

GNYACSM

Spring 2023  
Abstract Submission Information

GNYACSM General Abstract Submissions &  
GNYACSM Abstracts for the Student Research Award Competition

**Expanded Abstracts for the**

**Student Research and Case Study Award Competition**

**Due March 25, 2023, 11:59 EST**

Abstract Submission Link: **https://digitalcommons.wku.edu/cgi/submit.cgi?context=ijesab**

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**GNYACSM Abstract Submission Instructions**(more details can be found on the GNYACSM [website](https://www.acsm.org/membership/regional-chapters/acsm-chapters/greater-new-york/conferences))

**GNYACSM Annual Spring Meeting and Conference.**

All members and those joining the Greater New York Chapter of the American College of Sports Medicine (GNYACSM) are invited to submit abstracts for presentations, either as a general poster presentation or in our student research award competition.

Please follow the general and/or student research award-specific instructions for submission.

**General Abstract Submission Instructions**

1. All abstract submissions are required in electronic format and all presentations will be posters. The student research award competition question and answer (Q&A) sessions are scheduled for April 22nd, 2023. See below for student award competition specifics.
2. Each individual is permitted to be the first author on only one abstract, but may co-author several abstracts.
3. The first author is considered a presenter and must present the abstract at the meeting.
4. At least one of the authors must be a member of the GNYACSM.
5. If one of the authors is a Fellow of the American College of Sports Medicine (ACSM), the letters FACSM should follow their name.
6. All abstracts (maximum of 2000 characters without spaces) will be published in the program as submitted. Please check for spelling errors prior to submission.
7. Abstracts should not have been published previously in any other printed or electronic format as beginning this year, abstracts will be published in the *International Journal of Exercise Science*. Publishing will be delayed so authors can also submit their abstracts to the national ACSM if they so choose.
8. Abstract subheadings should follow ACSM requirements; purpose, methods, results, and conclusions.
9. Presenting at GNYACSM does not preclude submitting the same abstract for presentation at an ACSM national meeting.
10. Keep a copy of the abstract for your records.
11. Following the submission of an abstract, an electronic email confirmation will be sent to the applicant and co-authors (if co-author emails are provided). Email notification of acceptance and presentation information will be sent by April 1st, 2023 from our GNYACSM Abstracts and Awards chair, Dr. Tim Allerton. If you do not receive the email notification, check that you included the correct email address free of spelling errors or check your junk mail or SPAM folders. You can contact the GNYACSM Abstracts and Awards members if you believe you did not receive an email confirmation.
12. All general poster presenters are expected to create a visual poster (size?).

**Student Research Award Competition-Specific Instructions**

**Abstract submissions that do not follow the submission guidelines may be  
rejected. Abstracts that do not meet scientific or editorial standards will not be accepted.**1. The type of research conducted by the student must align with the mission of ACSM, which is to:  
“…advance and integrate scientific research to provide educational and practical applications of  
exercise science and sports medicine”. Examples of topics (aligned with National) are included  
below, for both applied and clinical.  
2. All wording should be in English utilizing; correct spelling, grammar, and proper contextual word  
usage. All acronyms are required to be first fully defined at least once within the body of the  
abstract prior to any other uses (the title is unnecessary). No brand names are permitted within  
the submitted abstract. All abstract submissions must follow formats demonstrated in the  
examples below.  
3. There is a strict 2000-character limit for the abstract’s main body (not including  
spaces/title/subheadings/author block).  
4. The title of the abstract is limited to 15 words.  
5. The body of the abstract MUST include the following sections: PURPOSE, METHODS,  
RESULTS, CONCLUSION (see the example abstracts below for clarification)  
6. Include the names, institutional affiliations, and emails of all authors. Names should include full  
first name, middle initial (optional), & full last name. DO NOT list degrees, certifications, or  
departments. LIST ALL ACSM Fellow(s), sponsorship, funding, grants, subsidies, or ANY  
conflict(s) of interest.  
7. Reference citations, photos, illustrations, graphs, tables, charts, etc. are NOT permitted within  
the abstract’s text, but should be available upon Research Committee request or in the slide  
presentation.  
  
Award Selection Criteria for Abstract Evaluation and Presentation  
\*These judging criteria are consistent with those used to judge the national-level competition\*  
1. Significance: How well the project relates to the mission statement of ACSM, which is to “advance  
and integrate scientific research to provide educational and practical applications of exercise  
science and sports medicine.”  
2. Innovation: The novelty of the project, especially relating to the use of new methodologies,  
studying under-investigated populations and/or addressing emerging problems relating to  
exercise and sports medicine.  
3. Research Design: The ability of the methodologies used to address the research question and  
hypothesis. Additionally, the appropriate use of experimental design and statistics to test  
the hypothesis.  
4. Ability to Respond to Questions: The ability of the student to demonstrate knowledge of the literature  
related to their field of study as well as demonstrate critical thinking for future studies.  
5. Poster Design and Presentation Skills: Clarity of the poster and description of the research project.  
Conference Awards for Invited Poster Presentations  
ALL presenters will each receive a full complement of CECs / CEUs for the entire day’s  
attendance along with their given presentations. Additionally, presenters will receive a  
one-year ACSM-GNYRC Membership. The regional conference registration fee will be waived for  
all scheduled invited attending presenters with free breakfast & lunch provided on-site.

**For more detailed information and examples of case study and research, abstracts click** [**here**](https://www.acsm.org/membership/regional-chapters/acsm-chapters/greater-new-york/conferences/new!-research-development-competiton)

**All questions regarding the abstract submission or the student research award competition should be directed to:**

Tim Allerton, Ph.D. GNYACSM Research Chair  
Email: [timothy.allerton@pbrc.edu](mailto:timothy.allerton@pbrc.edu)

***GNYACSM Abstract – Please do not change any fonts, font sizing, or spacing!***

**This is My Abstract Title *– notice appropriate uppercase***

AUTHOR B. ONE, AUTHOR C. TWO, FACSM, & AUTHOR D. THREE First then Last name, all upper-case

Laboratory Name; Department; University; Location, STATE

*Category: Undergraduate/Masters/Doctoral* (select one & delete others)

*Advisor / Mentor: Last Name, First Name (email address) –* do NOT hyperlink the email

ABSTRACT

Begin with a short sentence or two with background on the topic. Please include a **PURPOSE**: describing the intent of the study. **METHODS**: how the study was conducted. **RESULTS**: findings of the study should be here. **CONCLUSION**: Reference lists are not generally included. Please note the abstract headings (they must be included, **bolded,** and uppercase). Do **NOT** change the justification (alignment), font type, font size, or spacing (abstracts should be single-spaced).

All abstracts (maximum 2000 characters without spaces and/or one page) will be published in the program as submitted.

Direct any questions about this process to Dr. Tim Allerton ([timothy.allerton@prbc](mailto:timothy.allerton@prbc).edu) to ensure your abstract is formatted properly and submitted successfully.

Once finished, be sure to **delete anything in red**. Once the following is read, please delete as well:

This abstract has not been presented and will not be presented at any other conference, other than National ACSM. Abstract submission assumes the study has been approved by an appropriate IRB.

**Access the International Journal of Exercise Science Conference Proceedings site at:** <https://digitalcommons.wku.edu/ijesab>

**Click on “Submit Abstract” (left side menu)**Graphical user interface, text, application

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**Have your title (in Title case), author emails, and GNYACSM abstract template saved in a known location. Click “Continue”**

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**Read the Article Submission Agreement and click “Accept”**

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**Enter your First/Given name, Last/Family name, and Institutional Affiliation.**

**\*\*If you are a Fellow of the American College of Sports Medicine, enter FACSM in the suffix dialogue box.**

**Click “Continue”**

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**Click “Add author” to include coauthors.**

**Then add the required information and click “Add to list of authors”.**

**\*\*If a coauthor is a Fellow of the American College of Sports Medicine, enter FACSM in the suffix dialogue box.**

**Repeat until all coauthors are included.**

**Then click “Continue”**

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**Enter the article title (it is not necessary to enter a short title, key words, or select a subject area)**

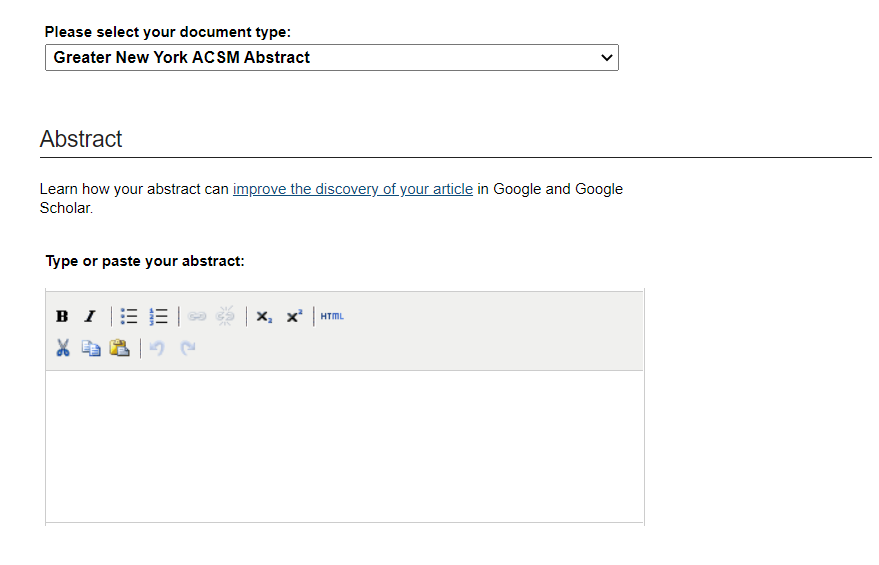
**Timeline

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**For submission type, select Greater New York ACSM Abstract**

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**Paste your abstract into the Abstract dialogue box**

**You do NOT need to include a cover page footnote**

**Upload the template containing your GNYACSM abstract using the Full Text of Submission radio button.**

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**You do NOT need to include a cover letter**

**Graphical user interface, text, application, email

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**Finally, click “Submit” one time.**

**You will receive an email confirmation that your abstract has been submitted.**