



President's Message

Michael McKenzie

Now that summer is quickly coming to a close, we hope you are already thinking about SEACSM 2018. The call for abstracts has already been released, and we are looking forward to a record-breaking number of submissions once again as we prepare to head to Chattanooga for the first time in quite a while. This call is for abstracts, tutorials, symposiums, and oral communications. The quality of the science presented last year was incredible, and we fully expect

2018 to be no exception. We think you will really enjoy the hotel and surrounding area in this city which most of our members have likely not been to for a conference yet.

We have already secured an outstanding slate of speakers for our 2018 meeting. ACSM President Walt Thompson will give his presidential address. Dr. Tim Lightfoot, of Texas A&M, a former SEACSM President will be our keynote speaker. Dr. Mike Reid, Dean at the University of Florida will give our basic science lecture, and Dr. Sofiya Alhassan of U Mass Amherst will be our luncheon speaker. We eagerly await their exciting lectures.

Building on the success of last year's pre-conference, we again will have an exciting preconference for you this year. Dr. Yuri Feito of Kennesaw State has put together our fall lecture tour. Full details on dates and locations can be found in this newsletter, but I want to personally thank Yuri for his service.

As always, we continue to need volunteers to help our meeting go seamlessly. Please visit the volunteer tab on our webpage and fill out the form. We also look forward to being further integrated with ACSM's webpage, which we hope will make registration and payments an even easier process. Please contact me at mckenziemi@wssu.edu at any time if you have any comments or suggestions for me. So please join me and the rest of the SEACSM board and members at SEACSM 2018 at the Chattanooga Hotel from February 15-17. I hope to see you there.

SAVE THE DATE -FEBRUARY 15-17, 2018

Chattanooga, TN



President-Elect Lynn Panton, Florida State University

I hope this Newsletter finds everyone well and having a wonderful summer. This year's annual meeting of the Southeast Chapter of the American College of Sports Medicine (SEACSM) will be held February 15-17, 2018 at the Chattanooga Hotel in Chattanooga, Tennessee (<http://www.chattanooga.com>). This year's program will include tutorials, symposia, free communications (oral and poster), clinical case studies, the student bowl and graduate fair, pre-conference sessions, and a chance to network with other colleagues from the Southeast. In addition to the program, Chattanooga is a great destination for the SEACSM annual meeting with immediate access to exercise, dining, and shopping. There are many things to do in Chattanooga and the surrounding area. *Outside Magazine* named Chattanooga as the #1 city in America for outdoor adventures. The official nickname for Chattanooga is the Scenic City. The city has wonderful restaurants and places to see. Hope you all plan to join us in February. Applications for a tutorial, symposium, or research presentation are strongly encouraged and must be completed and submitted electronically. No paper submissions will be reviewed or accepted. To submit electronically, go to the SEACSM web site (<http://www.seacsm.org>), use the button for Annual Meeting, complete the appropriate form(s), and submit them from the web site. If you are unable to access the site, please contact Lynn Panton by phone at 850-644-4685 or email lpanton@fsu.edu or Don Torok, 954-236-1261, <mailto:torok@fau.edu>. You should print and keep the message that appears after you hit the submit button, as verification that your submission was received. Another e-mail message will be sent to you during November indicating whether your submission has been accepted for presentation at the annual meeting. Please ensure that the e-mail address you provide with your submission will be available during November (if in doubt, list your major professor's or another accessible e-mail address). The deadline for receipt of all abstracts is mid-night (11:59 PM) Eastern Time October 1, 2017 (Sunday night).

Past-Presidents Message – John Quindry

I am honored to undertake the Past-President duties leading up to the 2018 SEACSM annual meeting. My primary tasks include overseeing nominations for SEACSM Officers, nominations for Montoye Scholar, and managing the student award competitions. The 2018 ballot (President-Elect, two Members-At-Large and a Student Representative) is nearing completion and will soon undergo preliminary consideration by a group of SEACSM Past Presidents. Following the vetting process, the ballot will be announced prior to the 2018 SEACSM meeting, and votes cast on site to determine the next Executive Board members.



We are also seeking nominations for the 2018 Henry Montoye Scholar Award. The award honors Henry Montoye and the winner will deliver the Scholar Lecture at the SEACSM Annual Meeting. If you would like to nominate someone for Montoye award

consideration, please send the name of your nominee with a brief rationale supporting your nominee to John Quindry at john.quindry@mso.umt.edu by September 15.

Finally, we continually strive to support opportunities for student presentations and participation at the annual meeting. Stay tuned to future newsletters that will detail ACSM grant funded and other opportunities to attend and present at the 2018 SEACSM meeting. Among the important initiatives in this regard, is the Leadership & Diversity Training Program. All told, the pieces are coming together to have yet another record setting meeting in Chattanooga this coming February. Start planning now for your presentation submissions in September and/or to attend the annual meeting early in the spring semester 2018.



Sponsor and Exhibitor Opportunities **Michael Berry**

It's August, it's hot, it's humid, but the one thing it is not is too early to think about sponsors and exhibitors for the 2018 annual meeting in Chattanooga. The Southeast American College of Sports Medicine has a variety of opportunities available for companies and organizations to market their products and services to sports medicine and exercise science professionals in the southeast and to gain local, regional and national exposure for their company. One of the highlights of the conference is the opportunity for one-on-one interactions with exhibitors participating in the meeting. The opportunity to learn more about the products and services that companies and organizations have to offer sports medicine and exercise science professionals is an important part of the meeting. The sponsors and exhibitors that participate at the annual meeting are from a wide variety of industries and offer products, equipment or services that the conference attendees frequently use in their professions. We are preparing the Sponsors and Exhibitors Guide for the upcoming 2018 meeting. If you or your business would like to participate as a sponsor or exhibitor, or if you know of a company or business that you think would like to participate or that you would like to see at the meeting, please be sure to contact Michael Berry (berry@wfu.edu) as soon as possible to discuss these opportunities.

SEACSM Graduate Student Fair **Attention Graduate Coordinators:**

The 2018 Graduate Student Fair will be held on Friday evening of the conference. Over 30 graduate programs were represented at the previous conference. This is one of the most popular events with very heavy student traffic. Please consider this opportunity to recruit some of the best undergraduate & graduate students to your graduate programs! Please see the link to the application form on the SEACSM website (www.seacsm.org/annualmeeting.html). Payments can then be made through the link to ACSM (link will be posted soon). Registration fees will increase as we get closer to the conference, so submit early!

Forms and Cost: For those interested in reserving a table at the upcoming Graduate Fair, you will need to submit an application form (www.seacsm.org/annualmeeting.html) and submit electronic payment confirmation to Amy Knab (knaba@queens.edu).

\$75.00 if payment received by November 1 (\$90.00 if need electrical)
\$85.00 if payment received by December 1 (\$100.00 if need electrical)
\$100.00 if payment received by January 15 (\$115.00 if need electrical)
If you have any questions, please contact Amy Knab (knaba@queens.edu).

Student Bowl Information

Congratulations, to the students from Georgia State University who represented the SEACSM chapter at our 2017 Annual ACSM Meeting in May (Team Members: Mary-Catherine Driskell, Adria Wofford, and Devrick Thomas!) If you would like to compete in the 2018 Undergraduate Student Bowl at the annual SEACSM Meeting in February please be aware that team registration opens on October 2nd. Sponsors should contact Tiffany Esmat at tesmat@kennesaw.edu to register.

Undergraduate Student Bowl Requirements:

Students and Club Advisors: It is time to start thinking of whom you want to represent your undergraduate program in the 2018 SEACSM Undergraduate Student Bowl. This is one of the most highly attended events at our annual meeting. Students are provided an opportunity to showcase their knowledge while competing in a jeopardy style competition. The winning team will be invited to represent the SEACSM chapter while competing at the ACSM Annual Meeting in Minneapolis, Minnesota. SEACSM contributes up to \$300 towards travel for each student to attend the ACSM Annual Meeting. All teams must have a Faculty (Sponsor) and 3 undergraduate students (no graduate students are allowed to participate). Faculty Sponsor(s) need to contact Tiffany Esmat (tesmat@kennesaw.edu) to register their team. Only ONE team per university can be accepted and students must be undergraduates of that university at the time of the competition. Due to limited space and equipment only a limited number of teams can be accepted to participate. Registration begins October 2, 2017 and runs through November 15. Priority will be given to those who register early. Faculty Sponsors will be notified by December 1, 2017 if their team has been accepted to participate in the 2018 SEACSM Undergraduate Student Bowl.

Call for AV Teams:

AV teams will be needed for the 2018 SEACSM conference. This is a very important aspect of the meeting so please carefully consider providing this service. AV teams will be



responsible for managing the audio and video equipment and providing support for presenters during keynote presentations and free communication sessions. Teams include 2-3 students and will be required to bring a laptop computer, projector, supporting peripherals (cord connectors, adapters, etc.), and laser pointer.

SEACSM will provide 1 hotel room for the 2 nights of the conference for each AV team. Each team must have a faculty sponsor who will be attending the meeting and only 1 AV team will be permitted per institution. Not all applications may be accepted; team acceptance will be based on AV support demand, team past performance (if applicable), and timeliness

of the team application. To apply, please complete the form [here](#). For questions, contact Jonathan Wingo at jwingo@ua.edu.

A Message From Your Student Representatives



Hello Students! We are hoping you are having an incredible summer whether you are enrolled in summer courses, working at the lab, or relaxing by the pool. Please check out the exciting news and updates specifically from SEACSM students. We have been working hard to plan new events for the upcoming 2018 SEACSM annual meeting! Below are a few things to be aware of...

- ❖ **Pre-Conference.** Perhaps you went last meeting? The pre-con was such a hit last year that we will be continuing it again! During the pre-conference we will have student specific events aimed at providing mentoring and networking opportunities. We will also be hosting a new presentation platform called the "Rapid Research Race". During this session students and professionals in our field will provide a 2-minute presentation on their latest research! Be sure to show up early on February 15th to take advantage of all these great opportunities!

Want to stay active at the meeting? You are just in luck! We will be having a yoga class and running group Friday morning at 6:30. Make sure to register at the student help desk early as spots will fill up fast!

- ❖ **Be on the lookout this fall for important deadlines regarding our annual SEACSM Meeting. Things to watch out for:**
 - **Abstract Submission:** Start preparing those abstracts now! Be sure to check out <http://www.seacsm.org/annualmeeting.html> for the most up to date information on deadlines and formatting requirements!
 - **Student Bowl:** Congratulations, to the students from Georgia State University who represented the SEACSM chapter at our 2017 Annual ACSM Meeting in May. **If you would like to compete in the 2018 Undergraduate Student Bowl at the annual SEACSM Meeting in February please be aware that team registration opens on October**

1st. Sponsors should contact Tiffany Esmat at tesmat@kennesaw.edu to register.

- **Call for AV Teams.** Each year AV teams are needed at our annual conference. This is a very important aspect of the meeting so please carefully consider providing this service. AV teams will be responsible for managing the AV equipment and providing support for presenters during keynote presentations and free communication sessions. AV teams are composed of 2-3 students and will be required to bring a laptop computer, data projector and supporting peripherals (cord connectors, etc.). More information is in the newsletter.
- ❖
- **President's Cup Competition.** This year we will hold the third annual President's Cup Competition. During this competition, a select group of graduate student presentations (either oral or poster) will be selected to compete for free registration and travel allowance to the 2018 ACSM Annual Meeting. If you're the winning presentation, you will present (in poster format) at the Annual ACSM Meeting against other regional winners. Be sure to check the President's Cup option during abstract submission to be considered for this award!
- ❖
- **Call for volunteers.** This year we will be providing many exciting opportunities for students. This means we are going to need a few extra hands to help things run smoothly! If you are interested in volunteering, please contact one of your student representatives so we can keep you in the loop!
- ❖
- ❖ **Stay Connected!**
 - Check out our website at www.seacsm.org and be sure to join **SEACSM on Facebook (SEACSM Chapter)** to have direct access to all our current information, job opportunities and interacting with other SEACSM members! Also, follow us on Twitter @SEACSM!
 - ❖
 - Since our SNAPCHAT filter was such a huge success with over 8.3K views, we will be having social media events to stay connected during the conference. Stay on the lookout as this progresses!
- ❖ **Got an idea for a student event you'd like to see at future meetings?**
 - Email your student representatives at SEACSMStudents@gmail.com and share them with us!

Stay Healthy and Active,

Ashlyn Schwartz, B.S., EP-C
Graduate Assistant for The Center
For Physical Activity and Health
Department of Kinesiology,
Recreation, and Sport Studies
University of Tennessee
Email: aschwa13@vols.utk.edu

Samuel Buckner, M.S.
Graduate Research Assistant
Department of Health, Exercise
Science, and Recreation Management
The University of Mississippi
Email: slbuckne@go.olemiss.edu



SEACSM Clinical Representative- Kenneth P. Barnes, MD, MSc., CAQSM, FACSM-Waiting on update

The clinical program for the 2018 SEACSM meeting will be on focusing on "Updates in Hot Topics in Sports Medicine." This would include, but is not limited to: Concussion, Clavicle fractures, FAI, PRP, Biologics, Regenerative Medicine, and a session on how to optimize Billing & Coding.

We look forward to another exciting program and look forward to highlighting the outstanding clinical case studies from our Sports Medicine fellows.

CLINICAL CASE ABSTRACTS: Deadline for case abstract submissions is Monday, December 11, 2017 at 5 PM ET for the 2018 meeting. Authors of cases that are accepted for presentation during the 2017 SEACSM Clinical Track will be notified by Tuesday, January 2, 2018.

Please send case submissions (Microsoft Word Document as e-mail attachment) directly to Dr. Brent Messick, MD, (<mailto:brent.messick@carolinashealthcare.org>) Required format for case abstract submissions is as follows (500 word limit, not including title): Title of Case, History (to include history of present illness, past medical history, medications, allergies, etc.), Physical Examination, Differential Diagnosis List, Data (to include diagnostic tests performed and results, laboratory studies performed and results, etc.), Final Working Diagnosis and Treatment, and Outcome. Please include your email address on your submission.

Why MY Abstract Didn't Submit!

Editor's News- Don Torok

After last year's record number of submissions, we are planning on another repeat performance. Please keep these things in mind when submitting your abstracts.

REQUIREMENTS FOR ALL SEACSM 2018 MEETING

SUBMISSIONS:

No Symbols, Figures, or Tables should be included in abstracts. Abstracts will appear in the program as submitted. Your complete abstract must fit into a box with the following dimensions: **5.75 inches wide by 5 inches high. There is a limit of no more than 25 lines of text—this includes your title, authors, their affiliations and the body. All submission boxes in the form, must have info in them for the form to correctly be sent.** Review the call for abstract materials on the website for required materials in the abstract. **TITLE** (all capital letters), **Authors**, and **Institution** should be included in all abstracts and formatted as in the example on the website.

In order to make all abstracts readable in the program, no more than 14 characters and spaces per horizontal inch and 6 lines-per vertical inch should be used or the abstract will be rejected without review. Required fonts for all electronic submissions are either **TIMES-12 point** or **TIMES NEW ROMAN- 12 point**. Use of other fonts may result in the loss or

changing of characters. DO NOT USE SYMBOLS, as they do not always transfer electronically.

One of the most important items to check before you submit your abstract is that **ALL BOXES are filled in on the submission page. Failure to enter something in ALL of the BOXES will result in failure of your submission to work. You must also check the box that states-All authors have reviewed this abstract and approve of the content as submitted.** The number one problem that individuals encounter with the submission process is not filling in all of the boxes.

Do not wait until the last day to submit your materials, as the site becomes very overloaded and it might prevent your materials from arriving on time. Please share this information with colleagues or students who may not have received it. Remember that all presenters must register for the conference.

Here are some other things that you will need to know about the meeting. 1) Online registration for the meeting will be posted on the chapter website: SEACSM.ORG, as well as the hotel registration materials. These links should be operational some time during late fall. See you in Chattanooga, TN!



2017 SEACSM Fall Lecture Tour

The 2017 Fall SEACSM Lecture Tour is taking place this September and October in the states of North Carolina, Georgia, & Florida. The 2017 SEACSM Lecture Tour will feature Dr. Deborah Riebe, from the University of Rhode Island. The topic of her talk will be: "Developing the Guidelines for Exercise Testing and Prescription: A look at where we have been and where are we going." The tentative schedule has Dr. Riebe presenting at the Kennesaw State University on 9/20, High Point

University on 10/4, NC Wesleyan College on 10/5 and Nova Southeastern on 10/18. Please plan to attend if you are near those locations. The 2017 SEACSM Lecture Tour is being coordinated by Dr. Yuri Feito from Kennesaw State University.

Sites & Contacts for more information

Kennesaw State University, GA (September 20th)

Contact person: Dr. Yuri Feito (yfeito@kennesaw.edu)

High Point University, NC (October 4th)

Contact Person: Dr. Kimberly Reich (kreich@highpoint.edu)

NC Wesleyan College (October 5th)

Contact Person: Dr. Meir Magal (mmagal@ncwc.edu)

Nova Southeastern University (October 18th)

Contact Person: Dr. Monique Mokha (gm588@nova.edu)

SEACSM Executive Board

- John Quindry, Past-President, University of Montana, Department of Health & Human Performance, 108 McGill Hall, Missoula, MT 59812 406-243-4268, fax 406-243-6252 E-mail: John.quindry@mso.umt.edu
- Michael McKenzie, President, Winston-Salem State University, Department of Exercise Physiology, 601 S. MLK Jr. Dr, 147B Anderson Center, Winston Salem State University, Winston Salem, NC 27110 (W) 336-750-3136 E-mail: mckenziem@wssu.edu
- Lynn Pantan-President-Elect, Florida State University, Department of Nutrition, Food & Exercise Science, 100C Sandels Building, Tallahassee, FL 32306-1493 (850) 644-4685, (FAX)850-645-5000, E-mail: lpanton@fsu.edu
- Carolynn Berry, Executive Director, Office of the Provost, Associate Provost, 205 Blair Hall, Winston-Salem State University, Winston-Salem, NC 27110, (W)336-750-2110, (FAX) 336-750-2202 E-mail: berryc@wssu.edu
- Michael Berry, Exhibits, Sponsorships and Fund Raising, Wake Forest University, Department of Health and Exercise Science, P.O Box 7868, Winston-Salem, NC 27109 (W) 336-758-5847 (FAX) 336-758-4680 e-mail: berry@wfu.edu
- Allan Goldfarb, Representative to ACSM, University of North Carolina/Greensboro, Department of Kinesiology, 260 Coleman, Greensboro, NC 27402, (w) 336-334-3029 E-mail: ahgoldfa@uncg.edu
- Don Torok, Webmaster & Newsletter Editor, Associate Dean, College of Education, Florida Atlantic University, Davie, FL 33314 (W) 954 236-1261 (FAX) 954 236-1050 e-mail: Torok@fau.edu
- Kenneth P. Barnes, MD, MSc., Clinical Representative, Greensboro Orthopaedics, 3200 Northline Ave, Suite 200, Greensboro, NC 27408, email: lpbarnes14@gmail.com, Web: <http://greensboroorthopaedics.com/directory/people/show/kenneth-barnes>
- Alicia Bryan, At-Large Member, Columbus State University, Department of Health, Physical Education and Exercise Science, 4225 University Avenue, HPEX- Lumpkin 259, Columbus, GA 31907, (w) (706) 568-5084, (fax) (706) 569-2634; E-mail: Bryan_alicia@columbusstate.edu
- Tiffany Esmat, At-large Member, Kennesaw State University, Department of Exercise Science and Sport Management, MD 4104 Prillaman Hall Rm. 4019, 520 Parliament Garden Way NW, Kennesaw, GA 30144, (w)(470) 578-2652, (fax) (470) 578- 9072 E-mail: Tesmat@kennesaw.edu
- Amy Knab, At-large Member, Queens University of Charlotte (w) 704-688-2853, knaba@queens.edu
- Jonathan Wingo, At-Large Member, University of Alabama, Department of Kinesiology, Box 870312, Tuscaloosa, AL 35487-0312 (W) (205) 348-4699, (F) 205-348-0867, email:jwingo@ua.edu
- Sam Buckner, Student Representative (2016-2018), University of Mississippi, Department of Health, Exercise Science & Recreation Management, 244 Turner Center, PO Box 1848, University, MS 38677, (w) (662) 915-5521, (F) (662) 915-5525, mail to: slbuckne@go.olemiss.edu
- Ashlyn Schwartz, Student Representative (2017-2019), University of Tennessee, Department of Kinesiology, Recreation, and Sport Studies, 1914 Andy Holt Avenue, Knoxville, TN 37996. Office 314 HPER Building, (W)(865)974-5091, (F)(865) 974-8981, mail to: aschwa13@vols.utk.edu

SEACSM

Carolynn Berry, Executive Director
Associate Provost
Winston-Salem State University
205 Blair Hall
Winston-Salem, NC 27110

Newsletter Editor:
Don Torok, Ph.D.
Dean's Office, College of Education
3200 College Avenue, 205 ES Building
Davie, FL 33314

