



President's Message

John Quindry

I hope you've had a productive, and no doubt busy, fall semester as we continue to prepare for the 45th annual meeting this coming February. I am pleased to announce that we have another record number of abstract submissions and requests to volunteer. As such, we've been able to peer review the over 380 submissions in a matter of weeks and are now hard at work programming the annual meeting to be held on February 16-18, 2017 at the Hyatt in downtown Greenville, SC.

Dr. Barry Franklin will give the Keynote Address at the 2017 meeting and will discuss clinical aspects of heart health and exercise physiology. The President's lecture entitled "Walking the walk: a history of step counting and cadence tracking" will be presented by Dr. Catrin Tudor-Locke. Dr. Marcos Bamman of the University of Alabama – Birmingham will give the Basic Science Lecture, entitled "Exercise is regenerative medicine". The Luncheon lecture will be given by Peter Wagner where he will discuss high altitude physiology and career reflections from the wine wizard.

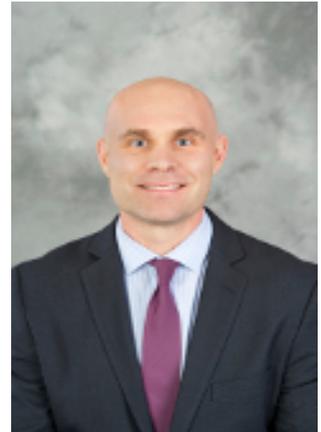
You will find additional specific information regarding the 2017 conference throughout this newsletter. Our President Elect, Dr. Michael McKenzie, Clinical Program Coordinator, Dr. Kenneth Barnes, and Executive Board members Drs. Ronnie Evan and Jonathan Wingo have been working diligently, with the help of volunteer reviewers, to prepare what is likely to be the best SEACSM annual program to date. The 2017 meeting will include additional student offerings to engage young professionals like never before. In anticipation of an attendance that may exceed 1000 people, Dr. McKenzie and the board have been working with Hyatt staff to access more meeting space and to reconfigure existing spaces to optimize interaction with less overcrowding. This year's meeting will also include updates to the Mentoring Breakfast and Student Bowl. All the while the 2016 SEACSM Fall Lecture Tour, organized by Drs. David Bassett and Dawn Coe at the University of Tennessee, is ongoing and featured Dr. Lanay Mudd from the National Institutes of Health. As a final highlight to our dedicated SEACSM volunteers, Dr. Sue Graves has assembled an outstanding ballot to fill the coming

Executive Board vacancies. Please take note of these candidates in anticipation of the Executive Board election held during the 2017 annual meeting. Do not hesitate to contact me with any comments or questions you have regarding SEACSM: john.quindry@mso.umt.edu or 406-240-8078.

President-Elect: Michael McKenzie

2017 Annual Meeting Preview

We had a record breaking submissions for our 2017 annual meeting. We topped last year's previous high by 50 submissions, bring our grand total to 383 submissions. These submissions are broken down to 24 tutorials, 9 symposiums, 28 doctoral student awards, 33 master's student awards, 51 undergraduate student awards, and 238 original research submissions. Just for reference, last year we had 333 total submissions. I believe this is due to the high quality of work that is currently ongoing within our region. A huge thanks to Dr. Jonathan Ringo and his team of reviewers for working so hard on all these submissions. Also, a huge thanks for all the people who reached out to me to volunteer. I know we had several first time reviewers this year. Our goal is to have decision letters sent out to everyone within a month so that everyone can make travel arrangements for SEACSM 17 in Greenville.



Past-Presidents Message – Sue Graves

Serving on the SEACSM Executive Board for the past three years has been one of the high points of my professional career. What a wonderful group of individuals dedicated to making our conference the best, in my opinion. Everyone on the board has assisted in making this experience wonderful. The committed volunteers and students have become not only colleagues, but also close friends. I have considered this position a great honor in serving this great ACSM chapter.



Again, we have received a record number of abstract submissions. Our Conference Program Coordinator, President-Elect Michael McKenzie and our Clinical Program Coordinator, Franklin Sease, who is now a new ACSM Fellow, in making this our largest meeting ever. We have received a very strong list of abstracts in which we will select finalists for the best poster awards at the annual meeting. We had many poster submissions in all categories. We will send the best of the Doctoral/Masters posters to the ACSM National Meeting Competition. Our reviewers are completing the initial reviews, so we will know the competitors soon.

For our election of our board members, we have received many nominees with excellent credentials. We have identified the following individuals to run for office. Please make sure you vote at the meeting. The profiles of these candidates will be available on our web site. See you in Greenville, South Carolina in February!

2015 SEACSM EXECUTIVE BOARD CANDIDATES

President-Elect (elect one)

Andy Bosak, Liberty University

Lynn Panton, Florida State University

Member-at-Large (elect two)

Robert Bowen, Truett McConnell University

Alicia Bryant, Columbia State University

Tiffany Esmat, Kennesaw State University

JohnEric Smith, Mississippi State University

Student Representative (elect one)

Ashlyn Schwartz, University of Tennessee

Katie Woods, Mississippi State University

Sponsor and Exhibitor Opportunities

Michael Berry

The Southeast American College of Sports Medicine has a variety of opportunities available for companies and organizations to market their products and services to sports medicine and exercise science professionals in the southeast and to gain local, regional and national exposure for their company. One of the highlights of the conference is the opportunity for one-on-one interactions with exhibitors participating in the meeting. The opportunity to learn more about the products and services that companies and organizations have to offer sports medicine and exercise science professionals is an important part of the meeting. The sponsors and exhibitors that participate at the annual meeting are from a wide variety of industries and offer products, equipment or services that the conference attendees frequently use in their professions. We have recently sent out the Sponsors and Exhibitors Guide for the upcoming 2017 meeting, and responses are coming in. Please be sure to contact us soon if you or your business would like to participate as a sponsor or exhibitor, or if you know of a company or business that you think would like to participate or that you would like to see at the meeting. Contact Michael Berry (berry@wfu.edu) as soon as possible to discuss these opportunities.



SAVE THE DATE -FEBRUARY 16-18, 2017

Greenville, SC

A Message From Your Student Representatives



Hello Students! We are already halfway through the semester! Hope you survived midterms! Please take a few minutes to look at the **exciting news** and updates specifically for SEACSM students. We have a great conference planned for this upcoming 2017 SEACSM and can't wait to see you all there! As the 2017 SEACSM annual meeting approaches, we have a few quick items to recap....

- ❖ **PRE-CONFERENCE!** Don't miss the first annual preconference at this year's conference, scheduled for February 16th! In addition to tips for applications and opportunities for networking, we will be hosting a brand new presentation format which we are calling the "Rapid Research Race". This event will take place from 3:00 to 3:40 on Thursday. During this session graduate students and professionals will provide ultra-quick 120 second presentation on the latest breaking research (you'll even see your student reps present)! Be sure to show up early on February 16th to take advantage of all these new opportunities which we have created with **YOU** in mind. These events will have a strong student focus, providing mentoring and networking opportunities. **DON'T MISS IT!**
- ❖ **Important deadlines regarding our annual SEACSM Meeting. Things to watch out for:**
 - **Student Bowl:** The 2017 Undergraduate Student Bowl Teams have been posted on the SEACSM Website. Sponsors should contact Amy Knab at knaba@queens.edu with questions.
 - **Call for AV Teams.** Each year AV teams are needed at our annual conference. AV teams will be responsible for managing the AV equipment and providing support for presenters during keynote presentations and free communication sessions. AV teams are composed of 2-3 students and will be required to bring a laptop computer, data projector and supporting peripherals (cord connectors, etc.). Thank you to those volunteers.

- President's Cup Competition.** Thank you to all who submitted abstracts. We are excited to see who will be competing in the 2017 President's Cup for their chance at a \$1,200 travel allowance to the 2017 ACSM Annual Meeting to present (in poster format) at the Annual ACSM Meeting in Denver, CO. Once abstract reviews are finalized, we will announce those who will be competing!
- **Call for volunteers.** Below is a link and directions to sign up for the currently needed volunteer opportunities at this year's SEACSM conference. As we get closer to the conference this list is sure to grow so please be sure to revisit frequently if all spots are filled! Feel free to reach out with questions
 - Link to registration site: <http://signup.com/go/PkUd96>
 - Instructions:
 - 1) Click this link to see our SignUp on SignUp.com: <http://signup.com/go/PkUd96>
 - 2) Review the options listed and choose the spot(s) you like.
 - 3) Sign up! It's Easy - you will NOT need to register an account or keep a password on SignUp.com.
 - Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact us and we can sign you up manually.
- ❖ **Stay Connected!**
- Check out our website at www.seacsm.org and be sure to join **SEACSM on Facebook (SEACSM Chapter)** to have direct access to all our current information, job opportunities and interacting with other SEACSM members! Also, follow us on Twitter @SEACSM!
- ❖ **Got an idea for a student event you'd like to see at future meetings?**
- Email your student representatives at SEACSMStudents@gmail.com and share them with us!

Stay Healthy and Active,

Brittany S. Overstreet Ph.D., RCEP
Assistant Professor
Department of Kinesiology and Applied
Physiology
University of Delaware
Email: bover@udel.edu

Samuel Buckner, M.S.
Graduate Research Assistant
Department of Health, Exercise Science, and
Recreation Management
The University of Mississippi
Email: slbuckne@go.olemiss.edu

2017 SEACSM Meeting is starting at **2 PM** on Thursday-Get there early and don't miss the new events scheduled for early Thursday afternoon!

SEACSM Grad Fair

Attention Graduate Coordinators:

Don't forget to register for the 2017 Graduate Student Fair will be held on Friday evening of the conference. Over 25 graduate programs have presented at this event and each year it seems like we have more and more students attend, making it a great recruiting place for graduate programs. See information below concerning how to participate and cost. Registration fees will increase as we get closer to the conference, so submit early! The application deadline is Friday January 15, 2017, however limited space is available so risk missing out on this opportunity.

Forms and Cost:

For those interested in reserving a table at the upcoming Graduate Fair, you will need to submit an application form (http://seacsm.org/gradfair2017_app.pdf) and mail the form with payment to:

Jody L. Clasey, PhD, FACSM
Department of Kinesiology and Health Promotion
100 Seaton Center
University of Kentucky
Lexington, KY 40506

\$85.00 if payment received by December 1 (\$100.00 if need electrical)

\$100.00 if payment received by January 15 (\$115.00 if need electrical)

If you have any questions, please contact Jody Clasey (jlclas0@uky.edu). Deadline for all applications is 1/15/2017!

Undergraduate Student Bowl

Students and Club Advisors: Do you and your two smartest friends have what it takes to compete in the SEACSM Undergraduate Student Bowl in 2017? Earn bragging rights by winning this jeopardy style inter-university competition! The winning team will be invited to compete at the ACSM Annual Meeting in Denver, CO. SEACSM contributes up to \$300 towards travel for each student to attend the national meeting.

Registration

In order to secure your spot at this competitive event, teams need to have a Faculty Sponsor as well as consist of only 3 undergraduate students (no graduate students are allowed to participate). The Sponsor needs to contact Amy Knab (knaba@queens.edu) in order to have the school name registered as a team. **Registration has ended.** There are limits to the teams allowed due to the equipment we have available to play jeopardy. Priority will be given to those who register early.

Notifications

Notifications will be sent to all teams registered and accepted to compete at the event by December 1, 2016. We have limited room and equipment and therefore do have a limit on number of teams that can compete. Only ONE team per university and ALL students must be undergraduates of that university

Editor's News- Don Torok

Now that another record submission deadline has past, you need to prepare for attending this year's meeting in Greenville, SC. Please share this information with colleagues or students who may not have received it. Remember that all presenters must register for the conference. The earlier that you do this, the cheaper your costs will be. There will be links on the website to the online meeting registration and to reserve a hotel room (hotel sold out last year) at the Hyatt Regency Greenville.

<http://www.seacsm.org/annualmeeting.html> Remember that if you want to attend the luncheon on Saturday, you need to purchase a ticket. This event has been selling out, so don't forget to reserve your ticket early! Directions to the hotel can be found here: <http://greenville.hyatt.com/hyatt/hotels-greenville/>

The airport is about 14 miles from the hotel-The Hyatt Regency Greenville (864-235-1234) offers registered guests complimentary, scheduled, Shuttle Service to and from the Greenville-Spartanburg International Airport (GSP). Airport pick up should be arranged 24 hours prior to arrival and departure with a member of the hotel guest services team to help ensure shuttle availability. Transportation without prior arrangements will be provided within 60 minutes of notifying the hotel upon your arrival. Non-registered guests may purchase transportation in advance at \$20.00 one way. Shuttle operates from 5:30 am – 12:00 am.

Posters should be made to fit on a board which is 4'x 6'. Presenters should bring their own pins to present their poster. If you have an oral presentation, you will receive instructions on where and when you need to send your presentation, so that it get properly uploaded onto the conference computers. There is complimentary Wi-Fi access in the first floor lobby area. For those institutions that are considering entering a team for the Student Bowl, be sure to check out the information provided by Amy in the student bowl section of the newsletter. See the listing on the student page of the website:

<http://seacsm.org/studentinformation.html> .

Check us out on Facebook  There are a number of jobs and other announcement that are posted on the site. Don't miss the exciting program that is being planned for our 45th Annual Meeting. See you in Greenville, SC!

Here are some other things that you will need to know about the meeting. 1) Online registration for the meeting & hotel is posted on the chapter website: SEACSM.ORG. Don't Wait to register as the rooms go fast and the cost is more for late registration! See you in Greenville.



The 45th Annual SEACSM meeting will be at the Hyatt Regency Greenville, 220 North Main Street, Greenville, South Carolina 29601. See the photo above of the hotel. Start to make plans to attend our 2017 SEACSM meeting.



SEACSM Clinical Representative- Kenneth P. Barnes, MD, MSc., CAQSM, FACSM

The clinical program for the the 2017 SEACSM meeting will be on focusing on "Emergent Issues in Sports Medicine." We have the following speakers confirmed to speak:

Jill Ellis, MD (Greenville Health System): "Field-side Emergencies"

Lekshmi Kumar, MD (Emory): "Mass Event Preparedness"

Irfan Assif, MD (Greenville Health System): "Exercise Associated Collapse and Sports Cardiology"

Andrew Gregory, MD (Vanderbilt): "Environmental Illnesses in Sports"

Ryan Draper, DO (Moses Cone): "Fracture and Dislocation Management"

Brent Messick, MD (Carolinas Healthcare): "Maxillofacial and Dental Trauma"

Kevin Sprouse, DO (Podium Sports Medicine/Knoxville) "Airway Emergencies"

We look forward to an another exciting program and look forward to highlighting the outstanding clinical case studies from our fellows.

CLINICAL CASE ABSTRACTS: Deadline for case abstract submissions is **Monday, December 12, 2016 at 5 PM ET for the 2017 meeting. Authors of cases that are accepted for presentation during the 2017 SEACSM Clinical Track will be notified by Monday, January 2, 2017.**

We always devote a significant portion of the program to interesting clinical cases, and this learning opportunity plays a big part in the agenda. We ask that sports medicine fellowship directors encourage your fellows to submit a case for presentation as part of the 2017 Clinical Track. Please submit your clinical cases (Microsoft Word Document as e-mail attachment) directly to Brent Messick, MD (Clinical Track Vice Chair) at bhmessick@yahoo.com.

Required format for case abstract submissions is as follows (500-word limit, not including title): Title of Case, History (to include history of present illness, past medical history, medications, allergies, etc.), Physical Examination, Differential Diagnosis List, Data (to include diagnostic tests performed and results, laboratory studies performed and results, etc.), Final Working Diagnosis and Treatment, and Outcome



Thank you to Matt Close for all your assistance with the program and meeting planning.



2016 SEACSM Fall Lecture Tour Information

The Fall SEACSM Lecture Tour took place this October in the states of Kentucky, Tennessee, and Mississippi. The 2016 SEACSM Lecture Tour featured Dr. Lanay Mudd of NIH. The topic of her talk was:

“Yoga for Health? Research Gaps, Challenges and Funding Opportunities.” Dr. Mudd presented at the University of Tennessee, Mississippi State University, and at the University of Kentucky. Over 200 individuals were able to attend these events and interact in conversations with Dr. Mudd. The 2016 SEACSM Lecture Tour was coordinated by Drs. David Bassett and Dawn Coe from the University of Tennessee.



SAVE THE DATE -FEBRUARY 2018

Chattanooga, TN

New Registration process for this year's SEACSM meeting!

SEACSM is now using the National ACSM site to process all of our meeting registration materials. Use the link to do all of your meeting registration (meeting, luncheon, mentoring breakfast).

https://members.acsm.org/ACSM/Events/Event_Display.aspx?EventKey=SE2017S

There is a different site for the hotel reservations at the Hyatt Regency Hotel in Greenville, SC.

<https://aws.passkey.com/event/14812802/owner/50157/landing>

Remember that the hotel sold out last year, so don't delay in making your room registrations.

Remember that all luncheon and Mentoring breakfast tickets must be purchased during the pre-registration process. All fees for the meeting are higher for onsite registration, so save some money and pre-register for the meeting.

SEACSM Executive Board

- John Quindry, President, University of Montana, Department of Health & Human Performance, 108 McGill Hall, Missoula, MT 59812 406-243-4268, fax 406-243-6252 E-mail: John.quindry@mso.umt.edu
- Michael McKenzie, President-Elect, Winston-Salem State University, Department of Exercise Physiology, 601 S. MLK Jr. Dr, 147B Anderson Center, Winston Salem State University, Winston Salem, NC 27110 (W) 336-750-3136 E-mail: mckenziem@wssu.edu
- Sue Graves, Past-President, Florida Atlantic University, Department of Exercise Science & Health Promotion, 777 Glades Road, Field House 11-25D, Boca Raton, FL 33431, (954) 675-5782 <mailto:sgraves@fau.edu>
- Carolynn Berry, Executive Director, Office of the Provost, Associate Provost, 201 Blair Hall, Winston-Salem State University, Winston-Salem, NC 27110, (W)336-750-2110, (FAX) 336-750-2202 E-mail: berryc@wssu.edu
- Michael Berry, Exhibits, Sponsorships and Fund Raising, Wake Forest University, Department of Health and Exercise Science, P.O Box 7868, Winston-Salem, NC 27109 (W) 336-758-5847 (FAX) 336-758-4680 e-mail: BERRY@WFU.EDU
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- Jody Clasey, At-Large Member, University of Kentucky, Kinesiology and Health Promotion, 216 Seaton Building, Lexington, KY 40506-0219, (859) 257-8055, Fax (859) 323-1090, E-mail: jody.clasey@uky.edu
- Ron Evans, At-large Member, Virginia Commonwealth University, Department of Kinesiology and Health Sciences, 1020 West Grace Street, Rm 111, PO Box 843021, Richmond, VA, (804) 827-6848, E-mail: rkevans@vcu.edu
- Amy Knab, At-large Member, Queens College-Charlotte (w) 704-688-2853, knaba@queens.edu
- Jonathan Wingo, At-Large Member, University of Alabama, Department of Kinesiology, Box 870312, Tuscaloosa, AL 35487-0312 (W) (205) 348-4699, (F) 205-348-0867, <mailto:jwingo@ua.edu>
- Sam Buckner, Student Representative (2016-2018), University of Mississippi, Department of Health, Exercise Science & Recreation Management, 244 Turner Center, PO Box 1848, University, MS 38677, (w) (662) 915-5521, (F) (662) 915-5525, mail to: slbuckne@go.olemiss.edu
- Brittany Wilkerson, Student Representative (2015-2017), Department of Kinesiology and Applied Physiology, University of Delaware, Newark Delaware, (W) 302-831-7058, e-mail to: bover@udel.edu

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