**2022 SWACSM Meeting Speaker Schedule**

*Friday – October 28*

9:15 – 10:45: General Session: DB Dill Lecture

* Anastasia Fischer, ACSM President (The Ohio State University): The Learning Connection: How nutrition, nurturing, and activity help build a healthy kid

11:00 – 12:30:

* Symposium 1: Ryan Nuccio (Gatorade Sports Science Institute): Food-Based Options to Supplement for Exercise Performance
* Symposium 2: Michele LeBlanc (Cal Lutheran University), Gerwyn Hughes (University of San Francisco), Kara Radzak (UNLV): Lower extremity biomechanics: The effect of fatigue, surgery and load on bilateral symmetry
* Symposium 3: Undergraduate Student Research Session

12:30 – 1:45 – Lunch

1:45 – 3:15

* Symposium 1: Michelle Barrack (CSU-Long Beach), Aurelia Nattiv (UCLA), Michael Fredericson (Stanford)**:** Exploring the Male Athlete Triad – A Clinician’s Guide
* Symposium 2: Andrew Greenfield, (US Army Research Institute of Environmental Medicine), Hunter Paris, (Pepperdine University): Environmental Physiology: From Clinic to Military
* Symposium 3: Graduate Student Research Session

3:30 – 5:00

* Symposium 1: Jayson Gifford (BYU), Robert Hyldahl (BYU), Gary Mack (BYU), Brad Nelson (BYU): Influence of Heat Stress on various physiological systems
* Symposium 2: Glenn Gaesser, (Arizona State University): Obesity treatment: Weight loss vs. increasing fitness and activity for reducing health risks
* Symposium 3: James Bagley (San Francisco State University), Gwenaelle Begue (CSU – Sacramento), Steven Machek (CSU – Monterey Bay), Taylor Valentino (University of Utah): Skeletal muscle Physiology

5:00 – 7:00: Poster Session 1

7:00 – 8:30: Jeopardy

*Saturday – October 29*

8:00 – 9:00:

* Workshop/Career Fair: Francis Neric, ACSM National Cert. Director; Tyler Wallace (Exos)

9:15 – 10:45: General Session: Founder’s Lecture

* Brent Ruby (University of Montana): Challenging the laboratory status quo using aggressive methodologies in remote field settings

11:00 – 12:30

* Symposium 1: Donna Cataldo (Arizona State University.), Robert Scales (Mayo

Clinic): Clinical Exercise Physiology Education to Employment in a Real-World Practice: Lessons Learned from Mayo Clinic.

* Symposium 2: Bill Boyer (Cal Baptist University), Sarah Camhi (University of San Francisco): Resistance training and Health: A summary of the epidemiologic literature and suggestions for future research

12:30 – 2:30: Poster Session 2