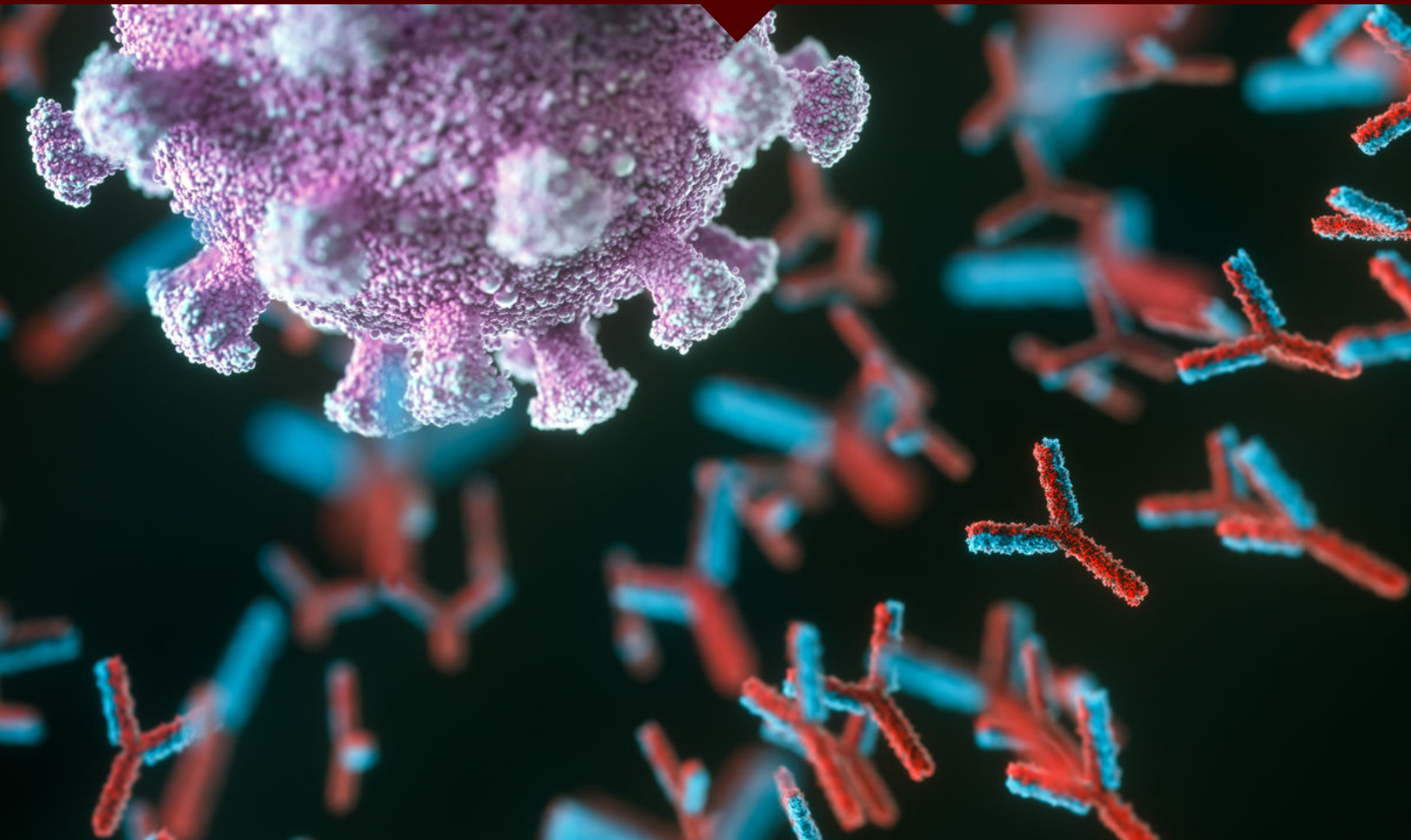




TEXAS A&M UNIVERSITY

Huffines Institute



HILLIARD DISCUSSION XI

WEDNESDAY SEPTEMBER 29 - 06:30 PM

Zoom Link: <https://bit.ly/3yd2G1l>

The HD11 is a point/counterpoint debate by two recognized experts in the field of scientific publishing.

With the concern about immune functioning over the past two years, exercise has been touted as a way to increase immune strength.

However, it has long been thought that vigorous exercise actually depresses immune functioning. New information challenges that thought.

Near more about our speakers at <https://www.huffinesinstitute.org/News/Hilliard-Discussion> and join us virtually for HD11 on September 29.

OUR DEBATERS

Dr. David Nieman
Appalachian State University



Dr. Emily LaVoy
University of Houston



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Kinesiology