



RMACSM Undergraduate and Graduate Student Poster / Presentation Guidelines 2022

OVERVIEW

The following information outlines the student poster and presentation guidelines for both undergraduate and graduate students who will be presenting at the RMACSM Annual Meeting. Please read the poster and presentation instructions carefully as well as how you will be judged.

POSTER CATEGORIES

Original Research
Project Proposals

AWARDS:

Original Research

Five Doctoral student awards: 1st = \$300, 2nd = \$150, 3rd = \$100 4th = \$75 5th = \$50

Five Master's student awards: 1st = \$300, 2nd = \$150, 3rd = \$100 4th = \$75 5th = \$50

Three undergraduate student awards: 1st = \$300, 2nd = \$150, 3rd = \$100

President Cup: \$1200 and complimentary registration to ACSM Annual Meeting in San Diego, CA.

ELIGIBILITY:

Regional eligibility: Open to graduate and undergraduate students. Both student and faculty member sponsor must be a member of RMACSM to be eligible for monetary awards.

President's Cup eligibility: Open to graduate and undergraduate students presenting under the category of original research. At a minimum, the student must be a member of both their regional AND national ACSM. Additional requirements are listed in *Appendix C*.

POSTER PREPARATION

- The RMACSM display boards are 40 inches high X 60 inches wide. For the best display, posters should not exceed the size of the board.
- The Abstract should be placed in the upper left-hand corner of the poster, underneath the title and author blocks that should be displayed across the top border of the poster.
- Recommended sections of the poster should include an Introduction, Experimental Design or Methods, Results, and Summary or Conclusion.
- Tables, Figures, Illustrations, and Photographs are also effective and may be included.
- Add an Acknowledgement section for any funding source(s), institutional support, or individuals who have contributed significantly but who are not listed as authors.
- Add an abbreviated Reference section for references that are crucial for inclusion in the poster.
- During your allotted time three judges will be walking by to score your poster presentation.

JUDGING

All student posters will be evaluated. Posters in the original research category and project proposals will be evaluated by a panel of three independent judges based on the rubric provided in *Appendix A (Original research) and B (Project Proposals)*. The top two scores will be averaged to provide the final poster score. In the case that one judge's mentee is presenting, the judge can recuse themselves for that particular poster and the remaining two score sheets will be averaged. All judge's sheets will be returned to a student who will enter the scores into an electronic spreadsheet to provide scores.

American College of Sports Medicine – Rocky Mountain Chapter

Research Poster– 2022, Appendix A

Judge Name _____

Student Name _____ Graduate or Undergraduate (*circle one*)

Check box here if conflict exists (i.e., they are a student at your University)

Circle a number for each item below | 1=poor | 3 = Satisfactory | 5 = Excellent

Organization (proper size, abstract included, appropriate headings)	1	2	3	4	5
Visual Appeal (attractive, font size, logical layout)	1	2	3	4	5
Statement of problem (clear research question with appropriate background)	1	2	3	4	5
Scientific Merit (Does the study design answer the research question? Does this poster represent quality research?)	1	2	3	4	5
Tables & Figures (simple, related to main findings, legible)	1	2	3	4	5
Originality / Contribution to the Field (novel and fills a knowledge gap)	1	2	3	4	5
Knowledge (The presenter knows the field well)	1	2	3	4	5
Questions (ability to answer questions briefly yet thoroughly)	1	2	3	4	5
Total Score					

Comments:

American College of Sports Medicine – Rocky Mountain Chapter

Proposal Poster– 2022, Appendix B

Judge Name _____

Student Name _____ Graduate or Undergraduate (*circle one*)

Check box here if conflict exists (i.e., they are a student at your University)

Circle a number for each item below | 1=poor | 3 = Satisfactory | 5 = Excellent

Organization (proper size, abstract included, appropriate headings)	1	2	3	4	5
Visual Appeal (attractive, font size, logical layout)	1	2	3	4	5
Background (information clearly outlines why the research is being proposed)	1	2	3	4	5
Specific Aim(s) (Are the specific aims of the study appropriate and linked to the background? Does this poster represent quality research?)	1	2	3	4	5
Tables & Figures (simple, related to main findings, legible)	1	2	3	4	5
Originality / Contribution to the Field (novel and fills a knowledge gap)	1	2	3	4	5
Knowledge (The presenter knows the field well)	1	2	3	4	5
Questions (ability to answer questions briefly yet thoroughly)	1	2	3	4	5
Total Score					

Comments:

Appendix C – President's Cup Information

ACSM Regional Chapter Meeting President's Cup Competition

I. Mandatory Chapter Requirements

- a. Each regional winner must be a current member of both the national ACSM organization and his/her affiliated ACSM regional chapter organization.
- b. Each regional winner must be a student enrolled in a program at the time of the regional chapter meeting. However, if the student were to graduate before the ACSM Annual Meeting, they are still eligible for the national-level competition.

Note: student can be either undergraduate or graduate at the national-level competition, but regional chapters can limit to just graduate students if they wish.

- c. Each regional winner must be able to attend the national ACSM Annual Meeting in San Diego, CA (May 31-June 4, 2022) for the national president's cup competition.
- d. Current Student Affairs Committee and/or BOT members are NOT eligible for the President's Cup competition.
- e. Past President's Cup regional and national winners are NOT eligible for the President's Cup competition.
- f. Each regional winner will be required to deliver a poster presentation at the national ACSM Annual Meeting. Individuals who have won their regional competition with an oral/slide/podium presentation will be required to reformat the same presentation into a poster. Thus, winners will need to plan accordingly.
- g. The type of project conducted by the student must align with the mission of ACSM, which is to: "...advance and integrate scientific research to provide educational and practical applications of exercise science and sports medicine".

***Please note that both student and faculty member sponsors must be chapter members in order to be eligible for monetary awards.**