While every effort is made to provide the most accurate information at the time of publication, occasionally readers will have questions regarding the accuracy of book content. Updates made to the current edition will be reflected in the e-book and reprints.


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UPDATE – Page 193, Figure 6.13: Panel A: Previous version of the food label (examples in text refer to this one). Panel B: The Food and Drug Administration (FDA) has released an updated food label. Available from https://www.fda.gov/food/-labelingnutrition/ucm537159.htm.