

Northland ACSM



2023 Annual Meeting

Presentation Day	Time	Name	Faculty Mentor	School	President's Cup	Title
Thursday, 3-30	3:20	Cameron Streff	Sherry Barkley	Augustana University	N	Influence of Shoe Type on Pronation Rates in Collegiate Runners
Thursday, 3-30	3:30	Anthony Ankley	Erin Katsmerik-Mallet	Concordia University, St. Paul	N	Personality Profile Analysis of Elite Powerlifting and Strongman/woman Athletes
Thursday, 3-30	3:40	Clayton Thompson	Shane Scholten	Augustana University	N	The Correlation Between Countermovement Jump Performance and Lead Leg Block
Thursday, 3-30	3:50	Adam Bradley	Kyle Hackney	North Dakota State University	N	Popliteal Blood Flow With Hands-free Crutches Compared to Conventional Lower Extremity Injury Mobility Devices
Friday, 3-31	9:10	Katherine Curtis	Karen Pfeiffer	Michigan State University	N	Longitudinal Effect of Athlete Workload on Countermovement Jump Characteristics
Friday, 3-31	9:20	Korie Riely	Emily Tyrrell	University of Mary	Y	Effects of Cardiovascular vs. Concurrent Cardiovascular and Resistance Training Among Individuals with Obesity
Friday, 3-31	9:30	Hannah Kiernan	Chelsee Shortt	Northern State University	Y	A Correlational Study Between Parent Perception of Play and Motor Development in Early Childhood
Friday, 3-31	9:40	Ella Kelm	Corey Selland	Minnesota State University, Mankato	N	Physical Activity Impact on Mental Health, Well-being, and Academics Among Students and Student-Athletes
Friday, 3-31	11:00	Zachary Pandorf	Shane Scholten	Augustana University	Y	Ischemic Preconditioning on Swimming Performance: An Exploration into Practical Application
Friday, 3-31	11:10	Megan Axberg	Mary Stenson	University of Minnesota-Duluth	Y	Quantifying Metabolic Demand of Different Positions in Women's College Lacrosse
Friday, 3-31	11:20	Colten Brand	Shane Scholten	Augustana University	Y	Correlations Between Subjective and Objective Wellness Measures: An Observational Study with Cross Country Runners
Friday, 3-31	11:30	Jill Treacy	Brenda Davies	Concordia University, St. Paul	Y	Improved Shoulder Flexion in Elderly Women Following an 8-week Daily Foam Roller Exercise Program