

Accreditation/Continuing Medical Education:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of Georgia through the joint providership of The Hawkins Foundation and the Southeast Chapter of the American College of Sports Medicine.

The Hawkins Foundation is accredited by the Medical Association of Georgia to provide continuing medical education for physicians.

The Hawkins Foundation designates this live activity for a maximum of 10.25 *AMA PRA Category 1 Credits*™ Physicians should claim only credit commensurate with the extent of their participation in the activity.

Registration Information

Persons interested in attending this year's clinical track program can register online at <https://www.acsm.org/attend-connect/events-and-conferences/event-detail/2020/02/13/default-calendar/2020-seacsm-annual-meeting>

Conference Location:

Hyatt Regency Jacksonville
Jacksonville, FL



48th Annual SEACSM Clinical Track Program

**SPORTS MEDICINE,
ONE SPORT AT A TIME:
A SPORT SPECIFIC TOUR
OF SPORTS MEDICINE**



February 14-15, 2020

Program Description

The Clinical Track Program is focused on sports medicine, one sports at a time: a sports specific tour of sports medicine. We are honored to have nationally recognized speakers and fellowship Program Directors in the field of Sports Medicine. Sports Medicine cases will also be presented by sports medicine fellows with the best case presentation receiving recognition and a monetary award. We appreciate your attendance at our 49th annual Clinical Track Program.

Southeast American College of Sports Medicine Clinical Track Officers:

Ken Barnes, MD, Clinical Representative/Executive Board
Brent Messick, MD, Chair Clinical Track Meeting
Ryan Draper, DO, Vice Chair Clinical Track Meeting

CME Objectives:

At the conclusion of this educational activity, participants should be able to:

1. Quickly recognize different injuries patterns as they pertain to different sports.
2. Understand the unique features and rules of water sports.
3. Confidently manage injuries and return to play issues for various sports.
4. Understand barotrauma and SCUBA injuries
5. Discuss the risks of marine envenomations and rashes.



CLINICAL TRACK PROGRAM

Friday, February 14th

- 12:30 Welcome and Announcements
Brent Messick, MD (Atrium Health Musculoskeletal Institute)
- 12:45 Swimming
Katie Edenfield, MD (Florida)
- 1:15 Beach Volleyball
Kristina Dematas, DO (Mayo)
- 1:45 Sailing
Anne Allen, MD, FACSM (Allen Spine and Sports Medicine)
- 2:20 Discussion
- 2:25 Break
- Fellow Case Presentations – Session #1
- 2:40 Fellow Case #1
2:55 Fellow Case #2
3:10 Fellow Case #3
- 3:25 Surfing
Andrew Schmidt, DO (UF Shands)
- 4:10 Tennis
Jen Maynard, MD (Mayo)
- 4:40 Break
- 4:55 Regenerative Sports Medicine: The Science Behind the Hype
Tom Best, MD, PhD, FACSM (Miami)
- 5:55 Discussion
- 6:30 Reception

Saturday, February 15th

- 7:30 Welcome and Announcements
Brent Messick, MD (Atrium Health)
- 7:45 7:45 am Triathlon
Brent Messick, MD, FACSM (Atrium Health)
- 8:15 Dermatology
Ryan Draper, DO (Cone)
- 8:45 Marine Envenomation
John Kiel, DO (UF Shands)
- 9:15 Discussion
- 9:25 Break
- Fellow Case Presentations – Session #2
- 9:40 Fellow Case #4
9:55 Fellow Case #5
10:10 Fellow Case #6
- 10:25 Scuba
Kim Kaiser, MD (Kentucky)
- 10:55 Discussion
- 11:25 Break
- Fellow Case Presentations – Session #3
- 11:50 Fellow Case #7
12:05 Fellow Case #8
12:20 Fellow Case #9
- 12:35 Voting for Best Case Presentation
- 12:45 Closing Remarks
- 12:55 Adjourn