



Fall 2018 TACSM Lecture Tour
Dr. Larry Armstrong, Ph.D., FACSM
University of Connecticut

Lecture Series Topics

1. Individual Assessment of Hydration Status During Exercise and Daily Activities
2. Assessing Human Hydration: the Difficult Search for a Gold Standard
3. The Human Intestinal Microbiota Influences Health and Sports Performance
4. Interactions of Gut Microbiota, Endotoxemia, Immune Function, and Diet in Exertional Heatstroke

Monday, October 22

Texas Woman's University Presentation – Topic 2 (11:00am-12:00pm)

Host Contact: Texas Woman's University, Department of Kinesiology, Anthony Duplanty, 940-595-4696, aduplanty@twu.edu

Tuesday October 23

Baylor University Presentation – Topic 3 (12:30-1:30pm)

Host Contact: Baylor University, Department of Health, Human Performance and Recreation, Paul Gordon, 724-812-3552, paul_m_gordon@baylor.edu

Wednesday October 24

Stephen F. Austin State University Presentation – Topic 1 (time TBA)

Host Contact, Stephen F. Austin State University, Department of Kinesiology and Health Science, Dustin Joubert, 972-345-0259, joubertd@sfasu.edu

Thursday October 25

Lamar University Presentation – Topic 1 (TBA, 11am-12pm or 12-1pm)

Host Contact: Lamar University, Department of Health and Kinesiology, Rick Carter, 806-773-6201, Rick.Carter@Lamar.edu

Friday October 26

Texas A&M University Presentation – Topic 2 (12:30-1:30pm)

Host Contact: Texas A&M University, Department of Health and Kinesiology, Steve Riechman, 979-224-3540, sriechman@tamu.edu