available to the instructor to either withhold so text questions can be used as graded assignments, or to distribute so text questions can be used for self-quizzing. Available for:
 - ACSM's Resources for the Exercise Physiologist, 2e
 - ACSM's Exercise Testing & Prescription, 1e (for case studies in Student Resources)
 - ACSM's Introduction to Exercise Science, 3e
 - ACSM's Foundations of Strength Training & Conditioning, 1e



Common Student Resources

Our ACSM textbooks are also supported by resources that provide students with the opportunity to review, test comprehension, and practice applying what they have learned in the text.

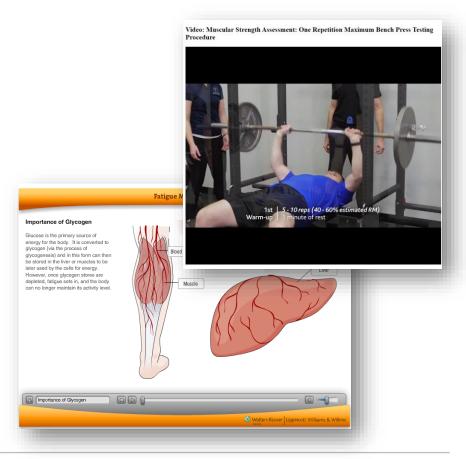
The following slides provide an overview of the most common student resources available for ACSM texts, including:

- **Videos & Animations**
- **Question Bank**
- Forms
- Suggested Readings/Additional Reading
- Case Studies/Text Case Study Answers
- **Updates to ACSM Books**



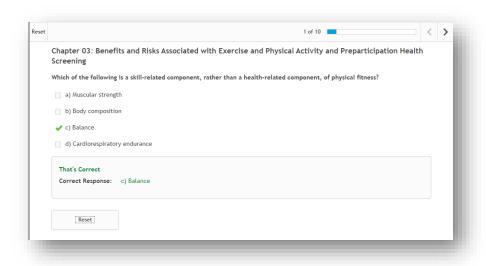
Videos & Animations

- Live-action videos or short animations illustrating or expanding upon concepts from the text. Available for:
 - ACSM's Resources for the Personal Trainer, 5e
 - ACSM's Clinical Exercise Physiology, 1e
 - ACSM's Exercise Testing and Prescription, 1e
 - ACSM's Foundations of Strength Training & Conditioning, 1e
 - ACSM's Resources for the Group Exercise Instructor, 1e
 - ACSM's Introduction to Exercise Science, 3e



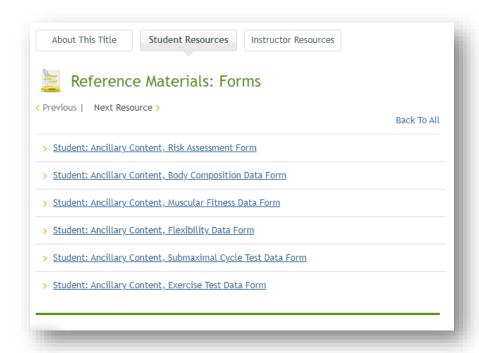
Question Banks

- Self-quizzing tool allowing students to test their knowledge
- "Review Mode" where student answers question and gets immediate feedback
- "Test Mode" where student gets feedback only after all questions are answered
- Available for:
 - ACSM's Clinical Exercise Physiology, 1e
 - ACSM's Exercise Testing & Prescription, 1e
 - ACSM's Nutrition for Exercise Science, 1e



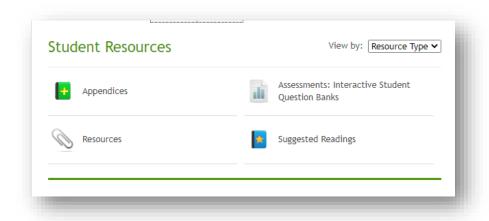
Forms

- Printable forms that can be used by students in a lab setting or by professionals in practice. Available for:
 - ACSM's Health-Related Physical Fitness Assessment Manual, 5e
 - ACSM's Behavioral Aspects of Physical Activity & Exercise, 1e
 - ACSM's Career & Business Guide for the Fitness Professional, 1e



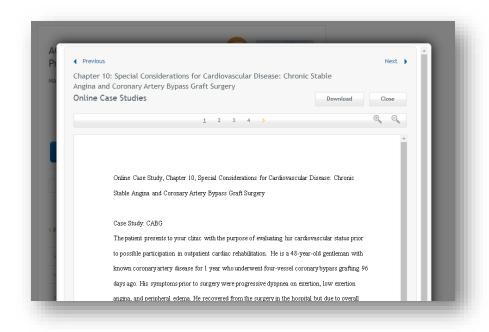
Suggested or Additional Readings

- Additional reading or resources expanding upon what is included in the text. In some cases, appendices. Available for:
 - ACSM's Clinical Exercise Physiology, 1e
 - ACSM's Resources for the Exercise Physiologist, 2e
- Lists of suggested readings or sources are available for:
 - ACSM's Clinical Exercise Physiology, 1e
 - ACSM's Nutrition for Exercise Science, 1e



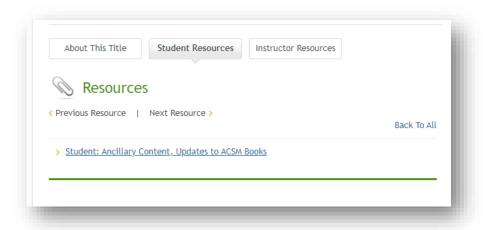
Case Studies

- Provide students the opportunity to apply what they have learned to hypothetical case studies. Available for:
 - ACSM's Exercise Testing and Prescription, 1e
- Answer key for in-text case studies available for:
 - ACSM's Foundations of Strength Training & Conditioning, 1e



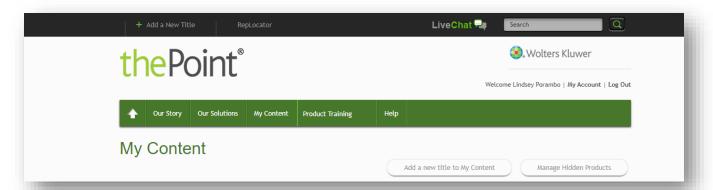
Updates to ACSM Books or Errata

Any updates to a text between editions will be posted on the Point, so as to be readily available to both students and instructors. Any errata may be posted here, as well.



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Interested in Adopting an ACSM Title For Your Course? Questions About Resources on the Point? Contact Your WK Sales Rep!

