



AMERICAN COLLEGE
of SPORTS MEDICINE
Southeast Chapter



Candidate for Member at Large



Anyea King, MS
University of North Carolina Charlotte

I am enthusiastic about the opportunity to serve on the SEACSM (Southeast American College of Sports Medicine) board as a Member at Large. Having engaged in conversations with colleagues who have previously held such positions, I am inspired by the profound impact it has on fostering connections within the regional community. Joining the board would allow me to establish relationships with professionals I might not have crossed paths with otherwise, expanding my network and enriching my understanding of the diverse perspectives within SEACSM.

I am eager to delve into the inner workings of the conference and the organization as a whole. Serving as a Member at Large will provide me with a unique vantage point, allowing me to observe and contribute to the decision-making processes, strategic planning, and execution of events. This firsthand experience will not only deepen my appreciation for the effort and dedication invested in sustaining SEACSM but will also equip me with valuable insights that can contribute to the organization's growth and success.

In essence, my desire to serve on the board stems from a genuine eagerness to connect with fellow regional members, as well as a strong curiosity about the behind-the-scenes dynamics that drive the organization. I am confident that my passion for advancing the field of sports medicine aligns seamlessly with the goals of SEACSM, and I am excited about the prospect of contributing to its continued excellence.

ANYEA KING

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Professional Preparation

August 2012 – May 2016

Bachelor of Science in Exercise Science, The University of North Carolina at Charlotte

August 2017 – May 2019

Master of Science in Clinical Exercise Physiology, The University of North Carolina at Charlotte

Professional Service

July 2016 – May 2017

Health Fitness Specialist at The Cypress of Charlotte Retirement Community

May 2017 – June 2019

Researcher and Laboratory Supervisor at UNC Charlotte's Health Risk Assessment Laboratory

April 2019 – November 2021

Clinical Exercise Physiologist at Atrium Health's Sanger Heart and Vascular Institute

November 2021 – July 2022

Non-invasive Cardiology Technologist at Novant Health's Heart and Vascular Institute

July 2022 – Current

Lecturer and Laboratory Manager at UNC Charlotte

Internship Experience

January 2016 – May 2016 Atrium Health Cardiac and Pulmonary Rehabilitation

May 2018 – August 2018 Novant Health Cancer Rehabilitation and Wellness

January 2019 – May 2019 Better Life Carolinas Age Management Wellness Center

Volunteer Experience

April 26, 2015 UNC Charlotte Science and Technology Expo Booth

May 2015 Muscular Dystrophy Association Summer Camp

February 2016 Atrium Health Foundation Cupid's Cup 5k

April 24, 2016 UNC Charlotte Science and Technology Expo Booth

May 2016 Muscular Dystrophy Association Summer Camp

May 2017 – May 2019 UNC Charlotte Health Risk Assessment Program Community Outreach

March 2018 Cabarrus County Senior Health and Wellness Expo

March 8, 2018 Johnson C. Smith University Health Fair Exhibitor

Teaching Experience

Undergraduate Courses

The University of North Carolina at Charlotte

Prospect for Success in Health and Human Services (HAHS 1101) Lecturer

Foundations of Physical Conditioning (EXER 2101) Lecturer

Introduction to Exercise Science (EXER 2150) Lecturer

Human Anatomy and Physiology for Health Professions II (EXER 2169) Lecturer

Topics: Undergraduate Teaching Assistant (EXER 3099) Lecturer

Exercise Physiology: Principles and Application (EXER 3281) Undergraduate Teaching Assistant

Exercise Testing: Principles and Applications (EXER 3287) Lecturer

Exercise Testing: Principles and Applications (EXER 3287) Graduate Teaching Assistant

Graduate Courses

The University of North Carolina at Charlotte

Clinical Practice in Exercise Physiology (KNES 6121) Lecture

Teaching Experience continuedInvited Speaker

The University of North Carolina at Charlotte
Practitioner Seminar (KNES 4660)

Intern Supervisor

UNC Charlotte Health Risk Assessment Laboratory

Patient Educator

Novant Health Cancer Rehabilitation and Wellness

Benefits of weight-bearing and non-weight bearing exercises during and after cancer diagnosis and treatment

Non-invasive Cardiology Testing Educator

Atrium Health's Sanger Heart and Vascular Institute

Novant Health's Heart and Vascular Institute

Affiliations and Certifications

2012 – Current Member and Certified Clinical Exercise Physiologist, American College of Sports Medicine (ACSM)

2012 – Current Certified Basic Life Support (BLS) Provider, American Heart Association

2017 – Current Certified Advanced Cardiovascular Life Support (ACLS) Provider, American Heart Association

Research Experience

Hinton, A, **King, A.**, Ash-Shakoor, J., Belt, W. Dexter, A., Gibson, E., Lavis, A., Loman, B., Munchel, C., Palmer, T., Stranburg, K., Thibault, K., Moore-Harrison, T. (2018). Tracking Blood Profiles for Repeat Participants across Older Adults in Mecklenburg County: A 10-Month Study. Southeast Regional Chapter of American College of Sports Medicine 46th Annual Scientific Meeting, Chattanooga, Tennessee.

King, A., Theodros, A., Ash-Shakoor, J., Ball, A., Belt, W., Bowen, M., Choe, M., Dexter, A., Gibson, E., Kabis, M., Keane, K., Lavis, A., Loman, B., Martin, J., Munchel, C., Paul, R., Palmer, T., Silab, E., Stranburg, K., Thibaut, K., and Moore-Harrison, T. (2019) Blood Pressure Changes at Bette Rae Thomas Recreation Center Health Assessments. Southeast Regional Chapter of American College of Sports Medicine 47th Annual Scientific Meeting, Greenville, South Carolina.

Co-Investigator Recognition

Gibson, E., Ash-Shakoor, J., Hinton, A., **King, A.**, Loman, B., Mills, J., Joyner, J., Munchel, C., Dexter, A., Lavis, A., Palmer, T., Stranburg, K., Gordon, S., Moore-Harrison, T. (2018). Effects of Group or Individual Exercise on Triglycerides and Blood Glucose Values in Seniors. Southeast Regional Chapter of American College of Sports Medicine 46th Annual Scientific Meeting, Chattanooga, Tennessee.

Loman, B., Ash-Shakoor, J., Hinton, A., **King, A.**, Mills, J., Joyner, J., Gibson, E., Munchel, C., Dexter, A., Lavis, A., Palmer, T., Stranburg, K., Gordon, S., Moore-Harrison, T. (2018). Effects of Group Exercise on Blood Profiles in Older Adults. Southeast Regional Chapter of American College of Sports Medicine 46th Annual Scientific Meeting, Chattanooga, Tennessee.

Tart, A., Ash-Shakoor, J., Hinton, A., **King, A.**, Loman, B., Mills, J., Joyner, J., Gibson, E., Munchel, C., Dexter, A., Lavis, A., Pascual, W., Gordon, S., Moore-Harrison, T. (2018). Diabetic Risk Profiling in Charlotte Hispanic Community. Southeast Regional Chapter of American College of Sports Medicine 46th Annual Scientific Meeting, Chattanooga, Tennessee.

Co-Investigator Recognition continued

Thibault, K. Belt, W., Ash-Shakoor, J., Hinton, A., **King, A.**, Loman, B., Mills, J., Joyner, J., Gibson, E., Munchel, C., Dexter, A., Lavis, A., Palmer, T., Stranburg, K., Gordon, S., Moore-Harrison, T. (2018). The Effects of Socioeconomic Status on Healthcare Access. Southeast Regional Chapter of American College of Sports Medicine 46th Annual Scientific Meeting, Chattanooga, Tennessee.

Ball, A., Bowen, M., Dexter, A., Grove, T., Hinton, A., Lavis, A., Loman, B., Lowery, S., Kabis, M., Keane, K., **King, A.**, Munchel, C., Palmer, T., Silab, E., Spencer, R., Stranburg, K., Theodros, A., Wilkers, K., and Moore-Harrison, T. (2019) Relationship Between Exercise Class Participation and Improvement in Cholesterol Levels in Older Adults. Southeast Regional Chapter of American College of Sports Medicine 47th Annual Scientific Meeting, Greenville, South Carolina.

Kabis, M., Silab, E., Ball, A., Dexter, A., Grove, T., Hinton, A., Lavis, A., Loman, B., Lowery, S., Keane, K., **King, A.**, Munchel, C., Palmer, T., Stranburg, K., Theodros, A., Thibault, K., Wilkers, K., and Moore-Harrison, T. (2019) Lipid Profile and HbA1c Vary Across Age Groups in Active Older Adults. Southeast Regional Chapter of American College of Sports Medicine 47th Annual Scientific Meeting, Greenville, South Carolina.

Conferences/Symposiums Attended

- February 15-17, 2018 SEACSM Annual Meeting (Chattanooga, TN)
-Poster presentation
- February 14-16, 2019 SEACSM Annual Meeting (Greenville, SC)
-Poster presentation
- February 26, 2020 Cardiovascular Stress Testing Forum (Charlotte, NC)
- February 23-25, 2023 SEACSM Annual Meeting (Greenville, SC)
- April 19-21, 2023 Building Healthy Academic Communities Summit (Wilmington, NC)