

Central States Chapter of the American College of Sports Medicine

Student (CSACSM) Research Grants

The CSACSM offers six research grants total per year – two each at the undergraduate, masters, and PhD level.

Eligibility requirements

1. The applicant is a current student (undergraduate, masters, or doctoral) at a university in Arkansas, Kansas, Missouri, or Oklahoma during the proposed time of data collection.
2. The student is majoring in an ACSM related field (e.g., clinical/applied or basic exercise science or sports medicine).
3. The student is a current CSACSM member (as of time of the grant submission).
4. The student's mentor has been a CSACSM member for at least 1 year prior to the grant submission (mentors who have been a CSACSM member <1 year and relocated to the region within the past 12 months ARE eligible).
5. The student can attend and present their research progress at the 2026 CSACSM Regional Meeting held in Tulsa, OK in late February/early March 2026.

Award Amounts

Classification	Award Amount
Undergraduate	Up to \$500
Masters	Up to \$1000
PhD	Up to \$1500

Due Dates

Proposal submissions will be accepted until 5pm CST February 7, 2025. Email your grant application directly to Krista Kezbers at krista-kezbers@ouhsc.edu.

Required Application Materials

1. Two letters of recommendation (one being from the applicant's mentor) evaluating the applicant's potential to develop as a researcher/scholar.
2. A one-page abstract with the specific subheadings **OVERVIEW, PURPOSE, METHODS, ANALYSIS** detailing the project.
3. A grant proposal with the specific subheadings: **OVERVIEW, INNOVATION, SPECIFIC AIMS, APPROACH, SIGNIFICANCE**. This section should not exceed 5 pages.
4. Both the abstract and grant proposal must be written using Microsoft Word and follow these formatting guidelines: Times New Roman 12-point font, 1-inch margins, and single spaced.
5. A detailed budget for the project and an explanation what the grant will cover from the overall budget (if the budget exceeds the grant).
6. References for the grant proposal.