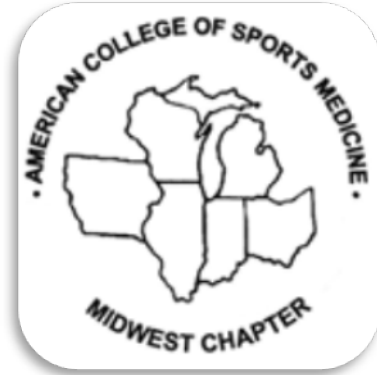


# American College of Sports Medicine

## Midwest Chapter

### Leadership and Mentoring Program

#### **LEVEL 3**



#### **General Information**

Name

Date

Year of MWACSM (or other regional chapter) Membership

Racial or Ethnic Identity (please select all that apply)

Hispanic or Latino

Asian

American Indian

Native Hawaiian or Other Pacific Islander

Caucasian

Black or African American

Street Address

City

State

Zip

Phone (     )

-

E-mail

#### **Qualifying Questions (select all that apply)**

I am a citizen, citizen national or permanent resident of the U.S. or Canada

I hold a terminal degree in a sports medicine, exercise science, activity epidemiology or a related field or hold a M.D. or D.O.

I have been a MWACSM (or other regional chapter)/National ACSM Professional or Professional-in-Training member for at least two years, immediately prior to applying to the program

I have attended at least two MWACSM or other regional meetings within five years of applying to this program

I meet the criteria for the Research **OR** the Service component as outlined below

#### **Research Component** (select all that apply; only **ONE** is necessary for eligibility)

I possess or have access to data set intended to be used for publication

I am employed by an institution that is supportive of my research (as indicated in the letter from Dean, Department Chair or equivalent)

I possess the capability to collaborate with my mentor currently conducting research (e.g., applicant currently has NIH minority supplement grant or can provide plan of mentor collaboration)

**Service Component** (select all that apply; only **ONE** is necessary for eligibility)

I have served in a position or medical practice in some aspect of sports medicine, exercise, physical activity, health and/or fitness for a minimum period of one year. This may include being a volunteer team physician, involvement in the prevention of sports injuries or in exercise, testing or rehabilitation medicine, or involvement in educating the general public in sports medicine or health-related issues

I have served or volunteered to serve on a regional or national ACSM committee  
Please list the number of committees

I have served as a member or Chairperson of an Interest Group  
Please list the number of Interest Groups

I have submitted a symposium or colloquium for the ACSM Annual or Regional Meeting (Acceptance is not required)  
\*Please include proof of submission with application  
Please list the number of submissions

**Educational Background**

---

|   | Institution | Degree | Research/Service Area | Date Received |
|---|-------------|--------|-----------------------|---------------|
| 1 |             |        |                       |               |
| 2 |             |        |                       |               |
| 3 |             |        |                       |               |
| 4 |             |        |                       |               |

**References**

---

|   | Name | Institution | MWACSM Member | ACSM Fellow |
|---|------|-------------|---------------|-------------|
| 1 |      |             |               |             |
| 2 |      |             |               |             |
| 3 |      |             |               |             |
| 4 |      |             |               |             |

*\*Please note that you only need three references listed above and at least one reference must be an ACSM Fellow*

**Additional Application Material**

---

In addition to the information above, please use the following checklist as a reminder of the required items to be e-mailed to the Chair of the MWACSM Leadership Ad Hoc Committee by the application deadline of September 15 to be considered as a candidate

Completed application form

A current CV or resume

Two letters of recommendation (one must be written by an ACSM Fellow), one of which is from the student's advisor or from another, department chair, academic dean, or individual who is familiar with the applicant's capabilities and work ethic. Your references can send your letters directly to the Chair of the MWACSM Leadership and Mentorship Ad Hoc Committee

In addition to the two letters of recommendation, one additional letter is required from your Dean, Department Chair, or equivalent indicating support of research or service.

A summary of how you intend to exhibit your dedication to the goals and long-range activities of MWACSM and ACSM (see next page; Summary Statement)

## ***Summary Statement***

---

In the following spaces, please provide a summary of how you intend to exhibit your dedication to the goals and long-range activities of MWACSM and ACSM (1500 maximum word).

Include the following items;

- Plans for research or service
- Professional presentations
- Publication Record
- Summary of participation in activities associated with regional and national service to ACSM
- MWACSM Service -- state which committees are of interest and why
- How training will allow participant to mentor individuals in MWACSM leadership in the future





Please read the following and select those items in which you agree.

If accepted, I will:

- Be assigned a mentor (ACSM Fellow) to aid in leadership development
- Receive registration for and attend the MWACSM Annual Meeting
- Receive a free year MWACSM membership including member benefits
- Participate in service and committee work in MWACSM
- Participate in recruitment activities and other duties as assigned by the MWACSM Board of Directors or Ad Hoc Leadership Committee
- Submit a final report regarding activities for the MWACSM Annual Meeting. (Report due two weeks after the last day of the MWACSM Annual Meeting)
- Submit a final report regarding activities for the year. (Report due September 1 of the following year)
- Attend the following MWACSM Annual Meeting and mentor a Level 1 participant

I will also work toward the following outcomes:

- Increase the number of individuals of diverse backgrounds training to become MWACSM leaders and/or Fellows
- Help generate a list of individuals that could be trained by MWACSM leaders to be MWACSM and ACSM leaders
- Apply for fellow status within 3-5 years of participation in the program
- Help increase the number of members who could potentially;
- Present at MWACSM and ACSM Annual Meetings
- Become Fellows
- Serve on regional and national committees
- Author ACSM publications

By typing my full name below, I confirm that the information in this application is truthful.

Applicant's Typed Signature

Please submit this completed application form by saving the document and emailing it to the Chairperson. Please also send the additional application material outlined above by the September 15th deadline in order to be considered.

Thank you for your application and we will be in touch soon!

MWACSM Leadership and Mentoring Program Committee