President’s Message

Kevin McCully

As the New Year starts we are rapidly approaching the time for the annual meeting of Southeast American College of Sports Medicine. The program for the 43rd annual meeting is complete and posted on our website. President-Elect Sue Graves has led a large team of SEACSM members who have come together to make this the special meeting that it is. SEACSM continues to grow academically and clinically, while maintaining a student friendly atmosphere. Thank you to all who have submitted abstracts for presentation, reviewed submitted abstracts, and agreed to participate in our conference activities.

I have one special message prior to the meeting: vote for your candidates for the Board of SEACSM! Past President Ed Acevedo has put together a strong list of candidates, and it is your job to vote on them. Voting starts on Thursday afternoon with registration and ends on Friday afternoon at 5 PM. The ballot will be located in your registration package, and the ballot box located near the registration area. The SEACSM is growing and we do face important decisions in the future. Please help us select the best possible leadership. And secondly, please let me know if you are willing to stand for election next year! I look forward to seeing all of you on February 12.

Please do not hesitate to contact me with any comments or question that you may have regarding our chapter activities: mccully@uga.edu or 706-542-1129.

SEACSM Annual Meeting -FEBRUARY 12-14, 2015

Jacksonville, Florida
Sponsor and Exhibitor Opportunities
Michael Berry

The Southeast American College of Sports Medicine offers companies and organizations the opportunity to market their products and services to attendees at our regional meeting. We are very fortunate to have a number of exhibitors that return yearly. Their participation helps to financially support the annual meeting. A number of these exhibitors have long-standing connections and relationships with members in our organization. I would encourage all attendees to visit the exhibits and see the variety of products, equipment and/or services the exhibitors have to offer. A high volume of traffic to their exhibits is one way to insure they continue to participate in our annual meeting. A lack of traffic visiting their exhibits is one way to insure they don’t continue their support of our meeting. Because the exhibitors are a key part of our convention, I would encourage everyone to plan some time to visit the exhibits. If you would like to exhibit or know someone who might be interested please contact Michael Berry (berry@wfu.edu) as soon as possible to discuss these opportunities.

2015 Annual Meeting Preview
B. Sue Graves, President Elect

We are very excited about our meeting in Jacksonville, Florida, February 12 to 14, 2015 at the Hyatt Regency on Riverfront. Mark your calendars to come early, since our first session begins at 2:45 p.m. We have a great list of speakers, symposiums, tutorials, oral and poster presentations. Remember to attend our evening reception on Thursday, the Undergraduate Quiz Bowl on Friday, plus the Graduate Fair, immediately follows that competition. The clinical track is Back to Basics, which begins Friday afternoon through Saturday morning.

You need to make your reservations for the Friday morning mentoring breakfast and the Saturday luncheon well before the meeting by Friday, February 6. We have to give the hotel a meal count, so no on-site reservations can be made. Both events tend to sell out so, reserve now! Contact Carolynn Berry (berryc@wssu.edu or pay for these events when you register).

Plan out your schedule in advance, since many options are available. In fact, we have two Henry J. Montoye Award Lectures by Dr. Arthur Weltman and Dr. Anthony Hackney. Thursday, Dr. Patty Freedson will have the keynote address, Trials and tribulations of measuring physical activity. On Friday, Dr. William Dexter will present with Don Hooton about steroids, From Personal Tragedy to Professional Action. Dr. Karyn Esser will give the basic science lecture, Circadian rhythms, the molecular clock and skeletal muscle: why your muscles need to keep time. For our luncheon on Saturday, Dr. Jeffery Woods will present, No Guts, No Glory: Role for Exercise in Inflammatory Bowel Disease and Dysbiosis.
Dr. McCully introduced the thematic poster sessions last year, but with the inclement weather, we were not able to have them. This year, each thematic session will have posters on similar topics. The session leader will have a question and answer session on the posters with each author briefly summarizing their work. The overarching goal is for the participants to gain specific knowledge from each poster, plus how the research fits. We want to welcome our Undergraduate Leadership and Diversity Training Program (LDTP) participants. These students competed to obtain these mentoring positions, so congratulate them, during the meeting.

This conference is a great place to learn about current research, do professional networking, visit with friends and colleagues, and meet up-and-coming professionals in the field. I will issue the same challenge Kevin McCully made last year. Join us in trying to meet as many new SEACSMers as you can during the meeting. See you in a few weeks.

Past-President’s Message
Ed Acevedo, PhD

My term as Past-President is coming to an end, and it has been a wonderful journey. This year my tasks have been focused on chairing the awards committee; identifying the Doctoral, Master’s and Undergraduate Research Award finalist; and developing a slate of candidates for election to the SEACSM 2015 Executive Board. I want to extend my sincere appreciation to all those who have served on the committees that have made the important decisions associated with our association’s awards and elections. These important decisions support excellence and ensure future success for SEACSM.

I also want to express my appreciation to Jerry Brandon and Paul Davis for coordinating our SEACSM Undergraduate Leadership and Diversity Program. This program supports conference attendance for five undergraduate students from underrepresented minorities. Each program participant is paired with a faculty mentor throughout the conference. Below is the list of protégés for 2014, who will participate in the program this year because of last year’s conference cancellation, and our 2015 participants. Protégés and mentors will be recognized at the conference.

2014 SEACSM Undergraduate SEACSM Leadership and Diversity Program Participants
Taylor Buchanan (Auburn University)
Lola Fisher (Auburn University)
Tamara Gilchrist (Georgia State University)
Latisha Gonzalez (Florida Atlantic University)
Alexis Pitts (East Carolina University)
2015 SEACSM Undergraduate SEACSM Leadership and Diversity Program Participants
Brandon Baker (University of Florida)
Conrad Edler (Old Dominion University)
Louis Jackson (Lander University)
Lauren Smith (Auburn University)
Devonte Thomas (University of North Carolina at Charlotte)

The Henry Montoye Scholar Award is given annually to a SEACSM member with a strong history of research and mentoring in our Chapter. I am delighted to announce that this year’s recipient of the 2015 SEACSM Montoye Scholar Award is Anthony Hackney from the University of North Carolina at Chapel Hill. Dr. Hackney has published over 200 peer reviewed research papers and book chapters, served on numerous SEACSM committees, and has mentored a number of exercise scientists. At the annual meeting Dr. Hackney will deliver his lecture entitled, “Exercise Training and the Male Reproductive System”, on Saturday morning at 9:15. Please note that the 2014 Montoye Scholar, Dr. Arthur Weltman, will present his lecture entitled, “The Effects of Intensity of Exercise on Cardiometabolic Risk”, on Thursday at 2:45.

This year we have an excellent group of Student Research Award Finalists. The 24 finalists (8 per category; undergraduate, master’s, and doctoral) with their affiliations and abstracts, will soon be listed in the annual meeting program, which will be available on our website (www.seacsm.org). Finalists will present their research posters from 4:00 to 6:00 on Thursday at the annual meeting.

PLEASE VOTE. The candidates for positions on the Executive Board are listed on the SEACSM website. Each candidate’s curriculum vita and candidate statement are also presented. To be nominated for election is an honor and to accept the opportunity is an agreement to serve. Congratulations and thank you to all our candidates. Please take the opportunity to review the candidates and vote. Ballots may be cast at the annual meeting from its opening on Thursday afternoon through 5:00 PM on Friday. PLEASE VOTE.

I look forward to seeing you in Jacksonville and participating with you in another wonderful SEACSM conference!

2015 SEACSM EXECUTIVE BOARD CANDIDATES
President-Elect (elect one)
Dave Bassett, University of Tennessee or John Quindry, Auburn University

Member-at-Large (elect two)
Jody Clasey, University of Kentucky
Ellen Evans, University of Georgia
Katrina Dubose, East Carolina University
Ron Evans, Virginia Commonwealth University

Student Representative (elect one)
Brittany Wilkerson, University of Tennessee or Brittany Allman, Florida State University

SEACSM Regional Representative to ACSM (elect one)
Allan Goldfarb, University of North Carolina at Greensboro
Alan Utter, Appalachian State University
Hello Students! We would like to congratulate all Fall 2014 recent graduates; we wish you much success during the next chapter in your lives. For students who are still “in progress”, keep up the hard work and have a great Spring semester and finally we look forward to seeing each and everyone of you in February!

SEACSM Leadership and Diversity Training Program. For the past two years, SEACSM has piloted ACSM’s Level 1 Leadership and Diversity Training Program specifically for undergraduate students. As members of this program at the national level, we, your student representatives, are extremely excited to see this program grow regionally and extend to undergraduate student in SEACSM. We would like to congratulate Brandon Baker, Conrad Edler, Louis Jackson, Lauren Smith and Devonte Thomas for their acceptance to the SEACSM Leadership and Diversity Training Program (SELDTP). It is an exceptional honor and you are all well deserving. They will all be in attendance at the 2015 SEACSM meeting in Jacksonville, FL so be sure to congratulate them!

Protégé: Brandon Baker, University of Florida
Mentor: Dr. John Quindry, Auburn University

Protégé: Conrad Edler, Old Dominion University
Mentor: Dr. Walter Thompson, Georgia State University

Protégé: Louis Jackson, Lander University
Mentor: Dr. Yuri Feito, Kennesaw State University

Protégé: Lauren Smith, Auburn University
Mentor: Dr. TaShauna U. Goldsby, University of Alabama

Protégé: Devonte Thomas, University of North Carolina at Charlotte
Mentor: Dr. Eduardo Bustamante, Georgia Regents University

Stay Connected! Check out our website at www.seacsm.org and be sure to join
SEACSM NEWSLETTER

January 2015

SEACSM on Facebook (SEACSM Chapter) to have direct access to all our current information, job opportunities and interacting with other SEACSM members!

Got an idea for a student event you’d like to see at future meetings? Share it with us on Facebook or at SEACSMStudents@gmail.com!

Stay Healthy and Active,

Amber W. Kinsey, Ph.D. Candidate
Dept. of Nutrition, Food and Exercise Sciences
The Florida State University
Awk10d@my.fsu.edu

Bridget A. Peters, Ph.D. Candidate
School of Kinesiology
Auburn University
Bap0019@auburn.edu

SEACSM Graduate Student Fair
Dear Graduate Coordinators and Internship Supervisors:

We only have a few tables left! The 2015 SEACSM Graduate Student Fair will be held on Friday, February 13 at 5:45-7:00pm. The grad fair attracts representation from over 25 universities, with hundreds of students in attendance. Please encourage your students to come!

If your institution would like to reserve a table the initial cost is $100.00, plus an additional $15.00 for electricity if you require it. Those universities/colleges interested in reserving a table at the upcoming Graduate Fair, will need to submit an application form and mail the form with payment to:

Dr. Danielle D. Wadsworth
School of Kinesiology, Auburn University
301 Wire Road
Auburn, AL 36849

All registration forms and payments must be received by Friday, January 15, 2015. Also, please do not include your Graduate Fair table registration fees with any other payments (ie. individual conference registration fees, etc.) to SEACSM. Instead, please keep your table registration fee separate and mail it to the contact listed above or you can pay on the SEACSM website under the “Donate to SEACSM” (please note what the payment is for). Please contact Dr. Danielle D. Wadsworth at wadswdd@auburn.edu if you have questions.

Student Bowl Entrants 2015

We have 20 teams registered for the SEACSM Annual Student Bowl for 2015 and with 3 schools listed as alternates. The event will be Friday, February 13 from 4:50-5:50pm in Grand Ballroom 1, 2 and 3. Teams will need to report to the event at least 30 minutes prior. Faculty Advisors should also be in attendance.
Teams will compete in a Jeopardy style Quiz Bowl with 3 rounds including a Final Round where teams will state their wager/risked amount prior to the question being read. The winning team will represent SEACSM at the National ACSM Quiz Bowl in May in San Diego, CA. More information will be sent out to the Faculty Representatives prior to the February meeting.

Please contact Becki Battista (battistara@appstate.edu) by January 22, 2015 to confirm your team will be competing.

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**Teams as Alternates:** USC, Western Kentucky, UNC Charlotte

Dear Southeast ACSM Presenters,

I am the Executive Board Member in charge of Audiovisual for the upcoming conference. In order to help the sessions run smoothly, we request that you submit your FINAL presentation slides for your oral session to me in PowerPoint format via email, John Petrella (jkpetrel@samford.edu) by February 9th. When submitting your presentation please use the following format for the file name [presentation number-last name; ie. O1-Garcia]. We will provide AV support for your presentation room. The AV support is comprised of student teams from campuses within the SEACSM region. The AV teams have been
instructed to arrive at your presentation room 15 minutes prior to the start of your session. They will bring a computer, a projector, and a laser pointer. You will not have internet access in the presentation room so, please be mindful of that when you are constructing/finalizing your presentation. Please feel free to forward any questions about the presentation session to me John Petrella at jkpetrel@samford.edu or (205) 726-4548.

Back to the Basics! The Bread and Butter of Sports Medicine!

W. Franklin Sease Jr., M.D.

Clinical Track update:
Speakers and Cases are set and ready to educate and entertain!

Many thanks to those who have agreed to talk and those submitting clinical cases. My thanks to Dr. Barnes and Dr. Close for their efforts, organizing and planning the meeting.

Selected clinical case presenters:
Matt Chatfield (USF)-Chest Wall Pain-Football
Cheyenne Wiseman (Vanderbilt)-Shoulder Pain-Soccer
Sally Hinman (Florida)-Altered Mental Status-Basketball
Brett Bentley (USC)-Neck Pain-Cross Country
Bobby Masocol (SHCC)-Shoulder Pain-Softball
Walter Sussman (Emory)-Chronic Headaches-Football
Kelly Chain (Vanderbilt)-Calf Pain-Cheerleading
Payton Fennell (Cabarrus)-Hip Pain-Triathalon
Matt Lunser (Mayo)-Return to Play Decisions-Softball

Safe travels and see you in Jacksonville! Weather permitting.

Editor’s News- Don Torok

Posters should made to fit on a board which is 4’x 6’. Presenters should bring their own pins to present their poster. If you have an oral presentation, you will receive instructions on where and when you need to send your presentation, so that it get properly uploaded onto the conference computers. There is complimentary Wi-Fi access in the first floor lobby area, but not in the meeting rooms. Internet access is not available for your presentations, so plan your presentation with this in mind.

Remember that the meeting is starting earlier this year, so plan your travels to be here for the start at 2:45 PM on Thursday, February 12, 2015.

Save the Date: SEACSM - February 18-20, 2016, Greenville, SC
SEACSM Executive Board

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- Sue Graves-President-Elect, Florida Atlantic University, Department of Exercise Science & Health Promotion, 777 Glades Road, Field House 11-25D, Boca Raton, FL 33431, (954) 675-5782 E-mail: sgraves@fau.edu
- Kevin McCully-President, University of Georgia, Department of Kinesiology, 115F Ramsey Building, Athens, GA, 30602 (W) 706-542-3148, e-mail: mccully@uga.edu
- Carolyn Berry, Executive Director, Office of the Provost, Associate Provost, 201 Blair Hall, Winston-Salem State University, Winston-Salem, NC 27110, (W) 336-750-2110, (FAX) 336-750-2202 E-mail: berryc@wssu.edu
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- John K. Petrella, At-Large Member, Samford University, Kinesiology and Nutrition Science, 800 Lakeshore Drive, Birmingham, AL 35229 (w) 205-726-4548, E-mail: jkpetrel@samford.edu
- Rebecca A Battista, At-large Member, Appalachian State University, Department of Health, Leisure and Exercise Science, PO Box 32071, Boone NC 28608, (W) (828) 262-3047, (fax) 828-262-3138 E-mail: battistara@appstate.edu
- Danielle D. Wadsworth, At-large Member, Auburn University, Department of Kinesiology, 2050 Beard Eaves Memorial Cols., Auburn, AL, 36849, (w) (334) 844-1836, E-mail: wadswdd@auburn.edu
- James Carson, At-Large Member, University of South Carolina, Department of Exercise Science, Public Health Research Center, RM 301, 921 Assembly Street, Columbia, SC 29208 (W) (803) 777-2185, E-mail: carsonj@mailbox.sc.edu
- Amber W. Kinsey, B.S. Student Representative, Department of Nutrition, Food, and Exercise Sciences, The Florida State University, Tallahassee, FL 33204, mail to: awk10d@my.fsu.edu
- Bridget Peters, Student Representative (2014-2016), School of Kinesiology Graduate Student, Cardioprotection Laboratory, Auburn University, mail to: bap0019@auburn.edu

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